DOLLY



SHAILENE WOODLEY
CHATS TO US ABOUT TRIS, LOVE AND KISSING THEO

BOBS AWAY! HOW TO GET HAIR LIKE T-SWIFT

DOLLY REPORT
COULD INSTAGRAM HELP YOU FIND A JOB?

SUPERCHARGE YOUR BREKKIE
(AND FEEL AMAZING!)

BEDROOM DIY: UPDATE YOUR SPACE FOR LESS THAN $30

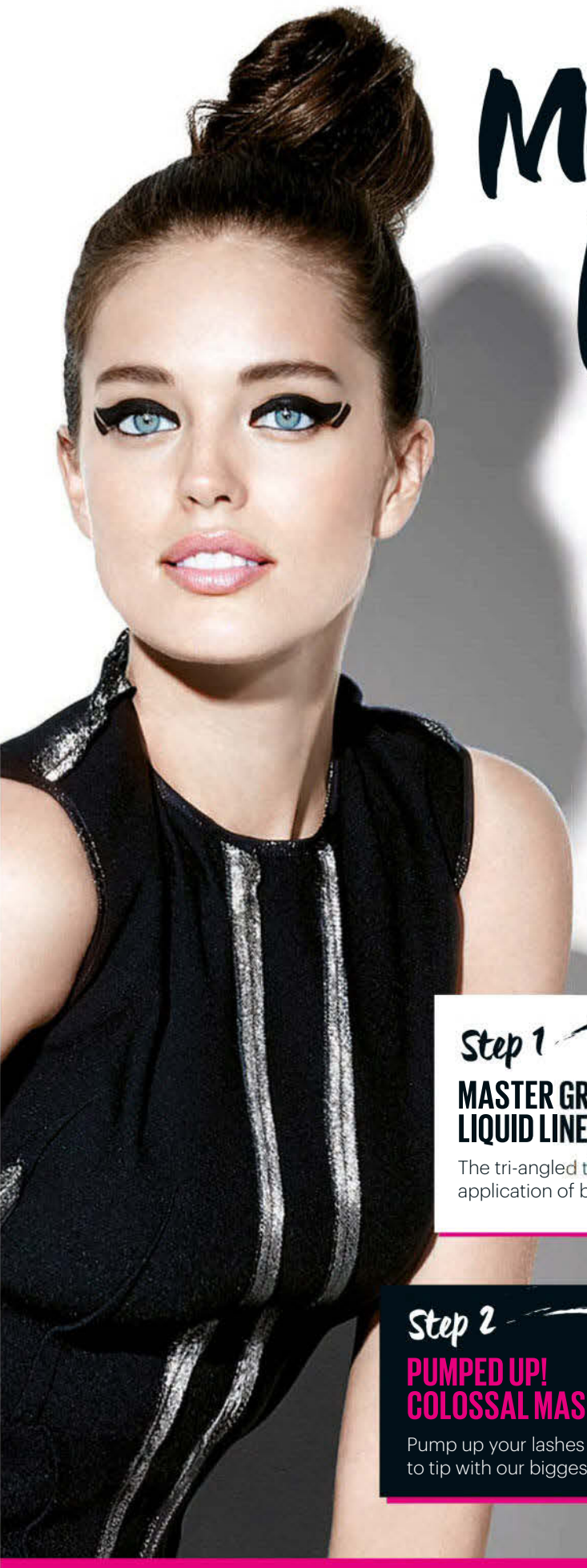
FRIEND ZONE
MAKE YOUR **BFFS** LOVE YOUR NEW **BF**

THE DIVERGENT SERIES:
INSURGENT SPECIAL!
10 PAGES OF EXCLUSIVE INTERVIEWS, BEHIND THE SCENES, QUIZZES AND MORE

make your mark

WITH THE GRAPHIC EYE LOOK

Your eyes are the canvas for you to express yourself in a way that only you can. Combine the versatile tri-angled tip of the Master Graphic Liquid Liner with the bigger, bolder, Pumped Up! Colossal Mascara to create the ultimate graphic look.





Step 1

MASTER GRAPHIC LIQUID LINER

The tri-angled tip allows for easy application of both bold and thin lines.

Step 2

PUMPED UP! COLOSSAL MASCARA

Pump up your lashes from root to tip with our biggest brush yet.

EXPRESS YOURSELF WITH THESE *Graphic eye looks*



CLASSIC

THE GRAPHIC WING

A fresh take on the classic winged eye.

STEP 1: Using the thin side of the Master Graphic Liquid Liner draw a line across the eyelid, flicking out at the corner.

STEP 2: Finish the look with one coat of Pumped Up! Colossal Mascara.



BOLD

THE BOLD GRAPHIC LINE

Dare to make a statement with this look.

STEP 1: With the thick side of the Master Graphic Liquid Liner, draw a line on the eyelid. Use the tri-angled tip at the corner to create a sharp wing.

STEP 2: Apply two coats of Pumped Up! Colossal Mascara to your lashes.



DRAMATIC

THE DOUBLE GRAPHIC LINE

The ultimate edgy look.

STEP 1: Create the Bold Graphic Line, then draw a second line under the wing for a statement graphic look.

STEP 2: Apply layers of Pumped Up! Colossal Mascara to your top and bottom lashes.

SEE HOW TO MASTER THESE LOOKS AND MORE WITH MAYBELLINE NEW YORK'S MAKEUP DIRECTOR NIGEL STANISLAUS **YOUTUBE.COM/MAYBELLINEAU**

MAYBELLINE NEW YORK

DOLLY MARCH



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COVER PHOTOGRAPHY SNAPPER MEDIA.

LOVE SOMETHING IN THIS ISSUE? SEE **DOLLY.COM.AU** FOR FASHION STOCKISTS.

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PERDIS

GIVE 'EM SOME LIP!

NAPOLEON PERDIS





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Be seen before you are heard! Dazzle with Mattetastic Lipstick and announce your individuality without saying a word.

NAPOLEONPERDIS.COM

MAKEUP ACADEMY PRO TIP

For a rich, velvety finish, layer with a lip brush and always line your lips last!

DOLLY HQ



If you ask any of us, it's been WAY too long between Theo James movies. And Shailene? Let's just say the whole DOLLY office has a little (read: big) girl crush on her. So what better way to celebrate the return of Four and Tris in the new *Insurgent* film than with more than 10 pages of interviews, behind-the-scenes goss and lots of quizzes? We seriously can't get enough of it! Let us know who you'd like on our next cover by tweeting me at @lucyecousins. I'd love to hear from you. Love Lucy and Team DOLLY xx

EMOJI LOVIN'

We did a DOLLY survey on Instagram and your favourite emojis are...

#1 😂 #2 😊 #3 🤦 #4 💕 #5 👍

WHAT YOU SAID ABOUT OUR FEB ISSUE...



@StankoRose Cover boys. Xx @5SOS @dollymag



@Marlee5SOS As soon as I saw it I had to buy it.



@JemmaVivienne I got my @dollymag magazine... And can I just say it looks amazing this month.



@aliciaajacks Thanks @dollymag for my cute purse. Loving the @5SOS cutout.



@seducingxmgc Guys, I finally did it. I found the magazine and bought it. I'm in love with this mag.



@suburbanmimi Can't wait to read my @dollymag ... @5SOS very interesting.

IN LOVE WITH THE NEW @DOLLYMAG HEADER AND PHOTO. 5SOS LOOKING GOOD! *@SANA_5SOS*

@DOLLYMAG YES! YOU'VE FINALLY COME OUT WITH A @5SOS ISSUE!!! *@CHARLEYGIRL2001*

@DOLLYMAG THANKS FOR THE 5SOS ISSUE! THEY LOOK SO BEAUTIFUL. *@EMLUVS5SOS*



@mollyandgizmo

WORDS LUCY E. COUSINS. **PHOTOGRAPHY** KRISTINA SOLIO/BAUER MEDIA, TWITTER AND INSTAGRAM.

DOLLY READER COLUMN

FOLLOW YOUR DREAMS

Perth-born Hollywood hopeful Chelsea Williamson, 20, fills us in on what it's like to work as an actress on the big screen!





"WORKING ON A THRILLER MEANT SOME AWESOME SPECIAL EFFECTS AND MAKE-UP, LIKE FAKE BLOOD. THE TASTE WAS REALLY AWFUL!"

The three words I had longed to hear my entire life were about to become very real. I dreamed of who would say them and where I would be. And when they came, all the stories you've heard about getting goosebumps and heart flutters were proven true... "CAMERAS ROLLING... ACTION". Yep, it was my first day on the set of a feature film.

I have been so lucky to work on two wonderful feature films in the last two years. The first was called *The Reckoning*, directed by John V. Soto, who was recently named Best Director at the British Independent Film Festival. I worked long hours on this film. It was late at night and freezing cold but the stunt team, make-up artists, producer and other set staff all worked as a family to bring it to life. Working on a thriller meant some awesome special effects and make-up like fake blood. While it was fun to play with, the taste was really awful.

Broken Contract was written and directed by James Pentecost. Both movies were filmed in my hometown of Perth, WA and directed by people who believe in supporting and encouraging new local talent. The experience of filming brought on a whole bunch of different emotions: challenging, exhilarating and exhausting. However, the amazing people I met and all the things I learnt about the craft of filmmaking is something I'll never forget.



Chelsea doing her thing on the set of thriller flick *The Reckoning*.

I found my passion for acting at the age of 16 when I was fortunate to be chosen for a talent development program. I travelled to the US to gain training and experience in film and TV. Since then, I have relocated to Sydney to continue my acting studies and gain some more experience. I travel back and forth to LA, where I've recently secured a manager.

My next move will be to Canada this year. There are a lot of exciting things happening for Australians in the film and TV industry over there. I feel like I'm at an age where I'm still young and eager, and that it's the right time to spread my wings and try something new. I'm very fortunate to have been supported by my family, as well as great mentors and friends who have always believed in me. Acting is a hard but extremely fulfilling career 'cos you get to meet new people, explore different characters and it could take you anywhere around the world.

My advice is that if you have passion for something, no matter what it is, follow it with all your heart and have no Plan B. Just be prepared to work hard, make sacrifices, learn from everyone you meet and always be grateful. Recently I have ventured out and created my very own fashion and beauty blog called By Chelsea (bychelsea.com), which combines my love of fashion and style. One day, I would like to be known for working on projects that people remember and to also give back to this awesome industry in Australia, where I have been given my very first start. ☺

SO, DO YOU WANT TO BE A DOLLY COLUMNIST?

All you have to do is write 300 words on ANY topic at all. It could be about that person you've been crushing on, saving the world, your favourite movie, what gets you fired up at school or just telling us about something you love. Send it in to dollymail@bauer-media.com.au, along with your full name, age and postal address. Don't forget to send us four to five pics of yourself, so we can publish them with your column. Have fun writing! And... go!

DOLLY MARCH

Q: Which faction would you be in and why?



"Erudite 'cos I'm an undercover nerdburger."



"Dauntless. I want Zoë Kravitz to be my best friend. And Four to be my boyfriend."

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"Abnegation. I'd do almost anything for anyone. Please don't ask me to empty out my bank account for you – I'll probably do it."





"Candor. Thinking before I speak isn't one of my strong suits!"

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"Amity. I'm about as chilled as they come!"

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"I'd like to think I'm Divergent. You can't lock me into a faction."





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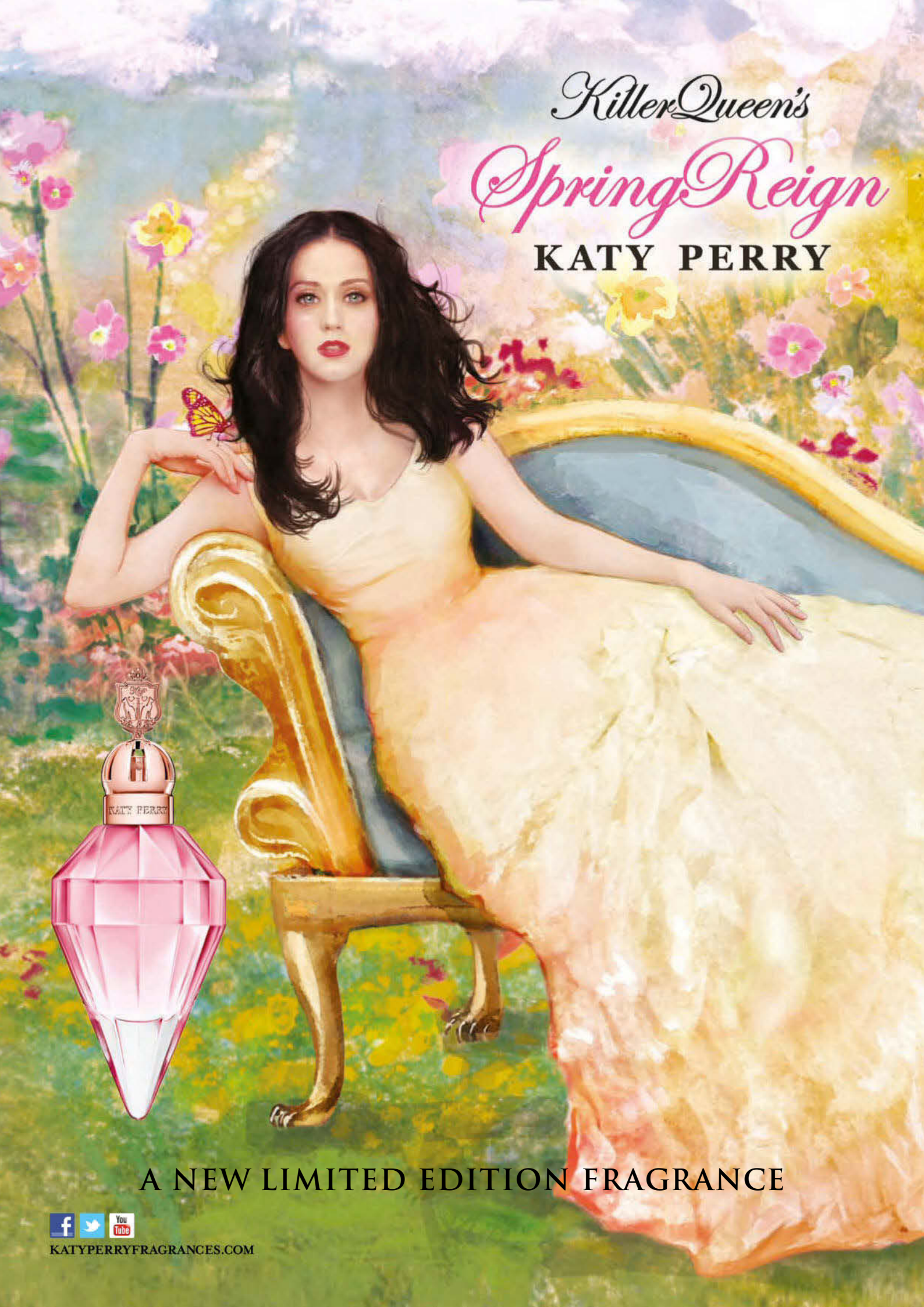
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DOLLY CALENDAR MARCH

All things celebrity and fashion (plus, cool events) happening this month.

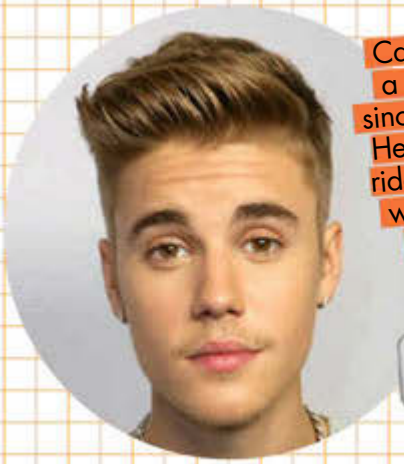




12 SPOTLIGHT ON H&M STUDIO

Escapism, sunshine and the laid-back life of Miami and Palm Springs are the influences at H&M Studio for spring/summer 2015. The draped shape of pyjamas sets the stylish tone, while a dazzle of prints and sportswear influences are perfect for lounging all season long. The collection will be sold in more than 260 stores worldwide and goes on sale in Oz today!

1 BEIBS' 21ST B'DAY



Can you even belieb a year has gone by since Justin turned 20?! He's had a pretty epic ride so far, we wonder what 21 will hold for this birthday boy.



5 BEAUTY DAY

Got a spare $10? Get your hands on one of these new glosses. They're the perfect way to add some subtle shine to any dull school day.

Maybelline New York ColorShow Lip Gloss, $9.95 each.



17 ST PATRICK'S DAY

Besides the fact that green is having a bit of a fashion moment right now, it's also St Pat's Day. So bust out your green get-up and start practising your Irish jig!



Top, $34.95, and **skirt**, $39.95, CO. by Cotton On.



19 INSURGENT IS OUT!

We went absolutely crazy for *Divergent* last year, so you can imagine our excitement when we heard the sequel was on the way. *Insurgent*, sure to pack a seriously powerful punch at the box office, is released today. Someone pass the popcorn!





21 HARMONY DAY

Today is Harmony Day, which celebrates our cultural diversity and centres on the message that "everyone belongs", reinforcing the value of inclusiveness to all Australians – an important message we all need to send. So raise your hands up for equality and jump on board. Visit **harmony.gov.au** to find out how you can help.



28 GAGA'S BIRTHDAY

It's this crazy lady's big day today so in honour of the occasion we'll be stepping out in the craziest footwear we can find. It just feels right.

Heels, $130, River Island.

26 CINDERELLA HITS CINEMAS



Our favourite all-time fairytale will be brought to life today! Yep, Disney turns the 1950 animated classic into something a whole new generation will totally love. You don't need to tell us twice.



25 NAIL IT

There isn't much we love more than new OPI nail lacquers. This month, we're obsessed with **Go With The Lava Flow** and **Lost My Bikini in Molokini**.



OPI Hawaii Collection Nail Lacquers, $19.95 each.

WORDS NIKKI LOWE. **PHOTOGRAPHY** GETTY IMAGES. **STILL-LIFE PHOTOGRAPHY** YIANNI ASPRADAKIS/BAUER MEDIA. SEE DOLLY.COM.AU FOR STOCKIST DETAILS.


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DOLLY STAR



KALEY'S MAKING A BANG

As *The Big Bang Theory* star hits the big screen this month in *The Wedding Ringer*, here are three fun facts about super cutie Kaley Cuoco-Sweeting.

1 Kaley is quite the athlete. She started playing tennis at age three and actually became a nationally ranked amateur tennis player! She is also an avid horse rider and owns a horse named Bojangles. However, in 2010, she broke her leg after falling off a horse and had to go into emergency surgery. Yep, Kaley even had to sit out two episodes of *The Big Bang Theory* to recover. Ouch!

2 Kaley is a big animal lover. When she's not filming, she's working with non-profit animal organisations that provide food and materials for animals in need. "We will end this cruelty towards our animals once and for all. We will be their voice," she vowed via Instagram. And this made us fall in love with her even more.

3 Turns out Kaley has always been a total hottie. That's right, as a child, she starred in several Barbie commercials as the happy owner of the doll. She even sported adorable pig tails. Naww! 😄

***The Wedding Ringer* is in cinemas now.**



WORDS MATTHEW GALEA. **PHOTOGRAPHY** SPLASH.

CELEBRITY

ALMOST FAMOUS

You'll be shocked by the stars who nearly got the role of these heroes!

HERO: FOUR



Actor: Theo James

DIVERGENT



BRENTON THWAITES



ALEX PETTYFER

MILES TELLER

THE HUNGER GAMES

HERO: KATNISS



Actress: Jennifer Lawrence



ABIGAIL BRESLIN



CHLOË GRACE MORETZ



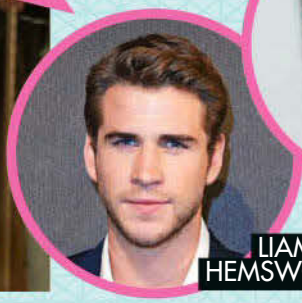
SHAILENE WOODLEY

HERO: THOR



Actor: Chris Hemsworth

THOR



LIAM HEMSWORTH



ALEXANDER SKARSGARD



TOM HIDDLESTON

BITES

Tasty treats from the world of movies, music, TV and the interwebs.

HERO: EDWARD



Actor: Robert Pattinson

TWILIGHT



SHILOH FERNANDEZ



DAVE FRANCO



JAMIE CAMPBELL BOWER

HERO: HAZEL



Actress: Shailene Woodley

THE FAULT IN OUR STARS



HAILEE STEINFELD



LIANA LIBERATO



MARY KATE WILES

4 THINGS WE'D LOVE TO ASK... BROOKLYN BECKHAM (BUT NEVER COULD!)

1. Do you think you are the fittest dude in the fam?
2. **Does your mum have, like, 50 wardrobes?**
3. When you see Spice Girls music vids like "Wannabe" and "Stop", are you proud or do you cringe?
4. **Is Chloë Grace Moretz really 'The One', or is she just a fling?**



FAMOUSLY ALLERGIC

Even superstars have their weaknesses that make them itch, sneeze and scratch.



VANESSA HUDGENS
CHLORINE

The *HSM* veteran says that chlorine causes her skin to develop rashes and red patches. Ouch! Summer must really suck for Miss Hudgens.



BEYONCÉ
PERFUME

It turns out Queen Bey isn't quite as indestructible as we first thought. The music legend had to have her own perfume line altered so that she could actually wear it without her skin flaring up.



KIM KARDSHIAN
CATS

In an episode of *Keeping Up With The Kardashians*, it was revealed that Kim is allergic to cats and had let her pet kitty go. Naww, sad face!



ZOOEY DESCHANEL
EGGS, DAIRY

The funny *New Girl* actress needs special meals to be delivered to her due to her highly sensitive stomach.



SELENA GOMEZ
CUT GRASS

The "Come And Get It" singer suffers from bad hayfever, which flares up when she is around freshly cut grass. She carries tissues wherever she goes, just in case.

The name change game!

SOME OF THE BIGGEST BANDS ON THE PLANET STARTED OFF WITH VERY DIFFERENT (AND BIZARRE) NAMES. CAN YOU MATCH THE BAND TO THE NAME THAT THEY WERE FLOATING BEFORE THEY HIT THE BIG TIME?

1 COLDPLAY



2 DESTINY'S CHILD





3 ONE DIRECTION



4 MAROON 5



5 LITTLE MIX



6 SPICE GIRLS

A TOUCH

B GIRL'S TYME

C RHYTHMIX

D UNIQUE SELLING POINT

E STARFISH

F KARA'S FLOWERS

ANSWERS: 1. E. 2. B. 3. D. 4. F. 5. C. 6. A.

POP-CULTURE REWIND

MARCH 2010

Proving that history lessons don't have to be boring (seriously!), let's take a look back at what teens were listening to and watching five years ago.







Going Gaga

Lady Gaga was talked about for her cray-cray outfits, bold performances, and head-banging hits. This month, Gaga broke a big Billboard record as "Telephone" went straight to number one, becoming the eccentric singer's sixth consecutive number one. This had never been done in music history.

How To Train Your Dragon

The animated 3D flick hit cinemas and was met with universal acclaim, gaining loads of awards and earning nearly $500 million worldwide. The mystical tale (or should we say "tail"?) about a teen befriending a dragon flew into our hearts. We've been desperately pining for our very own pet dragon ever since!

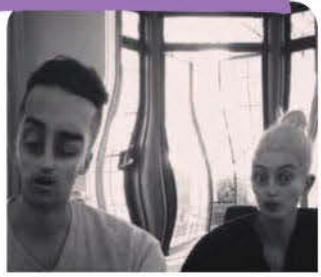
Gotta catch 'em all!

The popular '90s game was rebooted and had a massive comeback in March 2010. Pokémon HeartGold and SoulSilver became one of the best-selling Nintendo DS games and also included cool new functions likw allowing the first Pokémon in the player's party to follow them. Trust us, this was mind-blowing at the time!

WHAT WE CAN LEARN FROM HAILEY BALDWIN'S INSTA ACCOUNT (@HAILEYBALDWIN)



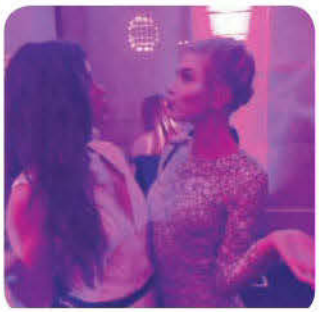
1 Mickey Mouse ears are the hottest accessory a girl can have at any age.



2 Distorted face pics with your mate will never stop being hilarious.



3 A good fruit smoothie can seriously make life a hundred times better.



4 Dance floor selfies with your BFF are the best kind of selfies.

TWEET, TWEET

LOOKS LIKE MAMMA GRANDE IS CRUSHING ON THIS CUTE J-BRO.

"My mum likes @nickjonas song 'jealous' more than any of her children!"

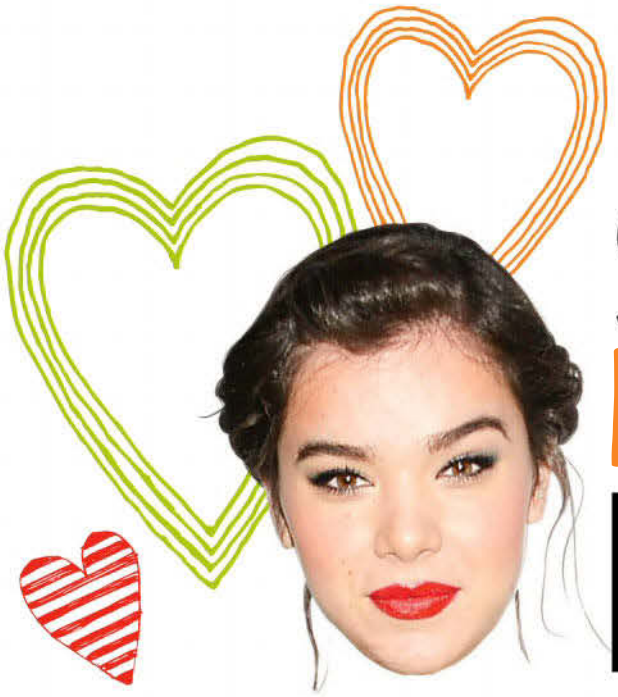


ARIANA GRANDE
@ARIANAGRANDE



NICK JONAS

WORDS MATTHEW GALEA PHOTOGRAPHY GETTY IMAGES, THINKSTOCK, INSTAGRAM.



STYLE CRUSH: HAILEE STEINFELD

She's a mega-talented actress, the darling of the fashion world and friend of Taylor Swift, Odeya Rush and Sarah Hyland (to name a few). Starring in four films this year, we'll be seeing more of her!

DRESS IT UP

ROCKING DESIGNER DRESSES IS ALL PART OF THE DAILY ROUTINE FOR HAILEE. THESE STYLES ARE BOTH FLATTERING AND GORGEOUS!

LUXURY LACE



Dress, $159.99, Forever New.

Forever classic, Hailee has worked a bunch of different interpretations of lace recently. The one constant? Her outfit manages to come out on top every single time. Win!

CLASSIC MODERNIST



Dress, $79.95, Ruby Sees All.

With simple silhouettes and contrasting colours, optical-illusion dresses are totally eye-catching and flatter every shape. Of course, Hailee has trumped this trend!

POPPING PRINTS



Dress, $84.95, Ladakh.

Brave enough for a daring print? Channel your inner fearlessness with this beautiful, oriental-inspired design – we can 100 per cent see it on Hailee, who loves a bold clash.

CHIC SHIFT



Dress, $149, Oneteaspoon.

The '60s and '70s offer major fashspo in the style world at the moment and Miss Steinfeld is already all over it. High-necks are easy to wear and work in cool weather.



TIP Don't wanna wear heels with your dress? Take your cues from Hailee and rock some Cons for a comfy and unexpected twist.

Shoes, $90, Converse.





GET THE LOOK

Get in early with your autumn dressing by working a bunch of classic styles all at once. Super-wearable and super-chic. Thanks for the inspo, HS!

1 Shirt, $69.95, MinkPink. **2 Coat**, $119.95, The Fifth Label. **3 Shoes**, $119.95, Nude. **4 Jeans**, $159.95, Neuw Denim. **5 Bag**, $79.99, Tony Bianco.





NAILED IT

There's always an air of luxury about matching polish on your nails and toes, especially if you're lucky enough to get a professional mani-pedi. Follow Hailee's lead and go for a darker shade that will really stand out against coloured outfits, or go dark all over for a tough-girl look.



OPI Nail Lacquer in In The Cable Car-Pool Lane, $19.95.



Sally Hansen Miracle Gel in Blacky O, $16.95.





COMING UP

Looks like Hailee has been a pretty busy gal with back-to-back films hitting the screens this year. Here's just a taste of what we can expect from her… popcorn and choc-top, anyone?



PITCH PERFECT 2

We are SO glad the Barden Bellas are back, and this time, Hailee's along for the ride. We can't wait to hear her belt out some a cappella tunes alongside Rebel Wilson and Anna Kendrick!

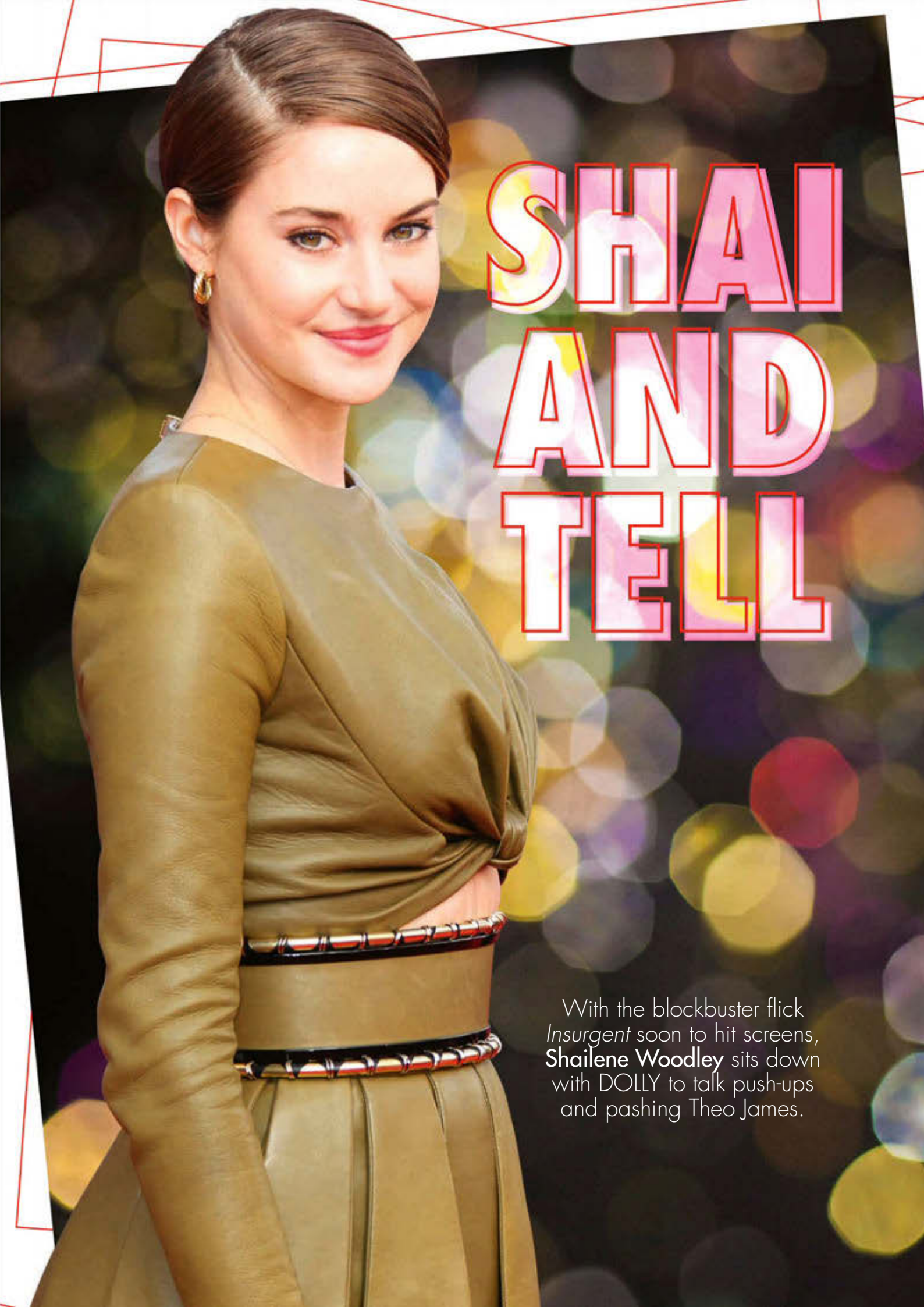
TERM LIFE

Looks like Hailee is really testing her acting chops with a wide mix of movie genres. Also starring Vince Vaughn, this serious crime thriller is based on the novel of the same name. Hailee plays the daughter of a man being hunted by mob bosses.

TEN THOUSAND SAINTS

Another film based on a book, this flick is set in the late '80s, with Hailee playing lead character Eliza. It's a coming-of-age story that is equal parts confronting, emotional and uplifting. It proves life will serve up plenty of obstacles to overcome. ☺

WORDS AND STILL-LIFE STYLING EMILY GIBB. **PHOTOGRAPHY** GETTY IMAGES AND SPLASH. **STILL-LIFE PHOTOGRAPHY** SIAN EGGINTON, ROBIN HEARFIELD AND RODNEY MACUJA/BAUER MEDIA. SEE DOLLY.COM.AU FOR STOCKIST DETAILS.



SHAI AND TELL

With the blockbuster flick *Insurgent* soon to hit screens, **Shailene Woodley** sits down with DOLLY to talk push-ups and pashing Theo James.

When Shailene Woodley walks into a plush Beverly Hills hotel room with her cropped, honey-streaked hair raked off her face and her long fingers wrapped around a cup of herbal tea, it's clear she's not your typical primped-and-primed starlet. For one, she's grinning – and not just a polite I'm-doing-my-job smile, but a warm, genuine beam that lights up her amber-flecked eyes.

Then there's the outfit, or lack thereof: no towering heels or borrowed designer dress for Shai, who looks strangely normal in skinny jeans and a long, comfy-looking cardigan. Her one and only accessory is a pair of simple earrings.

At a glance, the 23-year-old could be a friend ready to sit down for a cuppa, not one of Hollywood's hottest rising stars. But that's what Shailene most definitely is, and the contradiction between her stellar career and her down-to-earth attitude is making her more than just hot – it's making her fascinating.

How is it for you as an actress to step into a big franchise as a character who has already been written? Was there much room for you to create? "Tris is a human being and we're all constantly evolving. There's definitely a sense of progression. In the first film, Tris went through a lot of grief and a lot of hard times and that certainly carries on into this film."

So much of acting is about the chemistry between co-stars. You've worked with Miles Teller, Ansel Elgort and Theo James before, so how does that make your performance better when you're already familiar with each other? "It enables a performance because you're able to be comfortable and vulnerable with that person. You're not worried about how that person sees you, because you've already had conversations about it. So it's wonderful. It's a total luxury to work with someone you've worked with before, as it is with someone new, because all acting is exchanging energy. So when someone new comes in, you see what they evoke in you and what you evoke in them. That in itself is really exciting."

The first film focused on Tris and Four within their faction. Is it a different dynamic in this instalment now you're fugitives on the run? "Yes, it's a bit of a different dynamic because Tris is learning a lot in the first movie: she's learning how to fight and how to exist in a world that's so very different from the one she came from. In the second movie, none of those components are involved."

Do you still have the fear-based landscapes? "No, that was a *Divergent* special. There are still simulations for sure, but they're not fear-based."

"I WENT FROM A VERY NORMAL CHILDHOOD TO WATCHING WHAT I SAY BECAUSE PEOPLE WILL PUBLISH IT."

How did you physically prepare for this movie? "We trained so much for the first film, and then I did *The Fault In Our Stars* and lost all muscle mass and a bunch of weight, so getting into *Insurgent* was fun because I got to bulk up. We generally did something physical every day. We actually had a push-up club, that started with three of us because we'd get tired throughout the day. Instead of drinking cups of coffee, we'd pump out 20 push-ups and our bodies would naturally wake up. We just started doing it and by the end, there were 15 of us doing push-ups throughout the day."

How many could you do? "It's different now, but then we were doing 20 push-ups about 10 times a day. Grown-up push-ups on our toes! We were very proud of ourselves."

Was that because of the adrenalin? "Fully! It was the adrenalin and the competition aspect, you know?"

Who was your toughest competitor? "All the guys, although they weren't allowed to do them right next to us. But by the end, they were like, 'Damn, ladies'."

Are you a natural athlete? "Yeah, I'm naturally quite athletic, so it's fun taking on those physical challenges."

In the film, Tris goes through a lot of growing up. How much does that reflect your own experience? "A lot, I guess. It's all relative, because my life is the only one I know. Tris went from being in a small village to having all eyes on her. I went from a very normal childhood to watching what I say because people are going to publish it. So in that way, I can relate to her. We all go through our own evolutionary processes and I don't know if it's something I can articulate because I haven't fully digested everything that's happened."

Is it easy for you to see who is a big *Fault* fan versus a big *Divergent* fan? "Generally, I don't feel they're that different, but the way people react is so different. With *Fault*, the story is character-driven and it's so emotional, so when people come up to talk about it, it's always from a place of, 'My grandmother or my family...' People share their story. But with *Divergent*, it's more like, 'Oh my God, what's Theo really like?!' The two films evoke different reactions from people, which is funny and socially fascinating at the same time."

Speaking of Theo, in the trailer it looks like you two are kissing. Do you go beyond a kiss? "I guess you'll just have to wait and see!" ☺

SHAI-ISMS

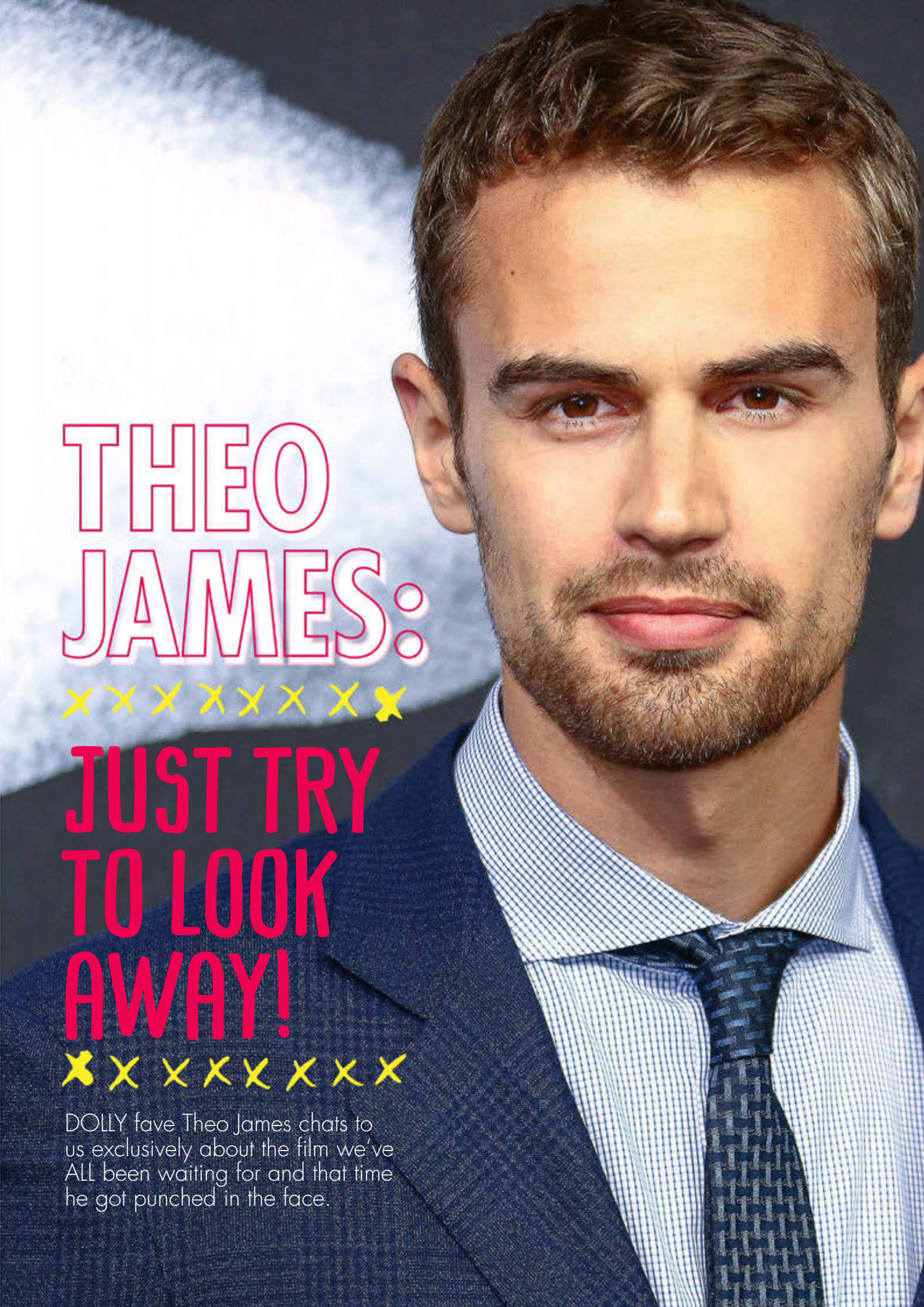
She's renowned for her chilled-out 'tude, so here's how to live a no-stress life, Shai style.

1 START EACH DAY WITH A SONG
"The second I wake up, I scream very loudly [sings to the tune of "Good Morning" from *Singing In The Rain*], 'Good morning! Good morning!' and then I scream out, 'Exciting day! Exciting day!' I feel like it completely sets the mood for the whole day ahead."

2 DITCH TECHNOLOGY, STAT
"I don't have a cell phone! Since I got rid of my phone, I'm talking to people more than I've ever talked to them in my life, because I no longer have that crutch. The more you can get away from all the technological buzz, the more freedom you'll have."

3 DON'T GET HUNG UP ON RELATIONSHIPS
"I haven't had time to think about a relationship. I just haven't met anyone where I was like, 'Wow, I could see myself spending a season of my life with you'."

INTERVIEW AND WORDS NAOMI CHRISOULAKIS. **ADDITIONAL WORDS** NATALIE BABIC. **PHOTOGRAPHY** SPLASH, THINKSTOCK.



THEO JAMES: JUST TRY TO LOOK AWAY!

DOLLY fave Theo James chats to us exclusively about the film we've ALL been waiting for and that time he got punched in the face.



Theo James is surprisingly tanned for a dude who was born and bred in the UK. Rocking up to London's Soho Hotel and casually dressed in a (seemingly) old flannel shirt, this six-foot hottie could have easily walked off an Aussie beach. He hasn't, though. Instead, Theo's in a very cold and grey London (which is close to his hometown of Oxford) to promote his next movie, *Insurgent* – the sequel to the movie we watched at least three times at the cinema last year.

Despite his tough-guy guise as Four in the *Divergent* series, Theo is refreshingly normal and totally down to earth. Getting a straight answer out of him is like a mission in itself; his quick wit and self-deprecating humour stop us at every question. Here, he tells us what to expect from the film and how to create the perfect on-screen chemistry.

RIDING THE WAVE OF SUCCESS

You once wanted to be a philosopher and now you have legions of screaming fans around the world. What happened? "Yes, a hot philosopher! It is a little bit different. Philosophy is one of those things – you can do lots of things with it, obviously. I probably wasn't good enough to do it in an academic sense, because you have to be really dedicated to it."

How did your relationship with Shailene change from the first day you turned up on the set of the first film to now? "We were great friends on the first day – now we're mortal enemies [laughs]. How has it changed? Well, you get to know each other. Not only do you do the film but you also do a long press tour. And with the new director and a new perspective, the nicest thing is that you can turn to each other and go, 'Does this feel right? Is this something your character or my character would do?' We bounce off each other to find the thing you are looking for in a scene – we did that quite a lot, actually."

"SHAI AND I ARE QUITE DIFFERENT AND I THINK THAT'S GOOD AS IT LENDS ITSELF TO A BIT MORE SPARK."

That explains why you two won Favourite Movie Duo for *Divergent* at the People's Choice Awards... "Did we? Ohhh… bingo!"

Yes! What do you think it is about your chemistry on-screen that helped you take out the title ahead of Channing Tatum and Jonah Hill from *22 Jump Street*? "Wow. Trendy. How do you do it? I don't think you create it. In a way, it's good to have a little bit of symmetry in terms of personality but also be quite different. Shai and I, in some ways, are quite different, and I think that's good as it lends itself to a bit more spark."

You do quite a lot of your own stunts on these films. Do you think acting them out yourself is an important way to connect with the character? "Well, fighting is about 50 per cent of the character so if you don't do the fighting sequences and you don't live those little parts, then you would have less to use in the following scene. It's kind of fun and it's a different skill. You know, when you're waiting around on set to do stuff, it's great to be able to punch someone in the face. I got punched in the face, actually. It was one of the stunt guys and it was just a clip. I was supposed to duck, but then I missed the beat and so he just punched me right in the face."

Did it hurt?! "I don't feel pain. [Laughs]"

Your character is pretty serious but you seem to be a bit of a joker and make everyone laugh IRL... "I try to be funny."

If you had it your way, would you have wanted your character to be a bit lighter? "No, I liked the fact that he is kind of damaged and very still. I like the idea this person has lots of secrets but you can't really tell what he is thinking most of the time. I thought that was kind of exciting and a chance to really play everything going on behind the eyes rather than having to say it all up front. I really liked the mystery."

TAKING TIME OUT

What do you like to do when you're not filming? "I like to keep fit. I like boxing, travelling, going away and hanging with family. I have a big family and that's a big important part of my life."

You used to be in a band called Shere Khan. Do you still play music? "I do still play music but I haven't for a while."

Which instrument? "Xylophone. Kidding! I play lots of instruments badly. Piano, guitar and a bunch of stuff but I still do it for fun."

Do you have a favourite music genre? "I kind of listen to everything but I'm a big jazz fan. I do like jazz."

So you're the youngest of five kids in your family. Does that mean you did lots of acting around the house or played dress-ups growing up all together? "Like, do I ever dress up as a woman…?"

That was actually going to be my next question! "Yeah [laughs]. My eldest brother went to UCSD [University Of California] to do a film course. I remember he came back and I must have been 14 and we made a film, all the kids, called *Kung Fu Romance*, which was fun."

Sounds like it could be another possible title for this film... "[Laughs] Exactly." 😉

INTERVIEW BROOKE BICKMORE. **PHOTOGRAPHY** SPLASH.

DOLLY INSURGENT SPECIAL



BEHIND THE SCENES OF *INSURGENT*

We went all dauntless on ya to uncover the hottest behind-the-scenes gossip from the set of one of this year's biggest movies. You're welcome.

TRIS HAS A NEW 'DO

AFTER CUTTING HER HAIR TO PLAY CANCER PATIENT HAZEL GRACE IN LAST YEAR'S SOB FEST *THE FAULT IN OUR STARS*, SHAILENE WOODLEY REFUSED TO WEAR A WIG WHEN SHE RETURNED TO HER ROLE AS TRIS...



Looks like her super-hot co-star Theo James digs his on-screen girlfriend's new look. "When I'm looking at Shailene on screen, you get a character progression in a visual way. There's a maturity and a difference between the character here and in the first movie," he says.

"I think it's really cool to have a young heroine with short hair," she says. We definitely agree, Shai!

I spoke to the director [Robert Schwentke] because I didn't want to wear a wig," says Shailene. "Wigs always look 'wiggy', especially in an action movie. We're running so much, so a wig would have looked quite crappy."

SPOILER ALERT!

"JUMPING ON A MOVING TRAIN AT 10 MILES PER HOUR IS NOT AN EASY THING TO DO AND IT'S DEFINITELY PHYSICALLY EXHAUSTING. EVERY TIME I DO IT, I'M REALLY TIRED," SAYS ANSEL.

THERE WILL BE A GUT-WRENCHING SCENE THAT SEES TRIS AND CALEB JUMP ONTO A MOVING TRAIN, AND ACCORDING TO *E! NEWS*, SHAI AND ANSEL WERE PRETTY NERVOUS!





"I HAVE NOT REHEARSED THIS! EVERYONE ELSE HAD A CHANCE TO REHEARSE THIS AND TODAY'S MY FIRST TIME," SAYS SHAILENE.

CALLING ALL INSTA FANS

WE ALREADY HAD ANSEL ELGORT AND ZOË KRAVITZ ON OUR INSTA RADAR, BUT HERE ARE A COUPLE MORE REASONS TO BOW DOWN.



@anselelgort

"ME AND THEO AT A LAKE YESTERDAY IN GEORGIA :)



@zoeisabellakravitz

"ON SET WITH THIS GUY. UGH.



@anselelgort

"THEO AND ME TRYING TO DO THE DUMBEST POSE WE COULD POSSIBLY THINK OF... HAHAHAHA."



@zoeisabellakravitz

"TRAILER BUDDY. @MILES_TELLER."

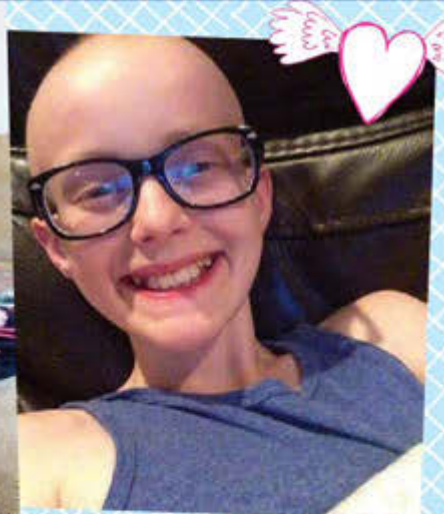


@anselelgort

"GOOD MORNING. I'VE BEEN WAKING UP TO THIS FOR THE PAST FEW WEEKS. NOW WE'RE DONE HERE IN AMITY! IT'S BEEN FUN."

MAKE A WISH







Kaitlin Lehman, a brave teen battling rhabdomyosarcoma (cancer of the soft tissue) since May 2013, asked the Make-A-Wish Foundation to meet Theo James. He and the *Insurgent* producers were happy to have Kaitlin join them on set. Here's what the Dauntless Initiate's mum said of her experience. "The Make-A-Wish team has said that in their 20 years of organising celebrity wishes, they've never seen a production company and actor go through all of the stops for a wish kid..." So that makes it reason number 2871 to LOVE Mr James!

WORDS MATTHEW GALEA. **PHOTOGRAPHY** CORBIS, GETTY IMAGES, INSTAGRAM.

YOUR INSURGENT

1) FLEX YOUR MOVIE-STAR KNOWLEDGE

SAY WHAT?

MATCH THE QUOTE WITH THE STAR.

"WHEN IT COMES DOWN TO IT, I'M JUST A GIRL WHO WEARS THOSE FIVE-FINGER TOE SHOES." **A**

B **"My second grade teacher told me I would never graduate; that I was going to be a juvenile delinquent."**

"I DON'T BELIEVE IN SPENDING MONEY LAVISHLY NOW THAT I'M MAKING MONEY." **C**

D **"I'm a weirdo and have often felt like an outcast and a freak. I love that."**

"I'M STILL JUST A LANKY DORK." **E**



THEO JAMES



SHAILENE WOODLEY



ANSEL ELGORT



ZOË KRAVITZ



MILES TELLER

ANSWERS: **A** Shailene Woodley. **B** Miles Teller. **C** Zoë Kravitz. **D** Theo James. **E** Ansel Elgort.

SECRET SKILLS

WE KNOW THEIR ON-SCREEN CHARACTERS JUMP OFF TRAINS BUT CAN YOU GUESS THE TALENTS OF THEIR REAL-LIFE COUNTERPARTS?

A SKILLED CHEESE-MAKER

B EXPERT DRUMMER

C STUNTWOMAN

D MUSICIAN

E TRAINED BALLET DANCER

ANSWERS: **A** Shailene Woodley. **B** Miles Teller. **C** Ansel Elgort. **D** Zoë Kravitz. **E** Theo James.

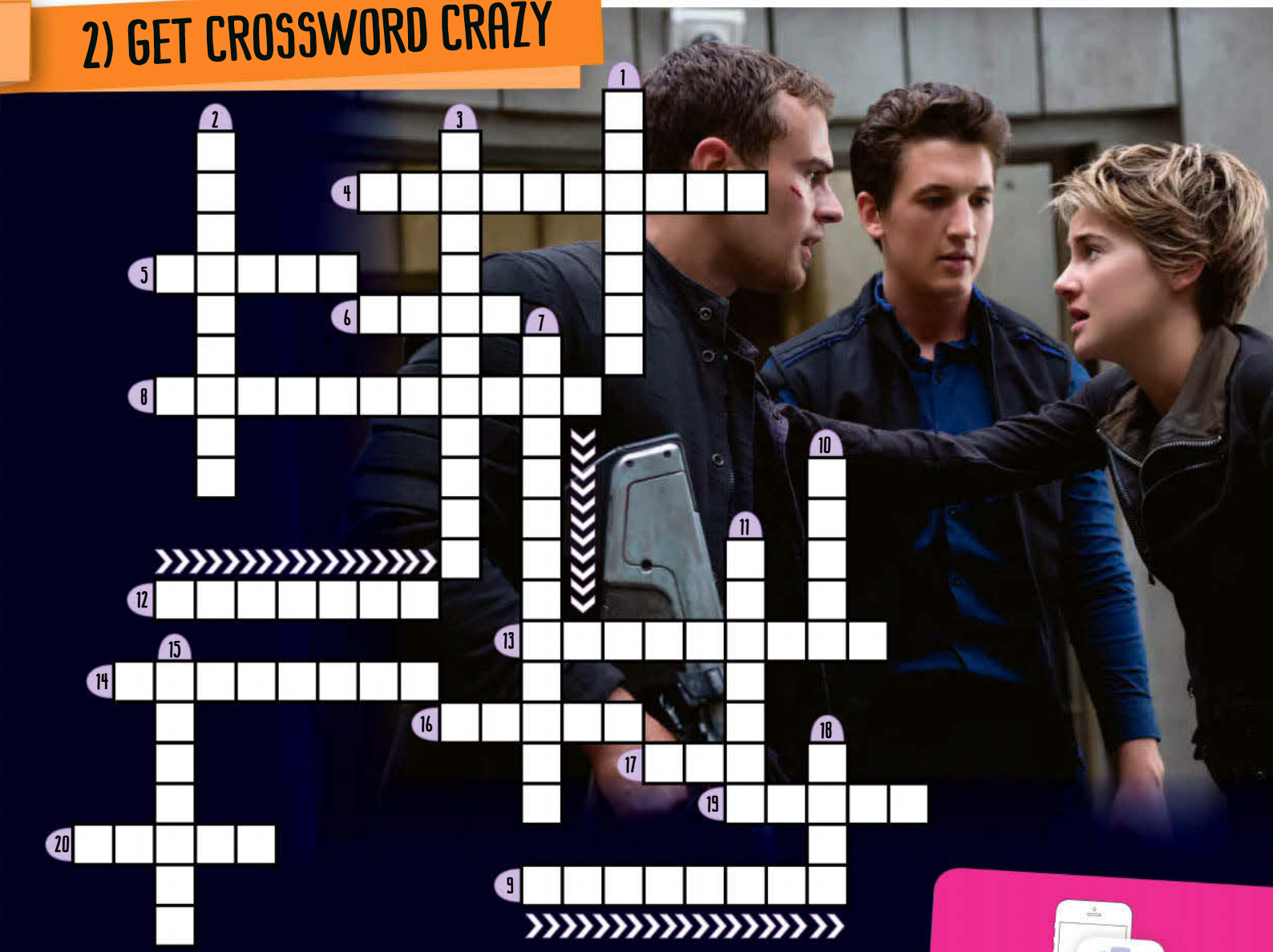
WORDS SAMANTHA STEWART, NATALIE BABIC. **PHOTOGRAPHY** GETTY IMAGES, THINKSTOCK, CORBIS.

APTITUDE TEST

DOLLY INSURGENT SPECIAL

How much do you know about this movie and its stars?

2) GET CROSSWORD CRAZY



DOWN

1 The name of Tris and Caleb's mum.
2 Who was Tris's first friend when she moved on to Dauntless?
3 The actor who plays Caleb Prior.
7 Author of the *Divergent* series.
10 How many fears does Tris have?
11 One of Four's fears is…
15 Which faction is known as "The Intelligent"?
18 How many factions exist?

ACROSS

4 Four was born into which faction?
5 Tris has a tattoo on her collarbone of what three things?
6 Who did Tris shoot?
8 Shailene Woodley also worked with this actor in the flick *The Spectacular Now*.
9 What 'test' determines your faction?
12 The *Divergent* series takes place in this American city.
13 What is the name of the final book in the *Divergent* series?
14 What is Tris's real name?
16 "Faction before ____."
17 "The ___" is the heart of the Dauntless faction.
19 What is Peter's not-so-nice nickname for Tris?
20 Which faction is known as "The Peaceful"?

ANSWERS: DOWN: **1** Natalie. **2** Christina. **3** Ansel Elgort. **7** Veronica Roth. **10** Seven. **11** Heights. **15** Erudite. **18** Five. ACROSS: **4** Abnegation. **5** Birds. **6** Will. **8** Miles Teller. **9** Aptitude. **12** Chicago. **13** *Allegiant*. **14** Beatrice. **16** Blood. **17** Pit. **19** Stiff. **20** Amity.

viewa

CAN'T GET ENOUGH OF *INSURGENT*?

Download the free ***viewa*** app from the App Store or Google Play and hold your phone here to get three exclusive DOLLY quizzes.

- **ARE YOU TRIS' DOPPELGÄNGER?**
- **WHICH *INSURGENT* GUY IS YOUR MATCH?**
- **WOULD YOU SURVIVE A DAUNTLESS INITIATION?**

Find out now on ***viewa***!

DID YOU GET YOUR EXCLUSIVE INSURGENT KEY RING?



Want to know which factions the DOLLY team belong to? Turn to page 8 to find out!

*This issue of DOLLY comes with an *Insurgent* key ring. Available at Australian retailers only.

EXCITED TO SEE FOUR AND TRIS AGAIN THIS MONTH? NOW YOU CAN DECLARE YOUR FACTION TO THE WORLD WITH THESE AWESOME PENDANTS!*



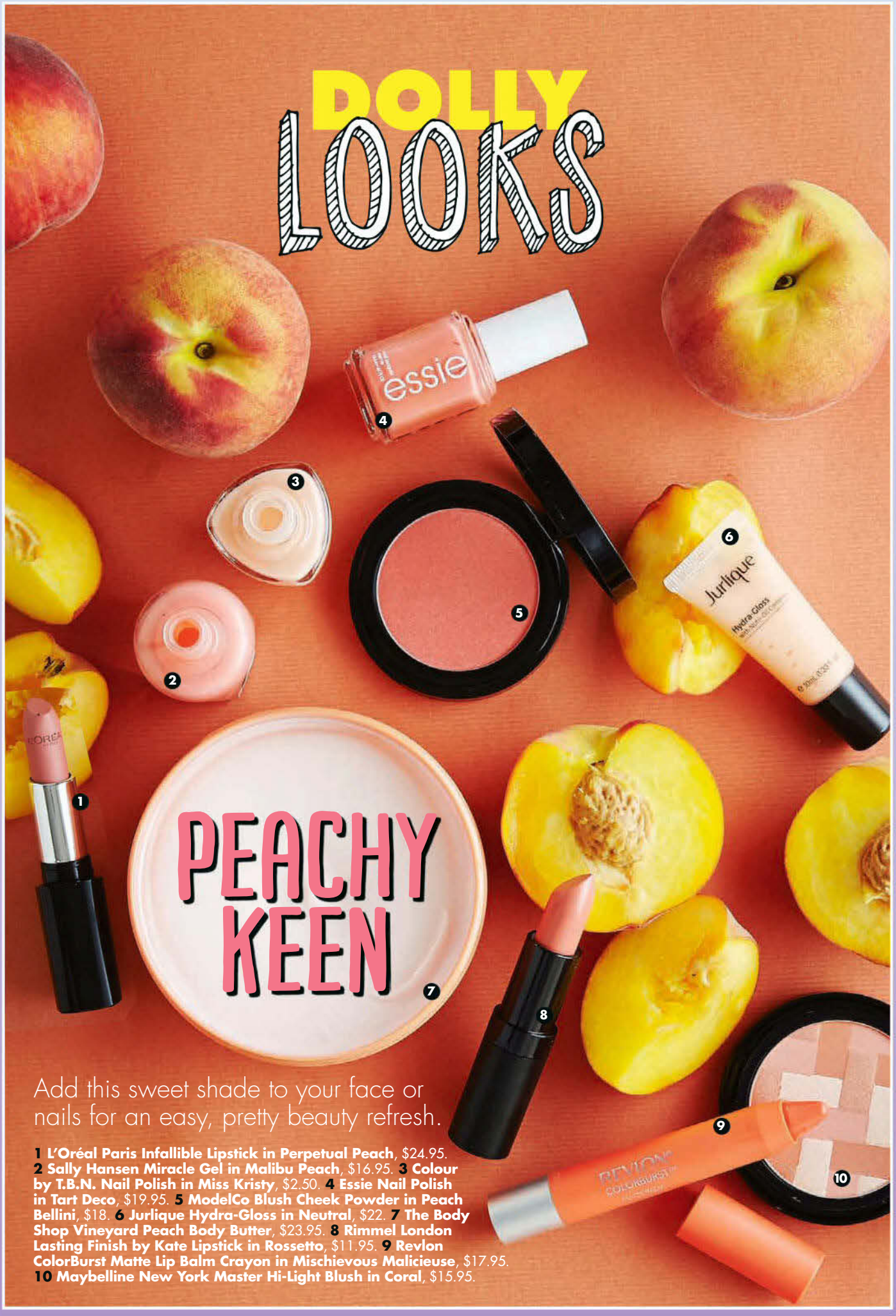




AS *INSURGENT* HITS SCREENS THIS MONTH, WE WANT TO SEE HOW YOU ARE USING YOUR KEY RING AND WHICH FACTION YOU LIKE. TAKE A SELFIE OF YOU WITH THE KEY RING, UPLOAD IT TO INSTA AND TAG US USING @DOLLYMAG – WE MIGHT REGRAM YOU!

***THE DIVERGENT SERIES: INSURGENT* IS IN CINEMAS FROM MARCH 19.**

DOLLY LOOKS



PEACHY KEEN

Add this sweet shade to your face or nails for an easy, pretty beauty refresh.

1 L'Oréal Paris Infallible Lipstick in Perpetual Peach, $24.95. **2 Sally Hansen Miracle Gel in Malibu Peach**, $16.95. **3 Colour by T.B.N. Nail Polish in Miss Kristy**, $2.50. **4 Essie Nail Polish in Tart Deco**, $19.95. **5 ModelCo Blush Cheek Powder in Peach Bellini**, $18. **6 Jurlique Hydra-Gloss in Neutral**, $22. **7 The Body Shop Vineyard Peach Body Butter**, $23.95. **8 Rimmel London Lasting Finish by Kate Lipstick in Rossetto**, $11.95. **9 Revlon ColorBurst Matte Lip Balm Crayon in Mischievous Malicieuse**, $17.95. **10 Maybelline New York Master Hi-Light Blush in Coral**, $15.95.

WORDS AND STYLING GYAN YANKOVICH. **PHOTOGRAPHY** WILL HORNER/BAUER MEDIA.

WHEN COLOUR

Bright and bold hues are having a major make-up moment. Now, team up your fave tints to make a serious beauty statement.



ModelCo Blush Cheek Powder in Peach Bellini, $18.

L'Oréal Paris Mega Volume Miss Manga Mascara in Turquoise, $19.95.

CLASH: AQUA EYES AND PEACH CHEEKS

Coloured mascara is back and brighter than ever – and we are totally smitten over it. When it comes to rocking a blue lash, rather than your classic black, it's all about going BIG. You can't be shy while trying out this trend, so amp up the colour by applying two to three coats to your lashes, top and bottom. Team your aqua lashes with a soft peachy cheek. Then, just dust the colour on the apples of your cheeks for a healthy flush.

MEETS COLOUR

CLASH: ORANGE AND PINK LIPS

Say goodbye to the age-old rule of never wearing these colours together because this look is going to seriously up your lipstick game. Instead of being forced to choose between your favourite orange or pink shade, apply one to your top lip and the other to the bottom. To keep your colour looking extra bright and fun, apply concealer around your lips to cancel out any red tones in your skin that could lessen the impact of your lippy. ➡



MAC Amplified Creme Lipstick in Morange, $36.

Colour By TBN Moisturising Lipstick in 874 I Don't Kiss & Tell, $2.50.



CLASH: PAIRING PURPLE WITH PINK

These two make for the ultimate girly-girl combo. To make the colour pop, apply a cream eyeshadow first, then a highly pigmented powder on top. Keep the edges of your line soft by applying colour under your eye, and blend it upwards and outwards. When it comes to lips, a layer of pink will do the trick. A lip pencil will hold colour longer than a lipstick or gloss, and if your lips are prone to dryness, dab a hydrating balm over the top.

Maybelline New York Color Drama Intense Velvet Lip Pencil, $9.95.

Revlon ColorStay Shadowlinks Eyeshadow in Purple, $9.95.



Essence Eyeshadow in Miss Atlantis, $3.25.

Face of Australia Lip Paint Super Intense Colour in Poison Apple, $6.95.

CLASH: THE BLUE AND RED PARTY PALETTE

It's about time we stopped associating blue eyeshadow with what Mum wore to her school disco! The trick to keeping this make-up trend young, fresh and fun (read: no scary '80s flashbacks) is to softly blend the colour at the edges. Apply shadow along your lash line and to the centre of your lid, then use a small, round, fluffy brush to spread the colour evenly. Add a lip stain or gloss to keep your look balanced and extra pretty. 😜

WORDS AND STYLING GYAN YANKOVICH. **ADDITIONAL WORDS** SARAH BROOKS-WILSON. **PHOTOGRAPHY** KRISTINA SOLIO/BAUER MEDIA. **STILL-LIFE PHOTOGRAPHY** WILL HORNER/BAUER MEDIA. **HAIR** FRANKIE ENDERSBEE. **MAKE-UP** CASEY GORE/RELOAD. **MODEL** LEXI/IMG.

THE GREAT MASK MATCH

Brighten up a bad skin day with these face treats, perfectly suited to your own skin type.

IF YOU HAVE DULL SKIN

Look for a brightening mask like **Formula 10.0.6 Get Your Glow On Brightening Peel Off Mask**, $8.99. Fruity ingredients like papaya and citrus will work to brighten your skin and give you a healthy glow.



IF YOU HAVE SENSITIVE SKIN

Look for masks like **Nivea Daily Essentials Soothing Honey Mask**, $2.99. Products with honey extract or natural almond oil are gentle and soft on the skin.





IF YOU HAVE IRRITATED OR RED SKIN

Try a cooling mask like **Dermalogica Clear Start Breakout Clearing Cooling Masque**, $27.50. With plant and fruit extracts including cucumber and licorice, it will soothe any redness and reduce skin irritations.



IF YOU HAVE OILY SKIN

Try oil-reducing formulas like **Clinique Anti-Blemish Solution Oil-Control Cleansing Mask**, $52, which will help to soak up excess oil and rebalance your skin.



IF YOU HAVE DRY SKIN

The best way to fix dehydration is with a moisturising mask like **Dirty Works Rose & Glow Moisture Mask**, $12.95. With its combo of rose extract and vitamin E, it'll naturally rehydrate your skin.





IF YOU HAVE TIRED SKIN

Revive tired skin with a soft rehydrating mask like **Montagne Jeunesse Creamy Coconut Hydrating Vitality Boost**, $3.99. Ingredients like coconut water and shea butter will work to help rehydrate and freshen skin that feels worn out.



IF YOU HAVE BLACKHEADS

A clay-based mask like **Palmer's Cocoa Butter Formula Purifying Enzyme Mask**, $9.99, exfoliates and draws out built-up dirt in your pores. The papaya ingredient helps fade spots.

WORDS BREE GRANT. **PHOTOGRAPHY** GETTY IMAGES. **STILL-LIFE PHOTOGRAPHY** WILL HORNER/BAUER MEDIA.

CELEBRATING Firsts

THE INSIDERS' GUIDE TO GOING TO YOUR FIRST CONCERT

Pumping tunes and flashing lights, there's nothing more exciting than going to your first concert. DOLLY and Schick have teamed up to give you all the tips on how to prep yourself and friends for one fun night out.

PRE-GIG PREP

While your first-ever concert is set to be all sorts of amazing, getting ready beforehand can be lots of fun, too. Round up your BFFs and spend the hours before the beats drop preparing yourselves for the best night ever! Start but picking out what you're going to wear and spend the time getting yourself looking glam just in case you get noticed by the star!





BE SURE TO GET MUM'S OK FIRST!

FIRST TIME SHAVING?

BENEFITS OF SHAVING

Schick Quattro For Women Disposables can help you feel confident when you go to your first concert! It's a great razor for first-time shavers and will leave your legs feeling silky smooth.

✓ **FAST, EASY AND PAIN FREE**
The wire-wrapped blades help prevent nicks and cuts, so you can get around the knees, ankles and shin bones without flinching.

✓ **NEVER MISS A SPOT**
Schick Quattro For Women Disposables provide a quick and super convenient way to remove hair. Don't believe us? Well, it allows you to get to the trickiest areas, helping you avoid hairy patches.

✓ **STAY FUZZ-FREE FOR LONGER**
Schick Quattro For Women Disposables gives you long lasting smoothness so you can skip a day or two! Winning!

✓ **COMFY GRIP**
The cute, glittery, rubber-handle design is really comfy and easy to hold so YOU can be in control.

MORE CONCERT TIPS AND TRICKS

– Drink lots of water during the day before the show. Your throat will thank you for it following a night full of singing (and squealing, of course).
– Always walk around a concert in pairs. There are seriously so many people at concerts that you don't want to end up walking around by yourself if you can't find your group of friends.
– The more comfy you feel in your shoes, the more fun you'll have!

GET READY FOR YOUR FIRST BIG CONCERT IN 3 EASY STEPS

STEP 1: Line up your outfit nice and early. You may change it up on the night but it's best to be as organised as you can.
STEP 2: Eat a big meal before you hit the concert. That way, your energy levels will be high and you can sing and dance for longer!
STEP 3: Make sure your phone is charged, you have your ticket for the show and you've also organised a way to get home.

So you want to shave your legs? Step away from the razor! At least until you've watched this video: shavewithshikita.com

Schick
FREE YOUR SKIN™



THE BOB'S



You've finally talked yourself into getting on the bob bandwagon. Before you go all T-Swift on us, Oscar Cullinan, founder of Oscar Oscar Salons in Sydney, explains what you should consider before making the chop.

HERE ARE OUR TOP THREE TIPS FOR WHEN YOU'RE READY TO HEAD TO THE SALON:

- Sit down with your hairdresser and talk through your decision thoroughly. They'll have good advice.
- Take in some photos of bobs you like and styles you think might work with your hair. This will help give your hairdresser some idea of what YOU want.
- If you ever feel uncomfortable with something they're about to do, speak up! There's nothing worse than paying for a cut that you're not totally in love with.

FACE SHAPE

This should be the first thing to consider before any haircut. Just like you and your pals may not suit the same style of sunnies, you probably won't suit the same hairstyles. The shape of your hairline and jaw will affect the length, texture and style of cut that best suits your face. Which one are you? Find. Out. Now!



ROUND: "A round-shaped face will suit a long bob to create length in the face," says Oscar. The extra inches will keep your round shape balanced and looking amaze.



OVAL: If you have an oval shaped face, congratulations – it suits most haircuts. Mix things up here and there, and try something a little different to see what works for you.



SQUARE: "A square face shape needs a soft cut around the jawline," says Oscar. Ask for a few layers to add a little more texture and movement.



HEART-SHAPED: This face suits a classic shoulder-length bob. With this chic style, you can experiment with different ways of parting your hair.

WORDS BREE GRANT. **PHOTOGRAPHY** GETTY IMAGES. **STILL-LIFE PHOTOGRAPHY** RODNEY MACUJA/BAUER MEDIA.





BACK, BABY

Ready for the big chop? Check yourself before you wreck yourself with this pre-cut guide.

HAIR TYPE

The texture and thickness of your hair is an important factor to consider before a change. Why? It's going to impact the way your hair falls and how you style it once you get it cut.



THIN: Oscar suggests going for a shorter bob that sits either around the jawline or just above it. This way, you can add in a bit of texture and movement with layers.



THICK: It's best to try a long bob for this hair type. The hairdresser can thin out your locks with layers when cutting it, and you can gradually try out shorter lengths and styles.



CURLY: "Super-curly hair works best with a long bob that sits about the shoulders, so that the shape is not too round," Oscar explains.



WAVY: This particular hair type is an all-rounder and will work for just about any length – from above the shoulders to jawline. Just take your pick!

STYLING

A new hairstyle means you get to mix up your morning hair routine. Each bob will require some new styling tools and fresh hair products to match. Here are just a few:



TEXTURED AND MESSY: When it comes to creating the perfect textured, messy bob, you'll need sea salt spray like **John Frieda Beach Blonde Ocean Waves Sea-Salt Spray**, $16.99 (1), or a texturising powder like **Batiste XXL Plumping Powder**, $9.95 (2), for a funky finish.

SLEEK AND STRAIGHT: For a sleek, straight bob, Oscar suggests using styling gel like **Garnier Fructis Weightless Serum Sleek & Shine 72H**, $7.95 (3). Your ends will look (and feel!) extra smooth, glossy and oh-so glamorous.

LONG AND VERSATILE: A long bob, like the one Emma Roberts is rocking, is so easy to style. Wear it curly or straight, depending on the look you're going for.





THE FUZZY FACTOR

Forget freaking out when a little bit of facial fluff crops up 'cos we've got all the answers to your questions right here!

HOW CAN I STOP IT GROWING?

Sorry to break the bad news, but you can't. Like any other hair on your body, it's natural and will grow whether you like it or not. OK, so the face isn't the best place to have excess hair and while you may think you are the only one that has it, all your friends do too. Sometimes it can look dark and stand out, but honestly, it's normal, so don't worry.

HOW DO I GET RID OF FACIAL HAIR?

Nad's brand manager Natalie Ismiel says the best way to get rid of facial hair for good is by having a course of IPL (intense pulsed light) treatments. "This uses a combination of pulse and wavelength of light that permanently damages the hair follicle so it doesn't grow anymore," she says. While it isn't the cheapest method, it will get rid of unwanted hair permanently and is the most effective way to eliminate dark hair. It's slightly painful (it feels like an elastic band pinging against your skin) and you'll need a few sessions to banish hair forever. Next up is waxing. This can be done by a beautician or at home with waxing strips or hot wax. It can hurt, but you'll stay hair-free for at least four weeks. You can also pluck out the odd stray hair with tweezers – a magnifying mirror will help you find those little ones.

MY EYEBROWS MEET RIGHT IN THE MIDDLE OF MY FOREHEAD, SHOULD I CARE?

Again, this is natural, so try not to fret about it too much. But if you do find that your brows are causing you a bit of distress, you could do a tidy up. Never touched your brows before? Well, in that case, you should think about visiting a brow expert at a beauty salon. Yep, they will remove excess hair with wax or tweezers, which will be a lot less painful than doing it yourself for the first time. Plus, they will be able to create the perfect shape to suit your face, so you can just tweeze any future strays whenever they happen to pop up. Just be sure to avoid going too thin, as big brows are a hot trend right now (Hi, Cara D!).

SHOULD I START USING BLEACH TO MAKE MY DARK HAIR A LIGHTER COLOUR?

Natalie says that using bleaching products will make your hair lighter and may be used as another option to disguise hair. But read the instructions carefully first. "The key ingredient in bleach products is a chemical which may irritate your skin if left on the area longer than the specified time," she warns. As your hair begins to grow out eventually, you will still need to repeat the lightening process, as the dark regrowth will come through.



Hair removal isn't *quite* this simple...

WHAT WOULD HAPPEN IF I SHAVED MY FACE?

You would find that by shaving your face, the hair will grow back faster than if you waxed. When the hair does grow back, it will appear thicker and fuller because it has been cut straight and short. Our top tip? Avoid the stubble and don't shave.

IS IT TRUE THAT IF YOU WAX YOUR HAIR IT WILL JUST COME BACK TWICE AS THICK?

Natalie says she's been waxing clients for years and has only seen a few people whose hair seemed to darken and thicken. However, her answer is still no. In fact, she says that generally waxing reduces their hair growth, leaving their hair softer and finer in texture. The long-term effect is definitely less hair growth.

WHAT HAPPENS IF I GO RED AFTER WAXING?

It is common to see some redness after waxing, but this usually disappears after an hour. Natalie recommends applying a nice, cold compress to reduce swelling, then soothing the skin with a calming anti-inflammatory gel such as aloe vera. If you don't have one at home, try a fragrance-free after-sun gel, which will also cool and soothe your skin. Avoid hot showers and anything that causes direct friction on the area for a couple of hours. 😉

WORDS SARAH BROOKS-WILSON. **PHOTOGRAPHY** GETTY IMAGES. **STILL-LIFE PHOTOGRAPHY** RODNEY MACUJA/BAUER MEDIA.

YOUR HAIR REMOVAL KIT



Nad's Facial Wax Strips, $9.95.

Marzena No More Facial Hair Minimising Treatment, $18.95.

Veet Face Precision Facial Wax & Care, $15.99.

Schick Hydro Silk Kit, $14.25.

Nair Cream Hair Bleach, $13.99.

Manicare Precise Grip Tweezers, $12.29.

COVER UP

Make those facial hairs disappear with these magic make-up products.



1 EcoTools Skin Perfecting Brush, $7.99. Always apply your foundation with a brush. It gives better coverage and will help to cover the hair.

2 CoverGirl truBlend Fixstick Concealer, $14.95. If you just have a few strays, dot concealer over the hair and blend. Apply foundation over the top for an even coverage.

3 Australis Full On Foundation SPF30, $12.95. Go one shade lighter than your usual foundation. This will cover those pesky dark hairs.



Retro GLAM

Psst! Want to rock the luxe looks of T-Swift and co? Take your style cues from old-school Hollywood sirens, says Athina Perdis, daughter of make-up maestro Napoleon.



Make like Taylor Swift, Charli XCX and Rita Ora with winged liner and a pout that pops.

What's the hottest make-up look in Hollywood? Well, it all depends on what day it is – trends move quickly and I'm obsessed with keeping tabs on the latest! I mean, who isn't dying to know what Rihanna will do next? Or how much fuller Kylie Jenner's lips will actually become?

But with all the fads that come and go, there's one look I've noticed everyone (yes, EVERYONE) has rocked on the red carpet at least once, and it's super easy to master once you get the hang of it. Chic, classy, timeless and always on-trend, it requires just a few simple products and works regardless of whether you're going out for dinner or heading to the shops.

Yep, I'm talking about a retro-inspired look with winged eyeliner and ruby red lips. You know, what Lauren Conrad, Rita Ora and Scarlett Johansson rock on the regular. It's so glam and old-school for red-carpet appearances, but also really fresh for a day out and about in jeans. Seriously, I challenge you to name a celeb that hasn't made this look their own at some point – and it always looks amazing!

When I'm wearing it, I first make sure my skin's moisturised and looking glowy. I love the Napoleon Perdis Auto Pilot Radiance-Boosting Primer. It offers a great starting point for any look. Then, apply your mascara – yep, before the eyeliner! Next, grab a black liquid liner, like Napoleon Perdis Neo Noir. Start drawing the wing in the middle of your lash line, extending the line out and angling it up as you move towards the far corner of your eye. But just remember the higher the line, the bigger the wing! Then, join the outer corner of the lash line to the wing, colour it in and then fill in the rest of the liner from the inner eye.

The key to making this look appear fresh and modern is to choose a tinted lip gloss, like the Napoleon Perdis Luminous Lip Veil in Scarlet Fever, rather than a full-on lipstick. One swipe and you're glam! This look can take a few attempts to get right, but it's worth mastering now because it's never going out of fashion. Just ask Hollywood! 😉



Auto Pilot Radiance-Boosting Primer, $55.

Neo Noir Liquid Eyeliner, $32.

Luminous Lip Veil in Scarlet Fever, $30.

PHOTOGRAPHY GETTY IMAGES. ALL PRODUCTS AVAILABLE AT NAPOLEONPERDIS.COM.

FROM THE BEAUTY DESK

This month, Gyan realised that sometimes a different taste in make-up products is just a sister thing.



You could say my sister Yasmin and I are total opposites. Apart from sharing the same last name, parents and home for 19 years, we still have quite a few differences, including:

- My sister HATES ice cream, despite working at the local ice cream parlour for years. If I'd worked there, I think I would've turned into the stuff.
- I'm just a peaceful, sensitive little Pisces, while Yas is a scary Scorpio. Well, I'd say scary to me, anyway.
- She's never read *Harry Potter*. Those books are pretty much my bible.
- While I'm short with short dark hair, she is tall with long light hair.
- She's strong and tough. I'm an uncoordinated, total wimp. As in, last Christmas, when I accidentally squirted sunscreen in my eye, she was the one who grabbed a First Aid kit and told me, "CALM DOWN, GYAN."

Aside from these little personality differences, there is also a big difference in our beauty signatures. If there's one thing my sister can do (besides think fast in an SPF emergency), it's rock a bold lip like nobody's business. I, on the other hand, look like a clown if my gloss is even the tiniest bit brighter than nude. Hence why I'm all about the eyes.

Naturally, there are times I wish that Yasmin was a little more like me. I imagine a parallel universe where we would have spent years playing *Harry Potter* trivia while chowing down on Paddle Pops, but then I remember that if that were the case, my sister wouldn't be the person she is now. Because of this, next time I see her looking beyond amazing in a bright red lipstick, I'm not going to be jealous. Instead, I'm going to be thankful for all the little differences that make us the sisters we are.

CURRENT OBSESSION: SPOTTING ALL THE BEAUTY SIMILARITIES AND DIFFERENCES BETWEEN CELEBRITY SISTERS!





PINK OR PURPLE?

My fave products this month feature my fave colours! In the pink corner, we have the super-cute **Lady Jayne The Essentials Styling Brush in Purse Size**, $4.95 (1) and the **PuraSonic Sonic Facial Cleaning Brush**, $129 (2). Then, coming up purple is the pretty **Rimmel London Glam Eyes 5-Colour HD Eyeshadow in Victoria's Purple**, $15.95 (3).

IT'S A SKIN THING

What an amaze find! **Maybelline New York Dream Wonder Fluid-Touch Foundation,** $21.95, is as light as it is dewy and fresh.



WORDS GYAN YANKOVICH. **PHOTOGRAPHY** GETTY IMAGES. **STILL-LIFE PHOTOGRAPHY** WILL HORNER/BAUER MEDIA.

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DOLLY FASHION



GAME ON

THE NEW SEASON IS HERE! IT'S TIME TO SPORT-UP YOUR VIBE AS FASHION GETS COOLER...

Jacket, $149.95, and **belt**, $39.95, Le Coq Sportif. **Blue cardigan** (worn underneath), $68, Boden. **Dress**, $164.95, Ruby Sees All. **Sunglasses**, $19.95, Colette by Colette Hayman. **Watch**, $129, Adidas.

WORDS AND STYLING ALISSA THOMAS. SEE DOLLY.COM.AU FOR STOCKIST DETAILS.



VARSITY RULES

Be a good sport and channel college team spirit during your autumn outfit adventures.

Jacket, $169, Minty Meets Munt. **Jumper**, $89.95, Rolla's. **Shorts**, $79.95, and **belt**, $39.95, Le Coq Sportif. **Headband** and **boxing gloves**, stylist's own.

OPPOSITE PAGE:
Printed jacket, $130, Adidas. **Blue jacket** (worn underneath), $99.99, Russell Athletic. **Top**, $139.95, Cameo. **Skirt**, $59.95, Neon Hart @ General Pants Co. **Shoes**, $229, Mimco (worn throughout). **Tennis racquet**, stylist's own.





Tank top, MinkPink, $49.95. **Knit dress** (worn underneath), $79.95, All About Eve @ Glue Store. **Tights**, $19.95, Jonathan Aston. **Watch**, $129, Adidas. **Sunglasses**, $49.95, MinkPink. **Bag**, $119.95, Le Coq Sportif.

OPPOSITE PAGE:
Jacket, $149.95, Dream Monstar. **Hoodie** (worn underneath), $25, Target. **Top**, $69.95, Vision Street Wear. **Skirt**, $109, Minty Meets Munt. **Baseball bat**, stylist's own.




BAGUETTE
BAGUETTE



Vest, $40, Kookaï. **Knit top**, $39.95, Cotton On. **Skirt**, $109, ASOS. **Watch**, $129, Adidas. **Tennis ball**, stylist's own.

OPPOSITE PAGE:
Jacket, $159.95, Dream Monstar. **T-shirt**, $49.95, B.BAM @ General Pants Co. **Striped jumper** (worn underneath), $35.95, Zara. **Shorts**, $89.95, Keepsake @ Glue Store. **Rollerskates** and **wristband**, stylist's own.



Striped top, $38, Boden. **Top**, $25, and **pants**, $39.95, H&M.

OPPOSITE PAGE:
Jacket, $134.95, and **shorts**, $124.95, Elliatt. **Crop top**, $59.95, Dream Monstar. **Mitt**, stylist's own.

Styling Alissa Thomas. **Photography** Paul Suesse/Bauer Media. **Hair and make-up** Sarah Damichi/DLM. **Model** Bridget/Chic. See dolly.com.au for stockist details.



TRUE BLUE

With so many cute shades of blue in stores this season, we've created a guide to figuring out which one is for you!

CORNFLOWER

- ☑ Is your wardrobe packed with pink?
- ☑ Are you a bona-fide girly-girl?



This tone complements pink perfectly and will look great as a fun new shade in your closet. 1 **Sunglasses**, $79, Love @ Clearly. 2 **Shorts**, $119.95, Cameo. 3 **Bag**, $39.99, Forever New. 4 **Necklace**, $42, Wanderlust + Co.

NAVY

- ☑ Are you a fan of dark colours?
- ☑ Do you hit up concerts ALL the time?



This rocking colour is a cool alternative to black, plus it will match any skin tone. Sweet. 1 **Jumper**, $119.95, The Fifth Label. 2 **Top**, $29.99, Nude Lucy @ Glue Store. 3 **Top**, $24.95, Bonds. 4 **Skirt**, $69.95, MinkPink.

SKY

- ☑ Do you like to wear bright shades?
- ☑ Are you a street-style star in disguise?



Work sky blue-hued apparel into your wardrobe 'cos this colour is fresh off the runway. 1 **Necklace**, $16.95, Colette by Colette Hayman. 2 **Shorts**, $79.99, Forever New. 3 **Top**, $19.95, Cotton On. 4 **Shoes**, $100, Converse.

TURQUOISE

- ☑ Are you totally into green-blue hues?
- ☑ Do you love the great outdoors?



Turquoise trinkets will add a hint of pretty to any adventurous outfit. 1 **Sunglasses**, $45, Quay Eyewear. 2 **Necklace**, $15, ASOS. 3 **Thongs**, $29.99, Havaianas. 4 **Bracelets**, $9.95 (for set of 4), Colette by Colette Hayman.

WORDS AND STYLING EMILY GIBB. **STILL-LIFE PHOTOGRAPHY** RODNEY MACUJA AND SIAN EGGINGTON/BAUER MEDIA. SEE DOLLY.COM.AU FOR STOCKIST DETAILS.

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DDG HEELS
A little bit of sparkle makes a night more fun. Gorgeous in any colour.
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OH MY!
There's nothing like a little fluoro to catch the eye. Add zebra and kick up your heels... err, flats!
WALK LIKE A RAINBOW.



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The possibilites are endless - and remember '3', not 'E'.



ROCK ROYALTY

Want to nail the killer glam-rock look like these celebs? Black plus a hit of leather plus loads of accessories equals slick, cool style rebellion.



1 Top, $44.95, The Fifth Label. **2 Boots**, $199.95, Sol Sana. **3 Dress**, $79, Somedays Lovin. **4 Sunglasses**, $59.95, Local Supply. **5 Top**, $25, Best&Less. **6 Jeans**, $99.95, Abrand. **7 Shorts**, $40, Boohoo. **8 Necklace**, $19.95, Colette by Colette Hayman. **9 Bag**, $22.95, Colette by Colette Hayman.

WORDS AND STILL-LIFE STYLING EMILY GIBB. **PHOTOGRAPHY** GETTY IMAGES. **STILL-LIFE PHOTOGRAPHY** WILL HORNER/BAUER MEDIA. SEE DOLLY.COM.AU FOR STOCKIST DETAILS.



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THE IN-BETWEEN-ERS

The weather's cooling down but it's not quite coat season. Here's how to welcome back your knits while holding on to those last summer days.

Jumper, $59.95, H&M. **T-shirt** (worn underneath), $59.95, Rolla's. **Shorts**, $79.99, Forever New. **Socks**, $12.95, Jonathan Aston. **Ballet flats**, $49.95, Walnut @ Styletread. **Sunglasses**, $14.95, Cotton On. **Earrings**, $9.95, H&M. **Rings**, $16.99 (for pack of 6), Equip. **Watch**, $89, Timex.

CHUNKY KNIT

A woolly warmer like this will be your best friend through autumn and right up until winter, so there's no harm in investing in one of these bad boys at the start of the season.

This style is warm enough that when the sun sets, all you have to do is just chuck it over your T-shirt and shorts and you'll still be snug.

Feel free to have some fun with your accessories. A pair of coloured socks with ballet flats will keep your toes toasty and your street cred high.





This look is all about colour. So if you're not keen on yellow, go for this hot pink number instead.

Jumper, $139.95, Finders Keepers.

This knit is a wardrobe winner. Just throw it in your beach bag for the perfect cover-up. Bye-bye, kaftan!

Knit tee, $39.99, Jeanswest.

Cardigan, $89.95, Stüssy. **T-shirt**, $39.95, MinkPink. **Floral bikini bottoms**, $39.99, and **orange bikini bottoms** (worn underneath), $69.99 (sold as set), Rip Curl. **Sneakers**, $135, Spring Court. **Hat**, $19.95, Cotton On. **Necklace**, $129, Zowie. **Wristbands**, $9.95 (pack of 4), Craybands.

BEACH KNIT

▶ It's still balmy enough to hit the surf and sand after school each arvo, but as soon as that sun sets behind the dunes, you'll need something cosy for the trek home. Enter: the long cardie.

▶ A fluffy fabric like this one will feel lovely on your skin, especially if you have had a little TOO much sun.

▶ A long cardigan that comes with a belt will cover you right up, so you won't need to change out of your swimmers before heading home. ➡

Fact: fitted cardies RULE. If you're not into the crop, tuck in a longer style at the waist.

Cardigan, $49.95, Sunny Girl.



Cardigan, $149, Alannah Hill. **Skirt**, $59.95, Atmos&Here @ The Iconic. **Clogs**, $129, Mollini @ Styletread. **Necklace**, $19.95, Colette by Colette Hayman. **Wrist ties**, $15 each, and **coloured bangles**, $89 each, Zowie. **Metal bangles**, $19.99 (pack of 10), Equip. **Bag**, $129, Fossil.

CARDIE TOP

- The great thing about the fitted cardigan is that it can be worn all by itself, not to mention layered over another top. Just fasten the buttons all the way up and you have found yourself an on-trend warm-to-cool top.
- This style is ideal if you're all over the super-sweet and feminine trend. Team it with your favourite mini skirt and you're totally runway-ready.
- Clogs are THE in-between shoe for any time of day. They're equally great for hanging at the shops and heading out to a party at your bestie's place.

Crop top, $54.95, MinkPink. **Pants**, $88, Boden. **Loafers**, $56, River Island. **Necklace**, $14.95, and **cuff**, $14.95, Colette by Colette Hayman. **Green tassel necklace**, $99, Sollis. **Clutch**, $49.95, Mocha.

KNITTED CROP

- Think beyond long-sleeved knits and try out a knitted crop top in a fun print or pattern to introduce this trend into your trans-seasonal wardrobe.
- If you're going to rock the crop, make sure your bottoms sit higher on your waist for that chic, stylish look.
- Play around with textures! You've started with the knit, so why not add some unusual fabrics and materials? We've thrown in tassels, leather, crochet and even furry pompoms! ☺

Words and styling Nikki Lowe. **Photography** Andrew Finlayson/Bauer Media. **Hair and make-up** Georgia Hull/Reload Agency. **Model** Caitlin/Chadwick. See dolly.com.au for stockist details.



Knits come in both fine and chunky fabrics. We love this monochrome piece for dressy occasions.

Knit crop, $139.95, Cameo.



SHOUT OUT TO YOUR BESTIES!

"Hey El Group, Ella Brown, Annie Corbett, Bea Makeig and Amy McGlinchey. See you guys soon..."

DOLLY GIRL

Charlotte, 16, plans to see the world and work in the fashion industry – oh, and hang with J-Law as well.

HOW WOULD YOU DESCRIBE YOUR PERSONAL STYLE?
"I'd say that my style is the modern-beachy kind of look, and a touch of olden-days fashion with my long skirts and suede boots. I like to be different with my colour choices and which items I pair with which."

WHAT IS YOUR MOST-LOVED THING IN YOUR CLOSET?
"My favourite item of clothing by far is my Miss Shop short grey tight skirt. I like it because it is practical for everyday wear and it feels really good on my skin. It can go with anything, too."

WHO DO YOU LOOK TO FOR FASHION INSPIRATION?
"I look to celebrities mainly. People like Blake Lively, Cara Delevingne, Chloë Grace Moretz and Vanessa Hudgens."



WHAT DO YOU WANT TO DO IN THE FUTURE?
"I'm not sure yet but maybe an artist, or in fashion. I want to take a gap year and go to university in America, but I'm not sure what I want my profession to be."

WHAT IS THE BEST PIECE OF ADVICE THAT ANYONE HAS EVER GIVEN YOU?
"Always strive to be the best you can be and never let anyone hold you back. And 'if it happened it was meant to happen'."

YOU GET THE CHANCE TO SPEND THE ENTIRE DAY WITH A SUPERSTAR... WHO WOULD IT BE?



"OMG, that's a hard decision but I think I would hang out with Jennifer Lawrence. She is so funny and so laid-back and goes with the flow."

IF YOU COULD VISIT ANYWHERE IN THE WHOLE WORLD, WHERE WOULD YOU GO AND WHY?
"Brighton, England, for sure. I love England so much for the weather, the people and the atmosphere. All of my favourite YouTubers live in England. I would love to meet them and get Alfie Deyes's book signed as well."



Want to be our next DOLLY girl? Drop us a line at dollymail@bauer-media.com.au

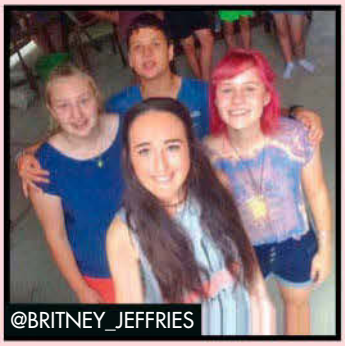
INTERVIEW AND STYLING NIKKI LOWE. **PHOTOGRAPHY** ANDREW FINLAYSON/BAUER MEDIA, GETTY IMAGES.

#DOLLY MY STYLE

We want to see what you're wearing, loving and buying every month. Tag your Insta pics with **#DOLLYmystyle** and you just might see your snap in the magazine!


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@BROOOKEREID


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COMPILED BY MAGGIE NEIL. **PHOTOGRAPHY** INSTAGRAM.

DOLLY STAR BLOGGER

REVAMP YOUR BEDROOM FOR LESS THAN $30







Our favourite DIY and style blogger Emily Jane (emilyjane.typepad.com) shows us ways to upgrade your space on the cheap.



There's nothing better than showing off your room when your best mates come around – except maybe hanging out with Ashton from 5SOS. But we know you'd rather spend your cash on tickets to said band than decking out your space, right? Enter: Emily Jane, one of the most stylish and creative Aussie teens to hit the internet. She has drummed up a few clever DIY ideas, all under $30, to help transform your bedroom into all sorts of amazing. And... go!

MAKE-UP BRUSH HOLDER

This is one DIY dream that is not only fun to make, but will also add the perfect touch to any dresser or side table in your room. It's customisable, so you can match it to your colour scheme. Get creative by using a bunch of different shades!

Estimated making time: 1 hour
Approximate cost: $8

YOU'LL NEED:

- 1 glass
- Table salt
- 3 pieces of plain cardboard to work on
- Chalk in 2 tonal colours (e.g. light blue and dark blue)

TO MAKE:

1 Fill a glass with salt (halfway to three-quarters full looks good), then tip it out on to plain cardboard and divide into three equal piles (these will make for the different coloured layers in the glass when you're finished). Move two of the salt piles on to different pieces of cardboard.
2 For the first pile, begin to colour the salt by rubbing over it with the darkest piece of chalk that you have. The longer you do this, the darker the colour will turn out to be.
3 Carefully pick up the cardboard, before curling it into a cone and then pouring the coloured salt into the glass. Give the glass a slight shake to level the salt out.
4 Take both the dark- and light-coloured chalk and colour the second salt pile using a combination of both colours. This colour should look slightly lighter than the previous pile. If need be, add more plain white salt to lighten. Repeat step 3, this time being careful when shaking to level the salt out.
5 Repeat colouring the salt with the lightest coloured chalk only. For this last pile, you will only need a faint colour so press very lightly. Then, repeat step 3 again.
6 Push your brushes into the salt and then you're finished! ➡









PATTERNED PAPER BUNTING TO HANG UP

An oldie but a goodie, bunting is a cheap and easy way to add some serious cool factor to your wall. You can also use it to decorate for any parties and sleepovers you host to show off your crafty skills!

Estimated making time: 30 minutes
Approximate cost: $15

YOU'LL NEED:

- Scissors
- 6 sheets of patterned paper
- Ruler
- Double-sided tape
- 1.5 metres of bias binding (this can be found at a craft store, like Spotlight)
- Sewing machine or needle and thread

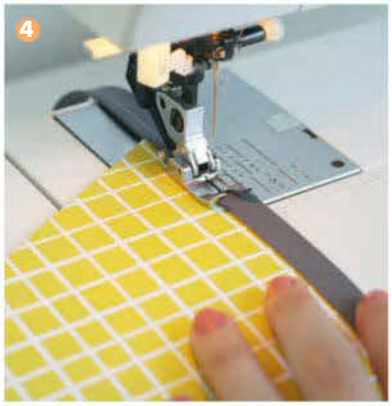
TO MAKE:

1 Carefully cut the patterned paper into 6 triangles, with the base of each triangle measuring 18cm long and the sides measuring 20cm long.
2 Apply one strip of double-sided tape to the bottom of each triangle. This will hold the triangles together in place until you sew them.
3 Find the centre of the bias binding by folding it in half, then measure 3.5cm out. Open the bias binding and carefully stick the first triangle into place. Follow with the rest of the triangles, leaving a gap of 7cm between each one.
4 Sew all the way down the bias binding, securing the triangles into place. Trim the excess threads off, and hang it above your bed or desk when finished.











EMBROIDERED WALL-HANGING

You can customise your wall-hanging to say anything, so let your imagination run wild.
Estimated making time: 1½ hours (depending on your design)
Approximate cost: $15

YOU'LL NEED:

- Embroidery hoop
- White paper
- Lead pencil
- Black marker
- Tape
- A nearby window
- Plain fabric
- Fabric pen or pencil
- Embroidery threads
- Sewing needle
- Scissors

TO MAKE:

1 Place the inner embroidery hoop on to a sheet of white paper. Using a lead pencil, trace around the inside circle of the hoop.
2 Draw your design inside the circle. The neater the drawing, the neater your stitching.
3 Trace over the design with a black marker then tape it on to a window with lots of natural light so you can see the lines. Tape the fabric over the top, making sure it's as tight as possible, then trace the design onto the fabric using a fabric pen or pencil.
4 Lay your fabric on to the inner embroidery hoop then place the outer embroidery hoop over it, tightening the adjustment screws as much as it can go. Using two or three strands of thread, stitch to the design.
5 Once completed, knot and cut the thread off. Flip it over and trim off excess fabric. 😉



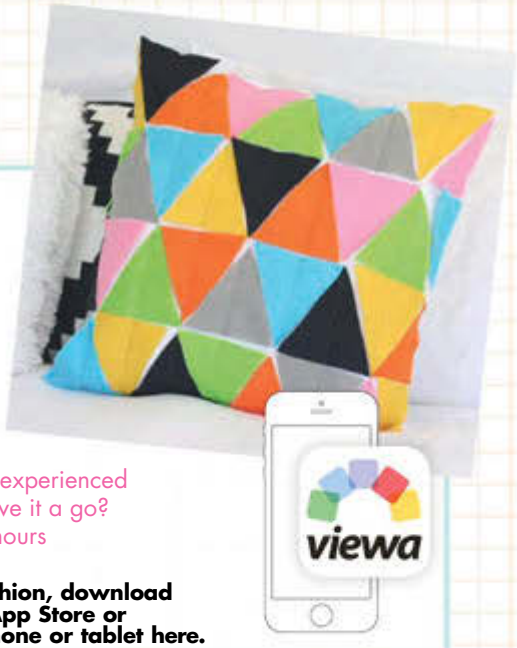






▶ Check out more of Emily Jane's awesome DIY and cute style tips on her blog **emilyjane.typepad.com**.

BONUS DIY FELT TRIANGLE CUSHION



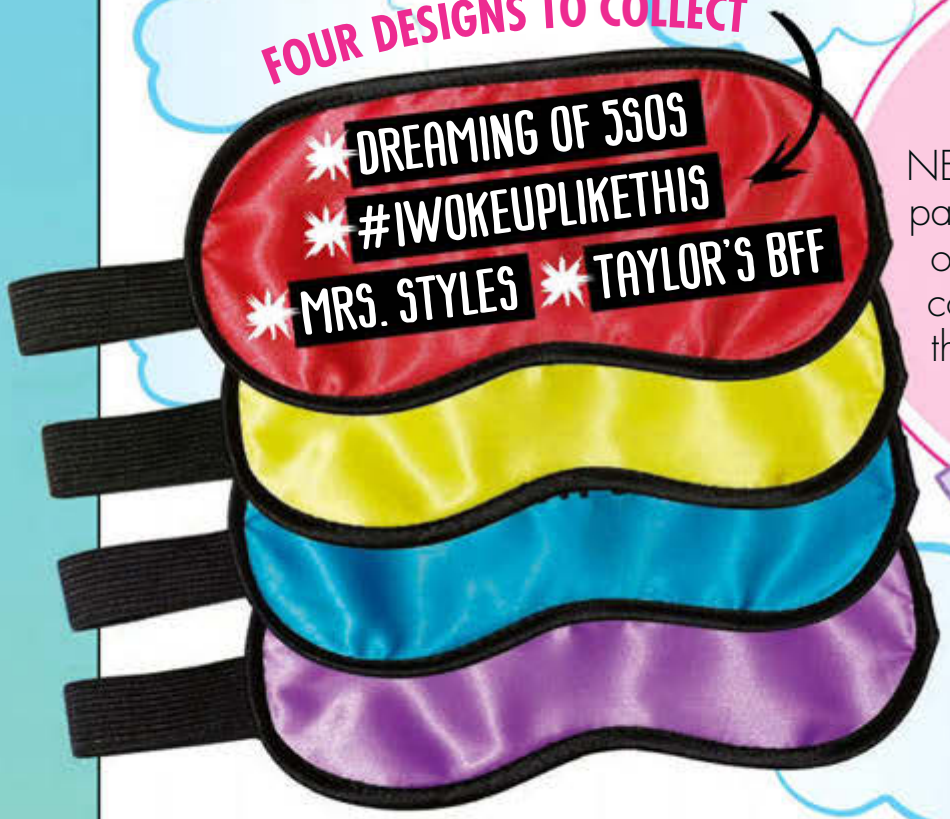
This will definitely add a pop of colour to your room, and the best part is that even the most inexperienced stitcher can make it! Why not give it a go?
Estimated making time: 2 hours
Approximate cost: $30
To learn how to make this cushion, download the free *viewa* app from the App Store or Google Play and hold your phone or tablet here.

WORDS, STYLING AND PHOTOGRAPHY EMILY JANE. **ADDITIONAL TEXT** DANIELLE PINKUS.

NEXT MONTH

GRAB A COPY OF OUR APRIL ISSUE AND RECEIVE YOUR EXCLUSIVE DOLLY CELEBRITY EYE MASK!*

FOUR DESIGNS TO COLLECT



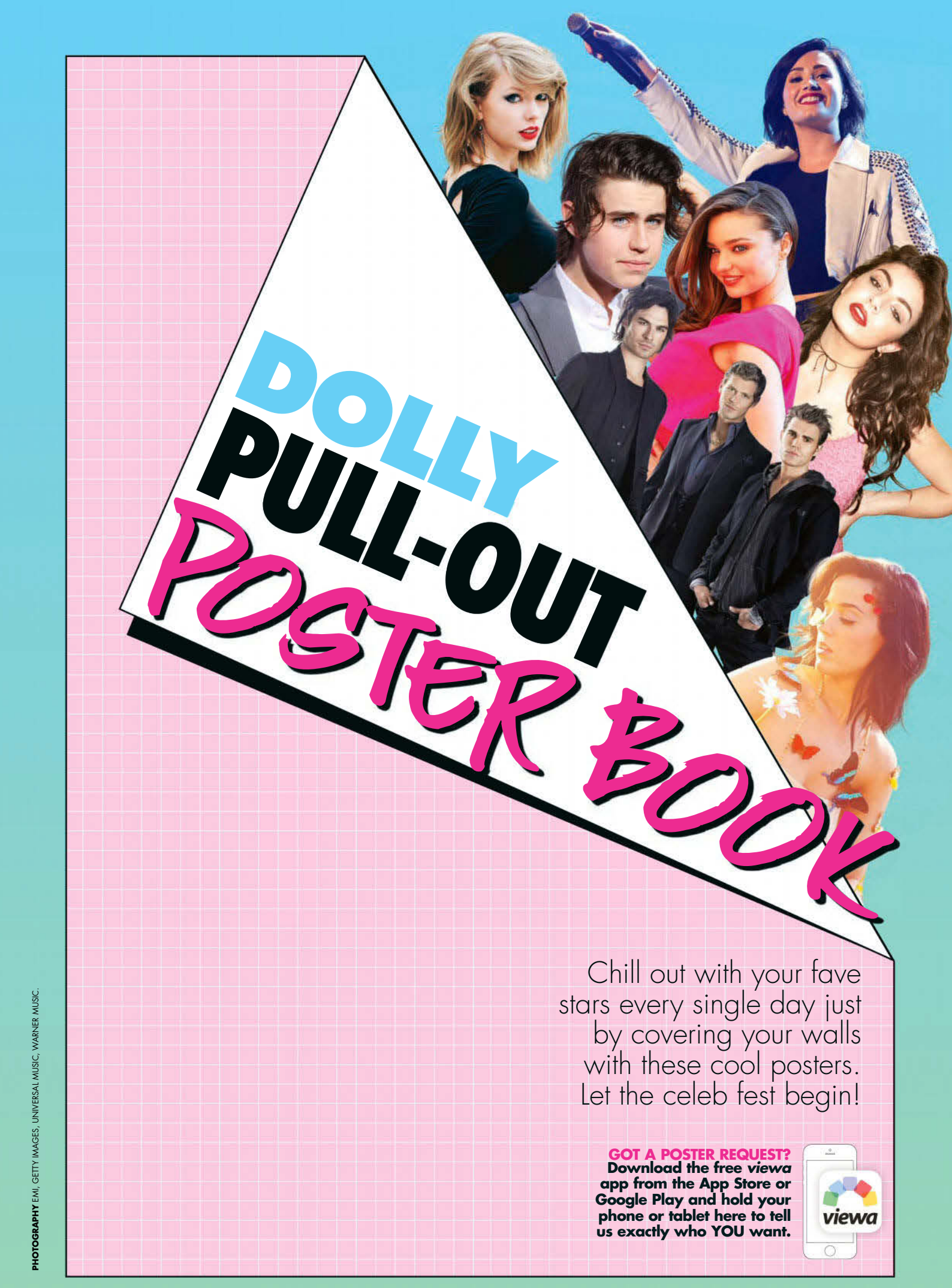
They're baaaack! With four super-cute NEW designs, the hardest part will be deciding which one to pick... so why not collect all four? Only with the April issue of DOLLY.

ON SALE MARCH 9 FOR JUST $7.95

ALSO IN THE MAG...

- **What your crush's texts REALLY mean. We get a boy to tell us everything!**
- **Are you ready to have sex? We answer the difficult questions.**
- **Boredom busters: 20 things to do under $20.**

*Available through most retail outlets in Australia. Subscription copies do not receive gifts offered at retail stores.



DOLLY PULL-OUT POSTER BOOK

Chill out with your fave stars every single day just by covering your walls with these cool posters. Let the celeb fest begin!

GOT A POSTER REQUEST?
Download the free *viewa* app from the App Store or Google Play and hold your phone or tablet here to tell us exactly who YOU want.

viewa

PHOTOGRAPHY EMI, GETTY IMAGES, UNIVERSAL MUSIC, WARNER MUSIC.

MARCH 2015

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3	4	5	6	7
8	9 DOLLY APRIL ISSUE ON SALE!	10	11	12	13	14
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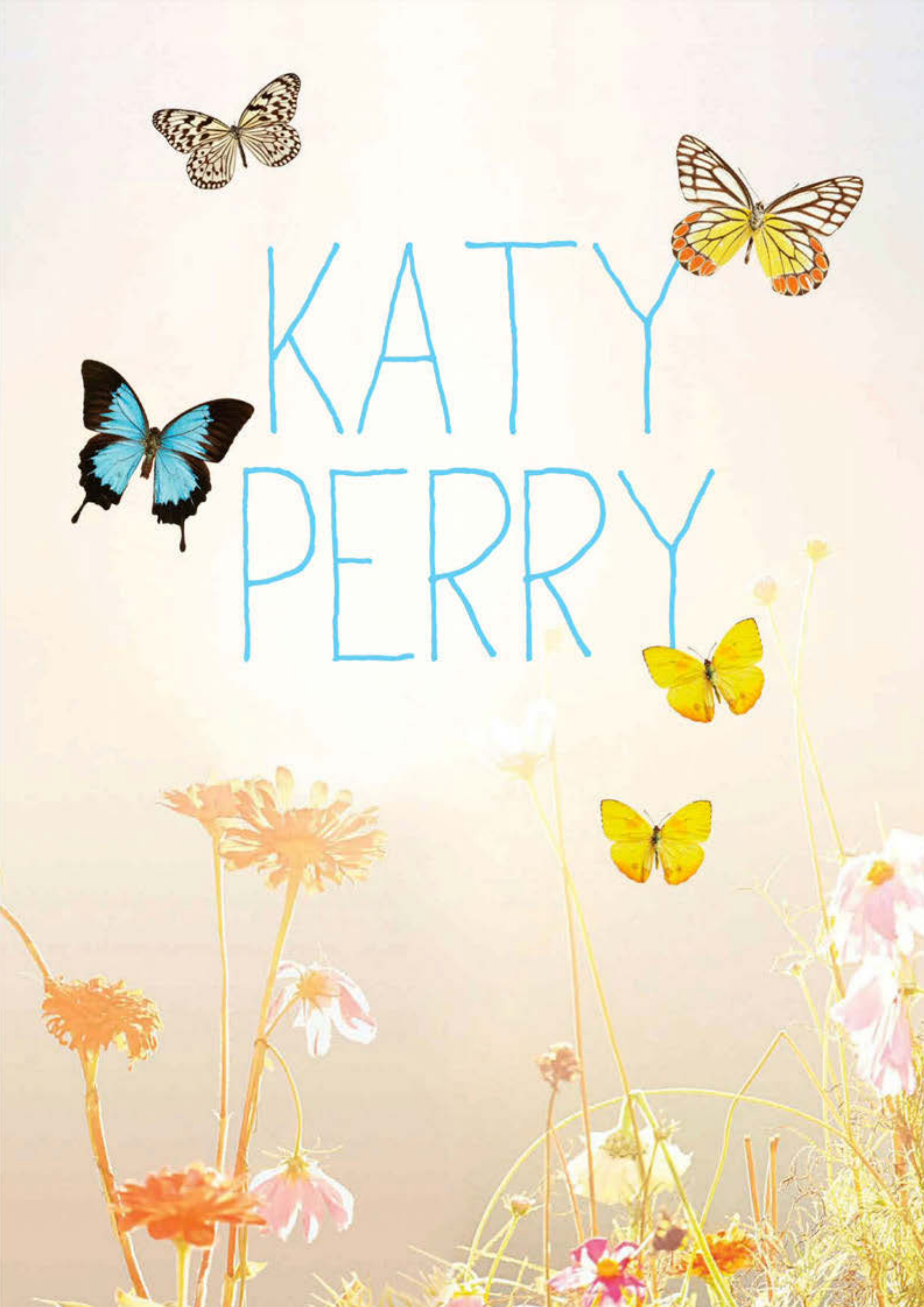
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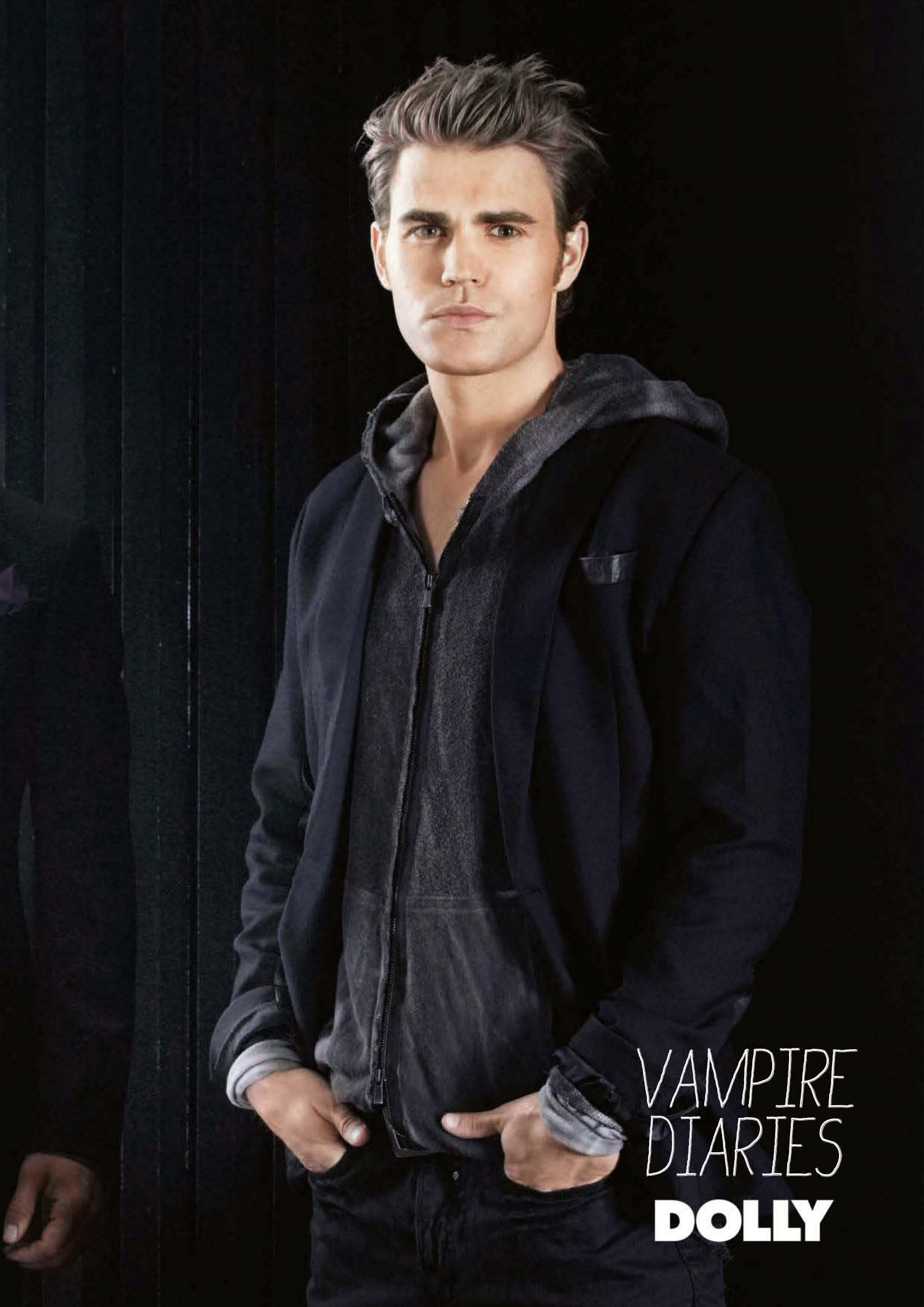



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MANTRAS TO LIVE BY

Whether you cut 'em out or download 'em to your phone, here are some words of wisdom to apply to your life. Right now.

Don't be afraid of being DIFFERENT. Be afraid of being the same as everyone else.

@DOLLYMAG

NEVER LET ANYONE DULL YOUR SPARKLE.

@DOLLYMAG

DATE THE ONE WHO GIVES YOU THE SAME FEELING YOU GET WHEN you see food coming at a restaurant.

@DOLLYMAG

SOMETIMES LIFE DOESN'T GIVE YOU WHAT YOU WANT, NOT BECAUSE YOU DON'T DESERVE IT BUT BECAUSE YOU DESERVE MORE.

@DOLLYMAG

Good friends are like SNOWFLAKES. All different and all amazing.

@DOLLYMAG

WHY CHASE SOMEONE WHEN YOU'RE THE CATCH?

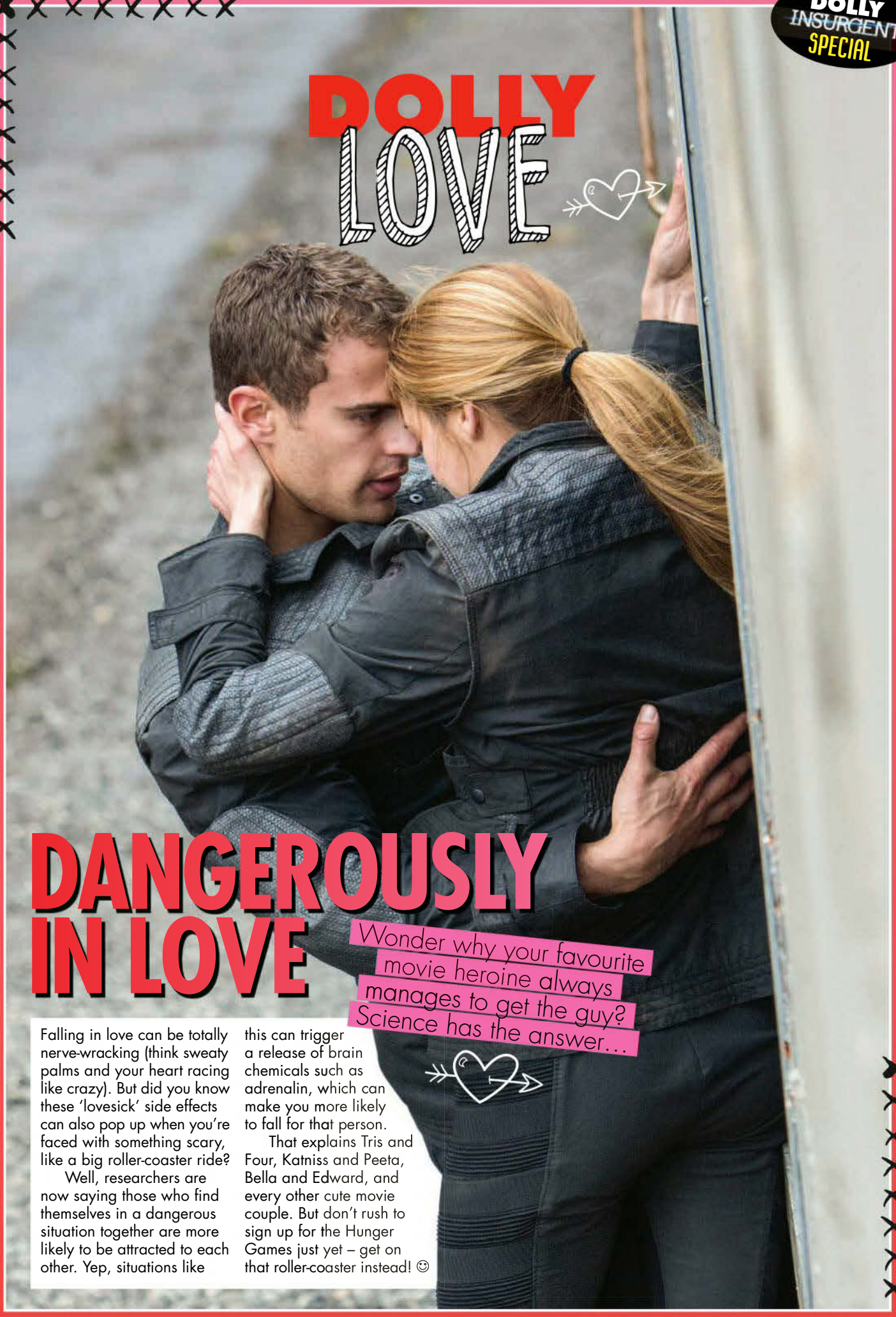
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DOLLY LOVE



DANGEROUSLY IN LOVE

Wonder why your favourite movie heroine always manages to get the guy? Science has the answer...

Falling in love can be totally nerve-wracking (think sweaty palms and your heart racing like crazy). But did you know these 'lovesick' side effects can also pop up when you're faced with something scary, like a big roller-coaster ride?

Well, researchers are now saying those who find themselves in a dangerous situation together are more likely to be attracted to each other. Yep, situations like this can trigger a release of brain chemicals such as adrenalin, which can make you more likely to fall for that person.

That explains Tris and Four, Katniss and Peeta, Bella and Edward, and every other cute movie couple. But don't rush to sign up for the Hunger Games just yet – get on that roller-coaster instead! ☺

WORDS SAMANTHA STEWART. **PHOTOGRAPHY** JAAP BUITENDIJK/SUMMIT ENTERTAINMENT.

OH, BROTHER



He's sweet. He's cute. He's hilarious. He's older. Oh, and he's related to your best friend. Here's how to deal with the most inconvenient crush.

When Jade, 15, realised that she had a crush on Tyler – her best friend's 17-year-old brother – she couldn't believe it. Having known Tyler as long as she could remember, it was hard to deal with the fact she couldn't stop thinking about the guy who'd once capsized her kayak on a joint family holiday. All of a sudden, the boy that used to annoy her and her BFF now gave Jade serious butterflies. It was a crush, alright. An extremely annoying one at that.

BUT WHY HIM? SERIOUSLY... WHY?

"When we have a crush on a person, we can't always choose who it is," says psychologist Janine Rod. "Research has shown there is a combination of chemicals in our brain that entice us to fall in love. Sometimes, it only takes seconds." Throw in the fact you can see your friend's brother or cousin almost as much as you see them and it makes it pretty easy for feelings to develop – especially once you add in that hair, that laugh and that time you saw him trying to hide his tears during *The Fault In Our Stars*.

I LIKE HIM. HE LIKES ME.

You've realised you're crushing hard on your bestie's bro... eek! First things first – check he's into you too. Sure, you might be positive you've caught him checking you out and jumping for that place next to you on the couch, but before you even think about making a move, you need to make sure that your feelings are real. Crushes can be fleeting, so before you take any big steps, give the whole situation a chance to cool down a bit so your heart has time to triple-check it's actually into this guy.

THE GIRL CODE

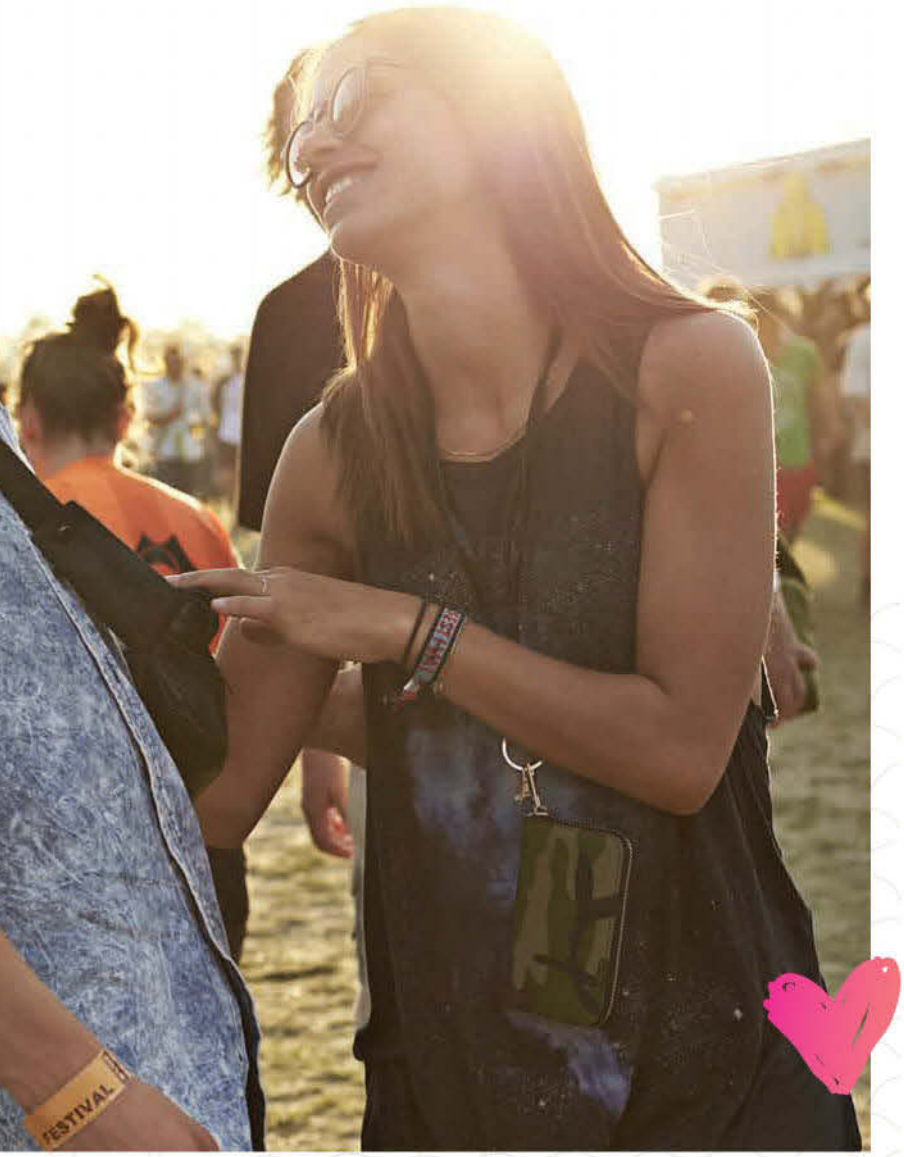
If Gretchen Wieners in *Mean Girls* was correct when she said the rule of feminism is to not go after a friend's ex – another rule would be not going after your friend's relative. Or, at least not going after him until you've spoken to her first. "After you both decide that there are mutual feelings, don't sneak behind anyone's back. Lies cause complications and can create even more problems," says Janine. As exciting as it is to find out that your crush is into you, try to keep your cool and stay logical. Resist the urge to jump straight into something you might wish you waited for.

THE BIG CONVERSATION

If you're feeling super nervous, text your friend and tell her you need to talk to her about something. That way, when you see her she will be expecting you to have big news. "Discuss your feelings with your friend and then get his or her perspective on the situation. Your friend knows her brother best and she might even want to offer advice," says Janine.

However, discussing it with your friend isn't about getting her permission – it's about getting everything out in the open. When Jade spoke to Hannah about Tyler, she had already kissed him, which made things worse. "Hannah felt betrayed. Even if it wasn't her brother, she would have been annoyed if I had started seeing any boy and hadn't told her. Sneaking behind her back made it a million times worse," admits Jade.

Part of being a friend is having trust in one another. If you're honest from the start, she's more likely to be open to the idea of you dating her brother, knowing that she's more important to you than him. "When there's openness, honesty, no secrets and no hidden agenda, there are no misunderstandings," says Janine. So get ready to 'fess up all the details, including when you started developing feelings for her bro and what you want your crush on him to really turn into.



NEXT STOP: HAPPILY EVER AFTER

After the big spill, there are two ways your friend can react: she can be happy for you both – or she can be the complete opposite. "If you are lucky, she may be really happy for you. If she is against the idea, your friend might be upset and even angry," says Janine.

If she doesn't take the news very well, you might need to think about the fact you could potentially be losing a friend here. Try talking to her again about the issue after you have given her some space. The best thing to do, like Jade did, is make your BFF know how important your friendship with her is to you, no matter what. The key is to listen to her and try to see things from her side.

And if she does take it well? Awesome! Now, you just need to make it work. "Try to keep your relationship and your friendship separate," Janine suggests. This means, knowing when you are going to visit your friend and when you're going to the house to see your boyfriend. Try not to get into heavy details about your boyf with your bestie and vice versa. Bring on the fairytale! ☺

WORDS GYAN YANKOVICH. **PHOTOGRAPHY** GETTY IMAGES.

ON-SCREEN SITUATIONS

TAKE NOTES FROM THESE COUPLES, WHO HAD A BFF SANDWICHED BETWEEN THEM.

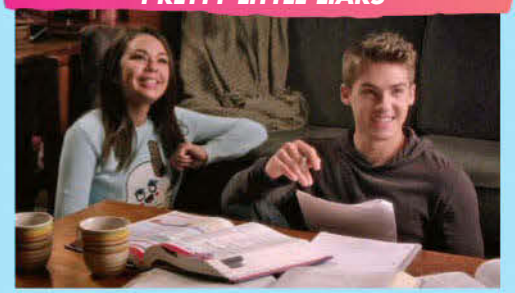
BONNIE AND JEREMY, *THE VAMPIRE DIARIES*





The lesson: Make sure you really want it. Bonnie always puts her friends first and for this reason we all know she must have REALLY loved Jeremy to jeopardise her friendship with Elena. The fact that she's such a good friend is why Elena gave them her blessing.

MONA AND MIKE, *PRETTY LITTLE LIARS*





The lesson: Never start a relationship for the wrong reasons. Beyond the fact that Aria found out about this relationship by witnessing a massive PDA, she questioned Mona's real motive for going out with Mike. Ask yourself: would I still like him if he wasn't my bestie's brother? If the answer is no, stay away.

LET'S GET PHYSICAL



SCOTT STALKING

TWITTER
@Scott_Tweedie

INSTAGRAM
@stweedie

FACEBOOK
ScottTweedie

You can see Scott on *The Loop*, Saturday mornings on Eleven.

This month, DOLLY columnist **Scott Tweedie** has come up with four ultimate boy-friendly dates to win him over.

For the past couple of months, I've been giving out lots of advice about dating, new relationships, figuring out signals and 'playing it right', but I've just had this massive revelation. The revelation came to me as I was sitting around with my mate discussing cricket, the beautiful game that it is, and I realised what the best date would be for a guy. Get ready for it... a sports date!

Now, bear with me. I'm not saying you have to be a professional athlete, or even an overly sporty person. All you need is a good sense of fun. As much as a movie date can be great, if you really want to appeal to your dude's manly-man side, planning a sports date is by far the best way to go about it. Seriously, there is nothing we love more than showing off when it comes to the sporting realm.

#1 THE TENNIS DATE

Tennis is not only a lot of fun to play, it's also often referred to as 'the social sport' (corny, I know). It's social because you can still chat as you play – try doing that while playing water polo. Tennis lets you get both competitive and create a good line of banter with each shot, and hopefully you'll get a good rally in there too. If you're stuck for an amazing date idea, suggest this to the guy you like. To keep the romance going strong, go grab a cheeky milkshake or some gelato afterwards to continue your convo.

#2 THE ROCK-CLIMBING DATE

Here's one for the adventure sport fans, or those of you who want to have a good laugh at your boy being strapped into a harness (yeah, the wedgies suck, but we'll get over it). The rock-climbing date is a good one to suss out each other's sense of humour and love for adventure because not many of us have a lot of experience with a sport like this. Rock climbing is challenging and lets you see a few of each other's crazy quirks, fears and how pumped up you get when you conquer that epic sideways rock!

#3 THE SURFING DATE

I'm a surfer and still to this day find it very attractive when a girl wants to come out in the water to catch a few morning waves with me. Even if you don't catch any at all, a date in the ocean under the Aussie sun is always awesome.

Or, if you'd prefer to leave it to the pros 'cos you fear the worst when it comes to coordination, there's always...

#4 THE SPECTATOR DATE

There are heaps of different sports you can go and watch. Think of this one like a movie, only better! The sport will keep your guy entertained and he'll think it was pretty cool that you considered his interests in planning a date. Plus, it's a good opportunity to impress him with your knowledge of whatever sport you are watching. Trust me, guys love when a girl knows the rules of a game, and if you don't, we get to feel important (and I guess a little smart) when we explain them to you. Let the bonding begin!

So ladies, there you have it – my pick of the best man-friendly dates out there. Let me know what you think and how it goes. Actually, you can thank me later. ☺

STYLING NIKKI LOWE. **PHOTOGRAPHY** ANDREW FINLAYSON/BAUER MEDIA. **GROOMING** GEORGIA HULL/RELOAD.

NEW KID ON THE STREET

Travis Burns has just moved to Ramsay Street and is set to shake things up as bad boy Tyler Brennan. We're crushing.

DO YOU SHARE ANY SIMILARITIES WITH YOUR *NEIGHBOURS* CHARACTER, TYLER?
"We're actually the same age. Tyler is a bit of a ladies' man – I was, but not anymore."

IF YOU COULD DESCRIBE YOURSELF IN THREE WORDS, WHAT WOULD THEY BE?
"I would have to say weird, motivated and fun."

CAN YOU TELL US ABOUT THE NICEST THING YOU'VE EVER DONE FOR A GIRL?
"For Valentine's Day, my girlfriend and I were in America so I thought I'd really go all out. I bought 1,000 rose petals and scattered them across the apartment, as well as 60 candles. I made a video about the trips we had done together, plus I bought two big bouquets of flowers and a few presents. I don't know how I'm going to top it this year."

DID YOU ORGANISE ALL THAT YOURSELF?
"Yep! Beforehand, I took her out for what was meant to be a sunset dinner but there was a lot of traffic so we missed the sunset. I left her in the car while I set it up. It took about 40 minutes so she was getting pretty agitated. It brought tears to her eyes, so that was the best part."

WHEN IT COMES TO LOVE AND MATTERS OF THE HEART, WHAT ARE SOME OF THE QUALITIES YOU LOOK FOR IN A GIRL?
"That's a good question. Honesty is the main thing, as well as a great personality."

WHAT'S YOUR IDEA OF A PERFECT DATE?
"A home-cooked meal and a movie. Very simple."

WHO'S YOUR NUMBER-ONE CELEB CRUSH?
"Can I give you two of them? Probably Jessica Alba and Angelina Jolie." ☺

Catch Travis on *Neighbours*, weeknights on Eleven at 6.30pm.

INTERVIEW NATALIE BABIC.

BOY MEETS GIRL... (AND HER FRIENDS)

We've got four super-simple ways to show your BFFs just how lovely, sweet and oh-so perfect your new guy REALLY is. One, two... swoon!



You've just made things official with your crush and your happiness levels have quadrupled since the two of you kicked things off (cue victory dance). Whether your new beau is a couple of grades above you, goes to a different school or maybe is known as the 'bad boy' around town, you're beyond stoked – but your friends are not as over the moon as you are. What gives?

This is exactly how Astrid, 15, felt when she first started dating Michael, 17. After meeting for the first time at their local surf lifesaving club, the pair fell hard for each other and hit it off like crazy from the get-go. However, because Michael went to a different school, Astrid's group were apprehensive about getting to know him; they didn't know any of his friends or anything about him at all.

Surprisingly, this reaction from Astrid's besties isn't as crazy as you may think – actually, it's pretty common, says Kylie Dunjey, Relationships Australia executive director. "It's quite normal for best friends to struggle to accept and include a new boyfriend," she explains. That said, we've zoomed in on all the crazy love logistics and found four foolproof ways that will make your group of friends adore your boyfriend almost as much as you do. Then, just kick back and watch the friendship fireworks between your group of friends and your guy totally skyrocket!



MAKE THEM MATES BY...

1 FINDING MUTUAL INTERESTS

Psychologist Jo Lamble suggests that you try thinking of some of the out-of-school activities that both your guy AND your pals really like. "Whether it's sport, music or drama, they only need to have one thing in common to bring them closer." If you and your boy can't get enough of hitting the surf and spending days on end at the beach, maybe this is something your BFFs would like to do too. Win-win!

2 TALKING THE (LOVE) TALK

In your eyes, your guy is the very definition of perfect – and the proof is in all the amazing things he does for you on a daily basis. He tells you you're beautiful both inside and out ALL the time, he doesn't hold back on showing you affection in front of his mates and the best part? He thinks your friends are awesome! But why should you be the only one who knows all about this amazing fact? "Don't be afraid to tell your friends how great your boy thinks they are," says Jo. And Kylie agrees, but stresses that you should also "communicate with your group the reasons why you like him and how it is important to you that they make an effort to get to know him".

3 NOT DISHING THE DIRT

Whether you and your crush argue over which YouTube channel is the best one out there or you have had a little bit of a tiff in the past, Jo says that it's sometimes best to keep this kind of trivial stuff to yourselves, especially when you're trying to win over your friends. "Do your best to not air your dirty laundry to your group," she explains. "If you do complain about your boy to your friends, there's no way they will like him." Although, never, EVER forget that if your gut tells you something's seriously up and you need to have a good vent about something full-on, don't be afraid to speak up.

4 HANGING OUT AS A GROUP

You're so loved up that you're spending every possible second with your new boy. And that's cool – just don't forget your pals. "It's natural to get wrapped up in your new relationship, but it's also important to remember to make time for your friends," says Kylie. In this situation, do your best to keep everyone happy; it will pay off majorly in the long run – mostly for YOU. Kylie encourages you to bridge the gap between your boy and your friends with a big group chill-out session. "Hang out altogether sometimes so that they can really get to know each other." Plus, Jo adds, "friends hate being ditched for your crush so make sure you include them in the fun."

GET HIS FRIENDS TO LIKE YOU

Now the shoe is on the other foot: it's your turn to wow his mates. And while we know how ridiculously incredible you are, this bunch of boys might not. But before you break out in that nervous sweat we all get (yes, ALL of us), remember that the most important thing is to always be yourself. Keep cool, calm and collected… and maybe resist giving your guy a massive hit of PDA when his best mate's trying to strike up a convo with you. This will definitely help you clock up brownie points with his buds. Trust us. ☺

WORDS ELLIE MCDONALD. **PHOTOGRAPHY** GETTY IMAGES.

THE EX GAMES



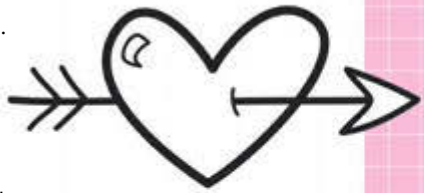
Breaking up is so not fun. But your ex being keen on your friend after the break-up? Ugh, way worse! Mixing exes with friends can be the most awkward thing ever. Luckily, there are ways to make it work...

Did you know Niall Horan hung out with Justin Bieber before going on a few dates with Selena Gomez? Or that Miley Cyrus reportedly had a thing with Kellan Lutz right after she broke up with his mate (and DOLLY fave) Liam Hemsworth? When exes get with friends, life (or the red carpet) suddenly gets really tricky. We all preach the term 'girl code', but what if the wrong guy for you is actually the right one for her? Or the one for you happens to meet your friend first? Yep, this is what we call the Ex Games; they aren't exactly easy to play, but we've got you sorted.

WHEN YOUR FRIEND'S EX LIKES YOU...

It's a tough situation. "Of course, technically, you can date a friend's ex," says therapist and relationship coach Marina Bakker (modernlovesolutions.com). "But what you need to think carefully about is if this is going to add quality to or create chaos in your life." For Jen, 16, this was something she didn't see coming. "My friend had been seeing Matt for a couple of months, but he only hung out with our group a few times and we hardly spoke," she says. "But when they broke up, he started following me on Instagram and sending me all these private message chats. I thought it was a little weird but didn't think much of it... until he asked me out." Yikes.

Jen didn't have feelings for Matt and was able to let him down gently without hurting her friend. Although, sometimes things don't always go so smoothly. What if she DID have feelings for him? "The most important thing here is to let your head guide your heart and not rush anything," says Marina. "Talk about it with your friend first, so you aren't keeping secrets. Also consider how and why your friend broke up with their boyfriend – was it done in a respectful way?" The last thing you want to do is risk a good friendship for a guy who turns out to be untrustworthy, mean and disrespectful. Be really sure of him and your feelings before making any moves.



WHEN YOUR EX IS INTO YOUR FRIEND...

It's already hard enough when your ex is interested in or seeing someone else, but it's even worse when they have feelings for your friend. If you're on good terms with your ex, you probably want them to be happy with someone funny and nice, right? You also love your friends, so you know they're good people. But do you really want them to be together? Hmm, probably not. Emily, 17, found herself in this exact situation. "James and I were together for a year before we ended it, but stayed very close friends," she says. "So close, actually, that he opened up about having feelings for a new friend of mine. She'd moved to our school after we had broken up. While I knew I didn't have a claim on him anymore, it still really hurt."

"Feelings of jealousy can certainly creep up, but try to make a commitment to deal with this situation in a respectful, confident manner," says Marina. "Although it may be a hurtful situation, it has the potential to really teach you a great deal about yourself." Take time out to think about why you feel jealous, angry or sad. You're just going through the very normal, natural emotions of change. And remember that they should always be respectful of your feelings, so let them know your thoughts and ensure no friendships are ruined along the way.

WHEN YOUR FRIEND STARTS TO HAVE FEELINGS FOR YOUR EX...

Hopefully the reason you know about her crush is because she 'fessed up and told you. This means you two have a strong and honest friendship – nice one! But then the awkwardness comes – and this is something Erin, 15, knows only too well. It had been four months since she'd broken up with her boyfriend of six months, Cameron, when her friend Kate revealed she had feelings for him. "I didn't even know they spoke that much," says Erin. "But they had been paired up in a class I'm not in, and it had grown from there." Erin admits things were pretty strange for a while. "I was awkward around both of them at first, but I told her she should tell him how she felt," says Erin. "It turns out he liked her back. I realised I definitely didn't like him like that anymore and saw that they were happy, so it was OK."

THREE'S A CROWD



PRETTY LITTLE LIARS: Remember when Toby and Emily kind of dated before she came out? Now Spoby have been together forevs.



MEAN GIRLS: Cady falls hard for Regina's ex-boyfriend Aaron. When Regina finds out, she gets back with Aaron for revenge.



THE CARRIE DIARIES: We were so peeved when Maggie made out with Sebastian even though he had been with Carrie.



GOSSIP GIRL: Almost every character in the show has been loved up with each other! It began with a love triangle between Nate and besties Blair and Serena. And then Dan.

Marina suggests taking your time to respond to the situation. How you communicate with your friend and your ex needs to be managed carefully now so you don't say things you'll regret. You don't want any feelings to be hurt. "Try not to control her feelings or actions either," says Marina. "If you tell her not to pursue the relationship and she does what you say, she may feel resentful and controlled by you later down the track." If you still have feelings for your ex and know it will be painful to see them together, have a really honest talk with your friend. Put each other's feelings first and then no matter what happens next, your friendship will remain intact. ☺

WORDS RIKKI HODGE-SMITH. **PHOTOGRAPHY** CORBIS.

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DOLLY HEALTH

SPICE UP YOUR LIFE

Tastes good? Check. Healthy? Yup.
Skin benefits? Uh-huh.
And the best part? It's probably already in your kitchen...

CINNAMON

Think cinnamon is only a doughnut flavour? Think again. This super spice has been proven to have anti-bacterial properties, as well as being useful for an upset tummy. Just add a teaspoon of natural cinnamon powder when making your before-school banana smoothie for an instant flavour zing and to boost your immune system.

VANILLA BEAN

It tastes like ice cream AND is good for you? Yes and yes! Vanilla bean contains high levels of antioxidants and anti-bacterial properties, so it's great for your skin, plus it keeps the flu at bay. So next time you bake cupcakes, split the vanilla bean and use the seeds to sweeten up the icing. YUM!

NUTMEG

Not only does it smell great, but this spice is really good for you – inside and out! A teaspoon of nutmeg added to a batch of cookies will give them a tasty flavour and it's also known to be great for menstrual cramps. Plus, nutmeg's anti-inflammatory properties make for an easy, homemade blemish treatment when mixed with honey. ☺

Throw these super spices into some of your own recipes, then show us what you've created by tagging us using #dollymag.

STYLING GRETCHEN WALKER. **WORDS** SAMANTHA STEWART. **PHOTOGRAPHY** PHILLIP CASTLETON/BAUER MEDIA.

SUPERCHARGE

Personal trainer and health coach **Libby Babet** shows



Still eating cereals loaded with sugar and wondering why you're exhausted a couple of hours later? A few changes or additions to your breakfast may be all it takes to get your energy levels up, make your skin glow and boost your overall health. It's not about cutting things out – it's all about adding things in. Make these simple swaps and add-ons to supercharge your day!

IF YOU LOVE... FRUIT-FLAVOURED YOGHURT

TRY... DOLLY DELUXE DIY YOGHURT

You'll need:

- 1 cup of plain Greek yoghurt
- 1 tbsp of chia seeds
- A handful of raspberries
- A handful of chopped up mango
- Shredded coconut, pumpkin seeds or other seeds and nuts, to serve

To make:

1 In a small bowl, stir together the yoghurt and chia seeds. Cover, then leave in the fridge overnight.
2 The next morning, fill a third of a glass or jar with the yoghurt, add some berries, before topping it with yoghurt. Serve with berries, mango, seeds and some shredded coconut.

What's so super about it?

Fruit-flavoured yoghurt you buy from the supermarket has a LOT of sugar in it. But this alternative version has barely any at all and it actually comes from whole fruit, so it's a lot healthier! The added omega-3 fats will help to boost your brain power so that you can get through that really long day at school. Plus, all the vitamins and fibre from the fresh fruit, as well as the nuts and seeds, will keep you feeling fuller for longer.

IF YOU LOVE... SCRAMBLED EGGS

TRY... SUPER SKIN-BOOSTING SCRAMBLE

You'll need:

- 2 eggs
- 1 tbsp milk
- A small piece of ginger, chopped finely
- ¾ bunch asparagus
- Cooking spray
- A handful baby spinach leaves
- Pepper

To make:

1 In a small bowl, whisk together the eggs, milk and ginger until combined.
2 Next, fill the bottom of a medium saucepan with water and bring to the boil. Place a steamer basket on top and put the asparagus into it. Cover and steam for around 5 minutes, or until cooked. (If you don't have a steamer basket, you can steam the asparagus in a microwave).
3 On medium heat, pour the egg mixture into a frypan (spray the pan with cooking oil first) and fold the eggs over each other gently until cooked. The eggs should be fluffy and light-yellow in colour.
4 Serve eggs on a bed of baby spinach leaves and season with pepper, before adding the asparagus.

What's so super about it?

The anti-inflammatory properties of ginger and the health-boosting properties of the greens will help calm down irritated skin and soothe your moods. Not only will you feel good and light, but your skin will look clearer.



YOUR BREKKIE!



IF YOU LOVE... TOASTED MUESLI

TRY... HOMEMADE SUPER MUESLI

You'll need:
- 1 cup plain, rolled oats
- 2 strawberries, cut in half
- 8 almonds
- A small handful of Goji berries
- A small handful of pumpkin seeds
- ½ cup milk (cow, almond, coconut or soy)
- 1 tsp honey

To make:
1 In a bowl, mix together oats and milk.
2 Top with strawberries, almonds, Goji berries and seeds to serve. Drizzle with honey, if desired.

DOLLY tip:
This is yummier and healthier if you soak the oats (or the whole mix!) overnight in coconut water first.

What's so super about it?
It has no dodgy oils, refined sugar or dried fruit (which can cause bloating), lots of extra fibre and antioxidants. Your skin will glow, your immune system will get a boost and you'll feel full, too!

IF YOU LOVE... COCO POPS

TRY... CHOCOLATE SUPERFOOD BREAKFAST SHAKE



You'll need:
- 200g plain Greek yoghurt
- 1 banana (we like to freeze these first)
- 1 tsp of any nut butter (we love almond or peanut)
- ½ cup plain rolled oats
- 1 tbsp raw cacao
- Handful of ice

To make:
1 Blend all of the ingredients in a blender. Serve immediately.

What's so super about it?
This shake has less sugar and more wholegrain carbs, plus plenty of good fats and vitamins. You'll score an energy hit that lasts all morning, as well as an instant mood-boost from the cacao. Delish and healthy!

WANT AN EXTRA SUPERCHARGED HEALTH BOOST?

To get some more greens into your day, try a super-greens powder. Add it to your smoothies or juices, stir it into coconut water or blend it with your yoghurt and half a banana to get a SUPER green hit. Make your daily greens a habit and keep at it for a few months to see how much difference it makes to your overall sense of health and wellbeing. You'll find them in Coles, Woolies or a health store. ☺

For more healthy recipes and great fitness tips for girls, visit Libby's website bottomsupfitness.com.au.

STYLING GRETCHEN WALKER. **PHOTOGRAPHY** PHILLIP CASTLETON/BAUER MEDIA.

EVERYTHING YOU NEED TO KNOW ABOUT KICKBOXING

If, like us, you've been daydreaming about learning how to kick butt like Katniss and Tris for AGES, it's time to make it a reality. Come get us, President Snow.

1 WHAT IS IT?

Kickboxing is a martial art that started in Asia and different forms of it have been around for hundreds of years. It was pretty hardcore: skin-to-skin contact with no padding! Since becoming widely known in the '60s, it's been taken up as a social sport that's more about kicking butt in fitness than actual violence (phew). It uses moves like kicking, punching and sparring with partners, but with padding. Usually choreographed to music, it includes cardiovascular training using skipping rope and a quick combination of moves.

2 WHAT ARE THE BENEFITS?

Kickboxing doesn't mean to brag or anything, but it pretty much has all the benefits you can think of. It's excellent for your fitness and health levels, and also works out your brain. "This is a really good workout," says Dave Shoebridge, instructor at Advanced Martial Arts and Fitness (amaf.com.au). "But the main thing we teach in kickboxing is confidence. We're giving our students the confidence to feel like they can stand up for themselves in all areas of their lives. It teaches discipline and perseverance." This explains why Katniss and Tris are so focused. Of course, discipline isn't just doing what you're told (ahem, Tris...), it's about having the mental energy to get on with a task with total concentration. This is not only going to help you out when you don't want to do another round of left hooks to a punching bag, but will also help you nail that upcoming science test you're worried about – you know, the one you lack motivation to study for.

3 WHAT CAN YOU EXPECT?

First thing's first, don't be put off if kickboxing kind of comes across as a less-techy version of The Training Centre. And no, there won't be any bow-and-arrow skill-testing (sorry, Katniss). Kickboxing classes are usually run at local YMCAs, community halls and boxing gyms. "Basically, in one kickboxing class you'll get a cardio workout, some whole-body strength training and push-ups, so you'll definitely get your sweat on," Dave explains. "As you are working with other people in the class, it's a great place to make new friends." So in the midst of having fun and getting fit, this is one exercise that strengthens certain areas of the body. "You'll feel the burn in your core, butt, abs, as well as around the sides of your arms." Hey, it sure beats the beep test!



PUNCHY PLAYLIST



WARM UP
"Bang Bang" by Jessie J feat. Ariana Grande and Nicki Minaj

THE HARD BIT
"Uptown Funk" by Mark Ronson feat. Bruno Mars
"Come Get it Bae" by Pharrell Williams feat. Miley Cyrus
"Roar" by Katy Perry
"Shake It Off" by Taylor Swift



WARM DOWN
"If Your Lips Are Movin'" by Meghan Trainor
"Geronimo" by Sheppard

GET KITTED OUT



1 Sports bra, $29.95, Cotton On Body. **2 Running shorts**, $19.95, Cotton On Body. **3 Singlet**, $19.95, Cotton On Body. **4 Tights**, $29.95, Cotton On Body.

DO IT AT HOME

DON'T HAVE THE CASHOLA TO DO A CASUAL CLASS AT THE GYM? NO SWEAT! YOU CAN TRY THESE EASY AT-HOME WAYS.

YOUTUBE TUTORIALS:

CINFIT CINDY KICKBOXING WORKOUT STRIKE STYLE Filmed in her actual class, it's just like you're right there in the studio. You'll need a few different props for this one, so it's ideal if you already have small weights and boxing gloves at home.

NETFIT.TV KICKBOXING
This is perfect for beginners as the instructions are done at three levels depending on your ability. And don't worry, they'll go easy on you!

JILLIAN MICHAELS CARDIO KICKBOX
One of the most famous trainers in the world (you might know her from the US version of *The Biggest Loser*) she will take you through the kickboxing paces. Jillian takes no prisoners, but luckily there's a pause button for breaks.

APPS:

KickBoxing – Cardio Workout, $2.49, App Store.

Muay Thai Fighting Fit, $2.99, App Store.

Billy Blanks Tae Bo, Free, Google Play.

Iron Joe Kickboxing Workout, $1.11, Google Play.

YOUR TURN

Do you want to know more about kickboxing and all its awesomeness? Download the free ***viewa*** app from the App Store or Google Play and hold your phone or tablet here.

CELEBS WHO KICKBOX



ASHLEY GREENE
"For *Twilight*, I worked three days a week with a team who taught me to kickbox."



LAUREN CONRAD
"I started more kickboxing, which is really fun. It's like a full-body workout."



ASHLEY TISDALE
"Kickboxing is really amazing because it just works everything at once."



VANESSA HUDGENS
"My mum and I do cardio kickboxing classes together. It's very therapeutic."

WORDS RIKKI HODGE-SMITH. **PHOTOGRAPHY** GETTY IMAGES, THINKSTOCK.

DOLLY DOCTOR

Real questions from real readers.

Q: I'M 17 AND HAVE BEEN WITH MY BOYFRIEND FOR A LITTLE OVER A YEAR. WE'VE BEEN HAVING SEX BUT HAVE ONLY USED A CONDOM A COUPLE OF TIMES. WE TEND TO USE THE 'PULL OUT' METHOD INSTEAD. I GET MY PERIOD REGULARLY, SO I KNOW I'M NOT PREGNANT. BUT I'M WORRIED THAT BY NOT USING A CONDOM NOW WE MAY BE AT RISK OF GETTING DISEASES. CAN I HAVE AN STI WITHOUT KNOWING IT AND GIVE IT TO SOMEONE ELSE LATE IN LIFE? EMILY

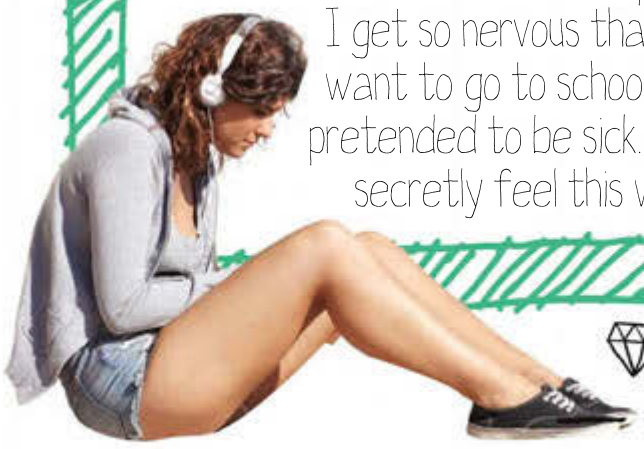


A: **Melissa says:** I would encourage you to look into other ways of preventing pregnancy because the withdrawal method (pulling out before ejaculation) is really unreliable and you can still get pregnant! Condoms are the only method that protect you from STIs. So, if you or your boyfriend have had previous sexual partners and you're both heterosexual, the main STI of concern is chlamydia. You might also like to find out about genital herpes. Chlamydia can be tested confidentially with a urine test and is easy to cure.

HERE'S A GREAT WEBSITE THAT CAN HELP YOU FIND OUT MORE ABOUT STIS:

PLAYSAFE.HEALTH.NSW.GOV.AU/ZIPPER

Q. I am sick of being teased at school about how I look. I find it hard because my family doesn't have a lot of money and on mufti days I am the ONLY one without expensive clothes. I get so nervous that I actually don't want to go to school and have even pretended to be sick. Does everyone secretly feel this way? Anonymous



A. **Christine says:** It is natural to feel this way, but you need to remind yourself of what is really important. Value and appreciate yourself for who you are and not what you look like. How we look, what we wear and what size or shape we are does not determine how special, unique and worthwhile we are as people. Focus on your positive qualities, skills and talents; this can help you learn to accept and appreciate your whole self. A person is much more than just a physical being. Say positive things to yourself every day; when you say something often enough, you start to believe it. Also, try to avoid negative self-talk. Appreciating and respecting all the things your body can do will help you feel more positively about it.

Q: I was at the same school for 11 years but left because of Mum's work. When I moved, my friends ditched me. We were so close – it was the eight of us against the world. Now only four speak to me and the rest seem to hate me. I know this proves who my real friends are but it hurts because I have known them most of my life. I love them so much and I cry myself to sleep every night. Please help.
Amelia

A: **Wendy says:** I am sorry to hear that things have been really difficult for you. It sounds like you were really close to your friends and now things have changed. This is certainly a big loss for you. Have you tried to talk to your friends about how you're feeling? Have you tried to talk to your mum or a school counsellor? Friendships at any age can be stressful, but in teen years it can be even more difficult as friendships are incredibly important. Check out our Making Friends Hot Topic at kidshelp.com.au/teens/get-info/hot-topics for help with what you're experiencing right now.

THE DOLLY DOCTOR PANEL



DR MELISSA KANG
General practitioner & lecturer, Sydney University



CHRISTINE MORGAN
CEO, The Butterfly Foundation



WENDY PROTHEROE
General manager, Kids Helpline



DR CELINA RAPPAPORT
General practitioner and clinical tutor at Sydney University Medical School

GOT A PROBLEM?
Feel free to send all of your anonymous questions to dollydoctor@bauer-media.com.au. And always remember that these are FREE and confidential services.



Q: WHAT DO YOU DO WHEN YOU THINK A FRIEND HAS AN EATING DISORDER? ANONYMOUS

A: **Christine says:** It is important that you discuss your concerns with your friend in an open and honest way, aiming to be non-judgemental, respectful and kind. Show them you are genuinely concerned and avoid blaming anyone (your friend or their family) for the problem. Try to avoid making assumptions about the reasons why. Be supportive and caring, and encourage your friend to seek professional help. Also, be aware that you might find it hard to listen to what they have to say, especially if you don't agree with what they are actually revealing about themselves. Check in with them regularly to see how they are going, and offer ongoing support. You can read more on support programs and direct your friend to the info page at thebutterflyfoundation.org.au/support-programs. ➡



Q: I'M 15 AND I HAVE REALLY OBVIOUS BAGS UNDER MY EYES. THEY ONLY APPEAR WHEN I SMILE AND THEY MAKE ME FEEL PRETTY SELF-CONSCIOUS. I TRY NOT TO SMILE MUCH AND ALWAYS AVOID PHOTOS. I'VE TRIED PRESSING A COLD FACE WASHER ON TO MY EYES (AND EVEN TEA BAGS!), BUT THEY ONLY MINIMISE THEM SLIGHTLY. IS THERE ANYTHING I CAN DO TO REMOVE THEM OR MAKE THEM ANY SMALLER? RACH

A: **Celina says:** Sometimes, the things we don't like about ourselves can hide the things people love about us. People are likely looking at your smile, not the bags under your eyes. However, if you're really worried about them, use a light-coloured concealer to minimise the darkness – go to a make-up counter and ask them for help. Also, get plenty of sleep and NO smoking (that makes your under-eye area saggy and dark). When you smile, people tend to smile back so spread it around. Smiling is wonderful!



COMPILED BY RIKKI HODGE-SMITH. **PHOTOGRAPHY** GETTY IMAGES, THINKSTOCK, BAUERSYNDICATION.COM.AU.

NEED HELP NOW?

WANT TO TALK TO SOMEONE BUT DON'T KNOW WHO TO CALL?

- **If you're feeling upset about body issues (or worried for a friend),** call The Butterfly Foundation on 1800 334 673, visit thebutterflyfoundation.org.au or email support@thebutterflyfoundation.org.au.
- **If you're feeling sad and lonely,** call beyondblue on 1300 224 636 to talk to someone, or visit beyondblue.org.au.
- **If you've got questions you need answered now,** call Kids Helpline on 1800 551 800 or visit kidshelp.com.au.

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FREE YOUR SKIN™
So you want to shave your legs? Step away from the razor!



Q. I am wondering if shaving down there is a good idea? Heaps of my friends say they do it, but I don't. They say I should because guys don't like hair. Is that true? Zara

A. **Celina says:** Do you know for sure your friends shave down there? And if they do, does that make it a better choice for you? It's not necessary to shave for health reasons, and some women do get problems with ingrown hairs later on when they shave. However, it's a personal choice and I can't object. Just ask someone older than your friends like your mum or older relatives to see what they think. They're likely to know from experience and this will also stop you from hurting yourself – razors are sharp! As for guys, each one of them is different. I would say that it's best to base your decision on your personal preferences rather than on what anyone else likes or does.

ALL THOSE SHAVING MYTHS, BUSTED!
Download the free **viewa** app from the App Store or Google Play, and scan your phone here to see how.

Do you want to have your questions answered any time, day or night? Download the free DOLLY Doctor app from Google Play right now!



Q: I'M A BIT CONCERNED... I'M 16 AND HAVE HAD MY PERIOD FOR TWO AND A HALF YEARS, BUT I HAVEN'T EVEN REACHED AN AA BRA SIZE! WHEN WILL MY BOOBS START GROWING? HAVE THEY STOPPED GROWING ALREADY? ALSO, I CAN'T FIND ANY BRAS IN MY SIZE – DO YOU KNOW ANY PLACES THAT SUPPLY BRAS FOR SMALLER GIRLS? ELLEN

A: **Melissa says:** It sounds like puberty has been proceeding naturally for you, with your periods starting at the average age and your breasts still growing. Breasts can grow for several years, but their growth slows once your periods start. You might just have naturally small breasts, which could be genetic. It could also be related to being a healthy weight and not having much fat in them. If you have any concerns that your development is not OK, then see your GP for an assessment. You could try wearing sports bras, which don't tend to have cup sizes. You could also ask your mum about her own development and for some help in finding an appropriate store with bra fitting.



Q. I am 17 and I sweat a lot. I can't wear tops that are colourful or tight on my underarms. My wardrobe consists of black and white singlet tops or loose jumpers. I am keen to express myself through fashion but just can't due to my clothing limitations. I have to say, this really affects my self-esteem, especially when I know the sweat patches are so visible. I have already tried sweat-resistant deodorant, talcum powder and even hairspray to stop it but it won't stop. What do I do?! Lauren

A. **Celina says:** Don't despair, you're not alone in experiencing this. Along with other weaker clinical-strength antiperspirants, there is one called Driclor, which you can pick up from the chemist. There is also a thing called an iontophoresis machine you can use when you're at home to help excessive sweating. It uses mild electrical currents to run over your skin's surface to thicken the skin layer and then block excess sweat. Also, try talking to your local GP and have your general health checked out. Ask them for a referral to a dermatologist and then you will be on track to expressing yourself through fun fashion in next to no time! ☺

At least until you've watched this video: shavewithshikita.com
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FREE YOUR SKIN™

REPORT

AM I GAY?

DOLLY looks at what it means when you like girls more than boys.



Between school, parents, friends and parties, sometimes life can be ridiculously confusing. And when you start to think about your sexuality on top of that, well... that's a whole other level of head trickery! Sexuality, like your personality, evolves over time and questioning who you're into is a totally normal thing to do. So if you're stuck wondering whether you are gay, straight or maybe somewhere in between, you should take comfort in knowing a bunch of other people are wondering the exact same thing.

WHAT IS BEING GAY?

"Being a lesbian means you're someone who is sexually and emotionally attracted to other females," says sex and relationships counsellor Somerset Maxwell (somersetmaxwell.com). But it's not always this black and white. It's quite common to have fantasies or an attraction to other girls without being a lesbian; in fact, most women at some time or another throughout their lives let their minds go there. However, it's important to figure out for yourself if your feelings are friendship-based or maybe something a little more.

This is like Jodi, 15, who started fantasising about girls two years ago. "For so long I thought there was something wrong with me when all my friends were talking about guys and I couldn't stop thinking about girls," she says. "I felt like such an outsider, I kept trying to stop thinking about girls but I couldn't!"

When you're super close to your BFFs, it's also easy to get your feelings confused. Do you love your friend or love-love your friend? "My friend Sasha and I have always been really close," says Natalie, 16. "But I started to realise I was dreaming about kissing her and I thought about her sexually, I didn't think of her as just my friend anymore… she was my crush."

WHAT DOES GAY LOOK LIKE?

It looks just like you! Being a lesbian doesn't change anything about your appearance, the way you dress, talk, walk… nothing. "There are stereotypes, like lesbians have short hair and never wear dresses, but that's completely ridiculous," Somerset says. It's just like your star sign. No-one dresses like a Gemini or an Aquarius – you can't tell! "When I came out, I thought I'd have to be less girly," says Nicole, 17. "But being a lesbian doesn't change anything about me except who I want to date – that's it."

IT'S TOTALLY OK

"Growing up is all about coming into your own and figuring out who you are," Somerset says. And with your body changing and hormones flowing, it can be hard to tell the difference between sexual attraction and liking someone as a friend. Sexuality is also pretty fluid, which means that you could be a lesbian, straight, bi-sexual or you could slide anywhere between them. Some people know they're a lesbian from a very early age and others discover it as they go along, but either way you can't help who you're attracted to. "Don't pretend to be something you're not, you deserve to be happy – no matter who you fall for," Somerset tells us.

WHEN YOU'RE READY TO OPEN UP ABOUT IT…

If you're struggling to figure out your sexuality, it's vital that you turn to someone you feel comfortable with and really trust. It could be a parent, teacher, friend, school counsellor or maybe someone from a trusted website. Because even though you might feel alone, there are many, MANY people just like you, all going through the exact same thoughts and feelings. "I was convinced I was the only one who was confused about who I wanted to hook up with," says Talia, 14. "But I went to a website and that's where I realised there were so many people I could turn to with my questions."

And remember, you don't have to announce your sexuality to anyone until you feel completely ready. "Your preference is your own personal business and you're under no pressure to let people know until you are ready to talk about it," Somerset advises.

COMING OUT

"When people talk about coming out of the closet, they mean that they are telling people they're gay," Somerset tells us. When you start to listen to your feelings and figure out your sexuality, you'll realise that whatever you decide, it's totally fine. "You don't have to rush to decide how to label yourself right now. Sexual identity develops over time," says Somerset.

And it's totally true! Take all the time you want and need to figure out who you are and exactly what you're into. When you decide to tell people, no-one should ever make you feel bad about yourself. Your true friends are the ones who will love you no matter what. "Start by explaining how you are feeling and that you need someone to talk to," Somerset says. If you're a bit worried about their reaction, you can always float the idea by saying "a friend of mine…" and then just explain the situation to them. ☺

IF A FRIEND COMES OUT TO YOU

Congratulations! To this person, you are a trustworthy and understanding confidante. Just imagine how scared your buddy must be feeling, so here's some advice for when a loved one tells you they're gay:

- Don't interrupt. Sit and calmly listen.
- Let them know that you're there for them.
- Be sympathetic and understanding.
- Respect their privacy. If they ask you not to tell anyone, then don't (unless you're worried about their wellbeing, in which case you should let a trusted adult know).

NEED-TO-KNOW INFO

You have the right to decide what you call yourself – that's if you even want call yourself anything!

Sexuality: Your sexual orientation or preference.

Heterosexual/straight: You are emotionally and sexually attracted to guys and you don't have sexual or romantic feelings for girls.

Bisexual/bi: You are emotionally and sexually attracted to both guys and girls.

Homosexual/lesbian: You are emotionally and sexually attracted to girls.

CLICK HERE

WANT TO TALK TO SOMEONE ABOUT HOW YOU'RE FEELING? HERE ARE SOME GREAT PLACES TO START:

→ **itgetsbetter.org**
→ **twenty10.org.au**
→ **minus18.org.au**

WORDS MILLIE CHANDLER. **PHOTOGRAPHY** GETTY IMAGES, THINKSTOCK.

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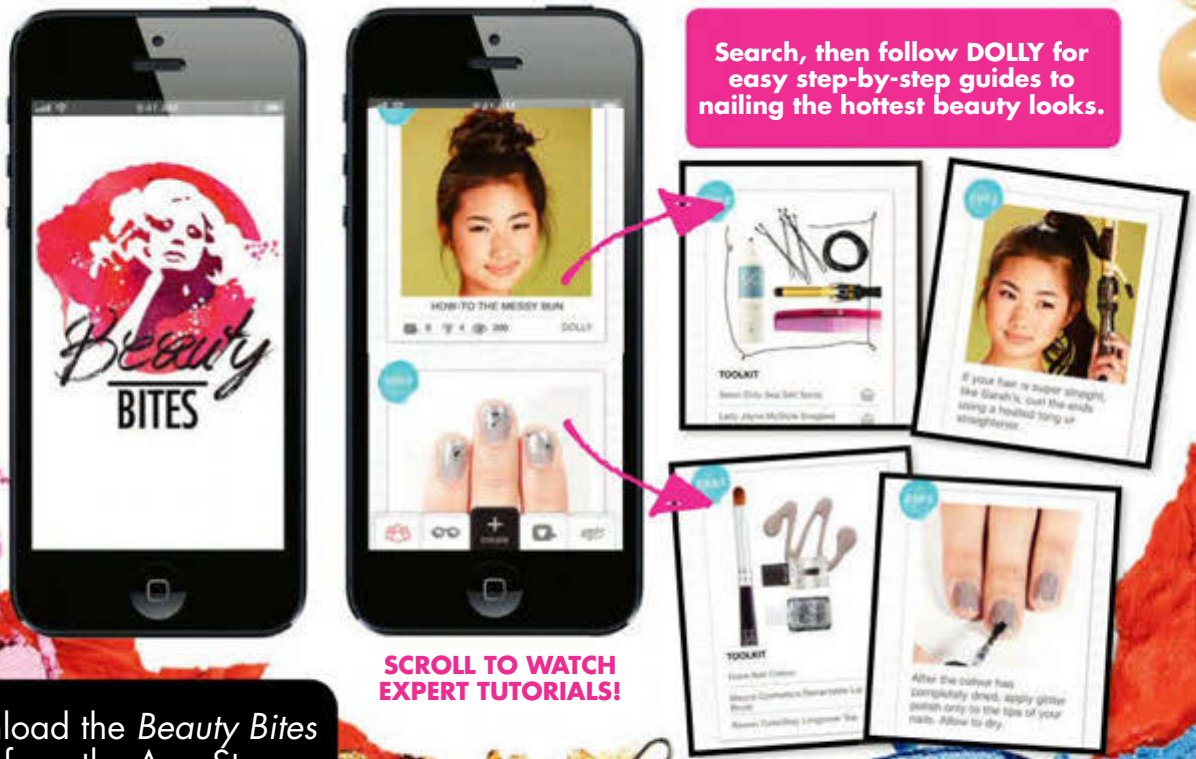


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DOLLY LIFE



"With FREEDOM, BOOKS, FLOWERS AND THE MOON, WHO COULD NOT BE HAPPY?"

– OSCAR WILDE

PHOTOGRAPHY GETTY IMAGES.

THE FIELD GUIDE TO PARENTS

We've delved into each species of parent to help you identify your folks!



SPECIES: THE GENERAL

On-screen example: Veronica Hastings *(Pretty Little Liars)*

IDENTIFYING BEHAVIOUR: Easily the most feared species of all, The Generals are the parents that enforce strict rules that you (and even your friends) wouldn't dare to break. You don't want to be grounded!

NATURAL HABITAT:

- Rocking up to your bestie's house when they call, insisting you come home immediately to get started on your homework... on the weekend.
- In your teacher's office, demanding they assign you more homework to prepare you for uni. That'll make your classmates love you... not!

HOW TO LIVE HARMONIOUSLY WITH THEM: "Parents, teens and rules are not often a great mix," Stefanie Schwartz explains child and adolescent clinical pyschologist (groupworx.com.au). "Your parents will always set ground rules, but if you feel the rules are not fair, think of a compromise. Your parents will always be more willing to entertain a change in rules if you have thought about it beforehand and presented it to them rather than blowing up and having a fight."

SPECIES: THE PEERENTER

On-screen example: Phil Dunphy *(Modern Family)*

IDENTIFYING BEHAVIOUR: You'll recognise The Peerenter (those who think like a parent but instead act like a peer) by the way they interact with their own children, treating them as one of their BFFs. The Peerenter makes a strong effort to always stay up-to-date with all the latest trends, hottest gossip and coolest jams in order to relate to their child.

NATURAL HABITAT:

- Sitting on your bed every afternoon after school asking about your day with phrases like "So what's the happ'?" Meanwhile, you facepalm yourself so hard it leaves a massive red mark on your face.
- Stalking your Facebook and Instagram pages (including your crush) and leaving embarrassing comments on all of your pics and status updates. They also love sending friend requests to your buds.

HOW TO LIVE HARMONIOUSLY WITH THEM: "There are some parents who want to do as well as participate in everything you do. It's not to watch over you necessarily; it's just because they want to be your friend and see themselves as 'one of the gang'," explains Stefanie. "Feel confident enough to address this with your parents by explaining that you enjoy spending time with them, but also need to have a part of your life that is separate to them."



SPECIES: HELICOPTER PARENT

On-screen example: Kris Jenner *(Keeping Up With The Kardashians)*

IDENTIFYING BEHAVIOUR: A common species who are known to constantly hover around their own offspring, picking at their every movement. They will more often than not offer hints and suggestions that may come from love, but are bound to drive you bonkers.

NATURAL HABITAT:

- At the shops, crashing your day with the girls by bumping into you and insisting on tagging along.
- Sitting a few rows behind you and your date (not so discreetly) to keep an eye on you and make sure there is no 'funny business. So awkward.

HOW TO LIVE HARMONIOUSLY WITH THEM:

"You may find your parent is over-involved in every aspect of your life" says Stefanie. "Remind them that you are maturing and need to try things out on your own. Sometimes that might mean you make mistakes. Show your parent they don't need to be over-involved by taking ownership of new tasks and proving to your parent that you are reliable and trustworthy."

SPECIES: THE PASSIVE PARENT

On-screen example: Marge Simpson *(The Simpsons)*

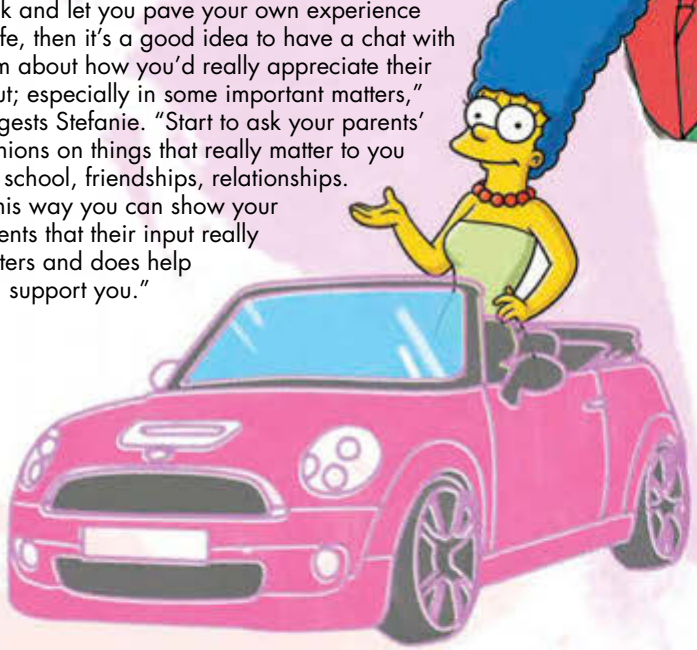
IDENTIFYING BEHAVIOUR: They guide their children from afar, combatting their personal problems with loving words of wisdom and a warm hug but making sure that they are not too heavily involved in their kids' lives. It may be that sometimes, they aren't really involved at all.

NATURAL HABITAT:

- Dropping you off at a party and giving you a mild lecture about right and wrong, but trusting that you'll be responsible. If something goes badly, you always call.
- Offering you brief vague, mumsy advice on your current situation based on 'When I was a little girl' stories, but leaving you to figure out a solution on your own.

HOW TO LIVE HARMONIOUSLY WITH THEM:

"If you find your parent is one who tends to sit back and let you pave your own experience in life, then it's a good idea to have a chat with them about how you'd really appreciate their input; especially in some important matters," suggests Stefanie. "Start to ask your parents' opinions on things that really matter to you like school, friendships, relationships. In this way you can show your parents that their input really matters and does help and support you."



ILLUSTRATIONS BY LISA MOSES. Check out her work by clicking lisamoses.net



SPECIES: HIPSTER PARENT

On-screen example: Rufus Humphrey *(Gossip Girl)*

IDENTIFYING BEHAVIOUR: A rare species, Hipster Parents are known to jump on the band wagon of new-age theories and lifestyles that they bring to their household. But while they may seem laid-back and cool, take caution when approaching as they are passionate about their causes and won't take no for an answer.

NATURAL HABITAT:

- In the kitchen, making you and all your friends soy milkshakes and giving everyone a recap of a recent rainforest documentary they watched on TV.
- Chaperoning a school dance in 'trendy' clothes like tie-dye and paisley prints, and trying to talk to everyone. You pretend you have no idea who that wacko is.

HOW TO LIVE HARMONIOUSLY WITH THEM:

"Relationships between teenagers and parents are not a 'one size fits all'," says Stefanie. "There are lots of different parenting styles so it's important that you give your parent's ideas a chance. However, if you feel as though their ideas really don't 'fit' or 'work' for you, then address with this them. Make sure you make it clear what it is that bothers you about their ways." ☺

WORDS MATTHEW GALEA. **ILLUSTRATION** LISA MOSES. **PHOTOGRAPHY** GETTY IMAGES, NETWORK TEN.

MORE MONEY,

MONEY CAN BE A COMPLICATED THING, ESPECIALLY WHEN IT COMES BETWEEN YOU AND YOUR FRIENDS. HERE, WE SORT YOUR CASH CONFLICTS.



Money drama is one of those things that can turn even your sweetest mate into Cinderella's evil stepmother. Imagine losing a good friend over something as minor as not paying them back for a can of Coke? It sounds crazy, but something which may not seem like a big deal to you could be a pretty sensitive issue to somebody else – and vice versa. So, rather than going totally hush-hush on issues involving cash, we think that you should take the high road and sort them out, even if it's a bit awkward at first. This is our guide to fixing your sticky money situations.

MONEY WORRY #1

YOUR FRIEND BORROWED MONEY AGES AGO AND STILL HASN'T PAID YOU BACK.

THE SOLUTION: It's not nice when you're left searching for spare change at the bottom of your school bag to buy an afternoon finger bun when you know you're owed money. But firing up over it will only cause a rift with your BFF and staying silent is guaranteed to make you feel cheated. Instead, pitch a friendly reminder to your friend with no pressure or hard feelings.
TRY THIS LINE: "Hey, it was a while ago, so you might have forgotten, but you borrowed that money off me for [insert item here] and I'm wondering if you could pay me sometime?"

MONEY WORRY #2

THEY NEVER WANT TO SPEND MONEY AND IT'S GETTING IN THE WAY OF HAVING A GOOD TIME.

THE SOLUTION: It's definitely annoying when a friend won't reach into her pocket to buy a ticket for the fun park even though she can more than afford it. But rather than letting it boil over into a fight, let her know the impact this has on the times you do hang out.
TRY THIS LINE: "I like spending time with you but we have different ideas of how we like to spend our money. Is there something else we could do when we hang out that would make you feel a little more relaxed when it comes to money?"

MONEY WORRY #3

YOUR FRIENDS ARE ALWAYS BORROWING MONEY FROM YOU.

THE SOLUTION: As much as you want your mate to join in on all the fun, you're not a bank! Constantly shelling out for their social life will just make you feel resentful. Try and fix the situation before you get too unhappy and start avoiding them.
TRY THIS LINE: "Hey, it's getting a bit awkward for me always having to lend you money. I'm wondering if next time we head out you could make sure that you have your money sorted beforehand. Or maybe we can do something that doesn't cost very much? I just don't always have enough to spot you."

WORDS DANIELLE PINKUS. **PHOTOGRAPHY** BAUERSYNDICATION.COM.AU

MORE PROBLEMS



MONEY WORRY #4

YOUR FRIEND CAN'T AFFORD YOUR GROUP'S WEEKEND PLANS AND YOU'RE KIND OF WORRIED SHE MIGHT FEEL LEFT OUT.

THE SOLUTION: This one's easy! If you know that she's tight on money at the moment, make plans for some free fun later that week (see below for our suggestions). Also, make sure you've got a mix of plans with your group that aren't always so pricey. Maybe others are struggling with cash too but just haven't said anything.
TRY THIS LINE: "It is a shame that you can't come, I'd love to see you there and it won't be the same without you. But don't worry, it's no biggy. We can catch up this week. How about we go to [insert fun free event here]?"

MONEY WORRY #5

EVERY TIME YOUR FRIEND OFFERS TO PAY FOR SOMETHING, THEY ACT ALL ANGRY AFTERWARDS EVEN THOUGH THEY SAID IT WAS FINE.

THE SOLUTION: The way people treat money can be a bit of a riddle. If your friend isn't assertive enough to come out and tell you their feelings, base your behaviour on how you feel. If their angry response makes you feel awkward, stop them from paying even when they offer.
TRY THIS LINE: "I don't want you to pay, I know you say it's fine but I feel uncomfortable anyway, so let me get it." ☺

MONEY WORRY #6

YOU CAN'T AFFORD TO GO TO AN EXY CONCERT ALL OF YOUR PALS BOUGHT TICKETS FOR AND YOU DON'T WANT TO LOOK LAME.

THE SOLUTION: Remember, if your friends are going to judge you because you don't have the same amount of cash as they do, they are pretty mean mates to have!
TRY THIS LINE: "Sorry, I would really like to go with you but I just don't have the cashflow right now." Or if you feel really self-conscious about the situation, make up a little white lie and say you're busy with a family thing that night.

FREE FUN TIMES

DON'T HAVE A DOLLAR IN THE BANK? TRY OUT ONE OF THESE COOL IDEAS:

1. Raid your mum's pantry at home and host a baking party at yours. Fun fact: free baked treats will taste 100 per cent more delicious than goodies from a cafe.

2. This one's for you adventure fans. Look up an epic bushwalking track, pack a good lunch and some snacks and turn nature girl for the day. We've tried this one ourselves and it's become a bit of a thing at DOLLY.

3. Look up a YouTube yoga class (try one by eFit30, **youtube.com/user/efit30**). Meet your pals in the park for a sesh. Take protein bliss balls as a reward.

COULD INSTAGRAM HELP YOU SCORE A JOB?

Absolutely! If you've recently applied for an after-school gig, your future boss could be scrolling through your feed RIGHT NOW. Here's how to stand out from the crowd.

Attention everyone with a public profile: your life is officially as open as the DOLLY magazine in front of you! Yep, everyone can check out what you post, including the companies you're hoping to work with. For your potential employer, finding you on Instagram and scanning your account is an easy way to see if you're a good fit before they even ask you in for an interview. So here's what hiring managers at two of Australia's coolest retailers like to see in a candidate. Meet Nicole Dyson, the retail operations manager at Supré, and Jo Barr, the recruitment and operations manager at Cotton On.

INSTA TIPS FOR JOB HUNTING

1 Post your interests. If you're interested in landing a job in a particular field like fashion or food, showcase this in your feed.

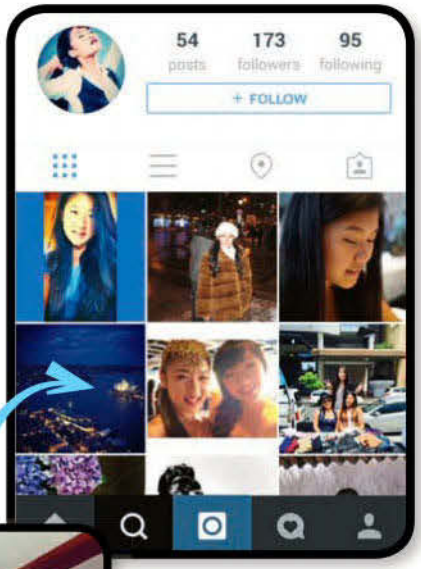
2 Show your best self. Make sure that your account portrays the awesome person you really are! Ditch any posts that are negative, discriminatory or at all offensive, and swearing is a definite no-no.

3 Bullying is not on. Focus on positive conversations in your comments. If someone happens to post something inappropriate about you or someone else, delete the post stat. You don't need it on your feed!

WORDS DANIELLE PINKUS. **PHOTOGRAPHY** CARINA LAUREN CHONG.

✓ EMPLOYERS LOOK FOR:

YOU'RE NOT THE ONLY ONE WHO CAN SPOT A PICTURE-PERFECT SELFIE A MILE OFF. NICOLE AND JO WEIGH IN ON ONE READER'S INSTAGRAM ACCOUNT AND TELL US WHY HER PICS WILL HELP GET HER A JOB. FASHION AND FRUIT INCLUDED!



"This Instagrammer looks like she has a keen interest in the fashion industry, something we look upon favourably when hiring." ***Nicole***



"Her interest in fashion is a great asset, as she would love working with our products and seeing the new trends come in-store." ***Jo***





"She seems to be looking for the beauty in things – her travels, her food, her friends – which is something we really admire. A positive attitude and outlook is something we always encourage in our teams at Cotton On Group." ***Jo***





"I really like her Instagram profile. It shows a creative individual who enjoys sharing memorable moments with her close friends." ***Jo***

✗ WHAT NOT TO DO

THERE ARE ALSO SOME POSTS THAT COULD LAND YOU SQUARELY IN THE 'DO NOT HIRE' PILE.

SWEARING: "Cursing, racist and defamatory comments are definitely not on. We want employees who treat customers and colleagues with respect, and people who we can trust in the store." ***Jo***

BEING RUDE: "Negative commentary on any posts is a big red flag! At Supré, we don't support negative comments or language – we much prefer to use something more uplifting to embrace our ongoing 'Girl Gang' message." ***Nicole***

ACTING UP IN PHOTOS: "Suggestive and inappropriate images don't give me a positive vibe and often send the wrong message." ***Jo***

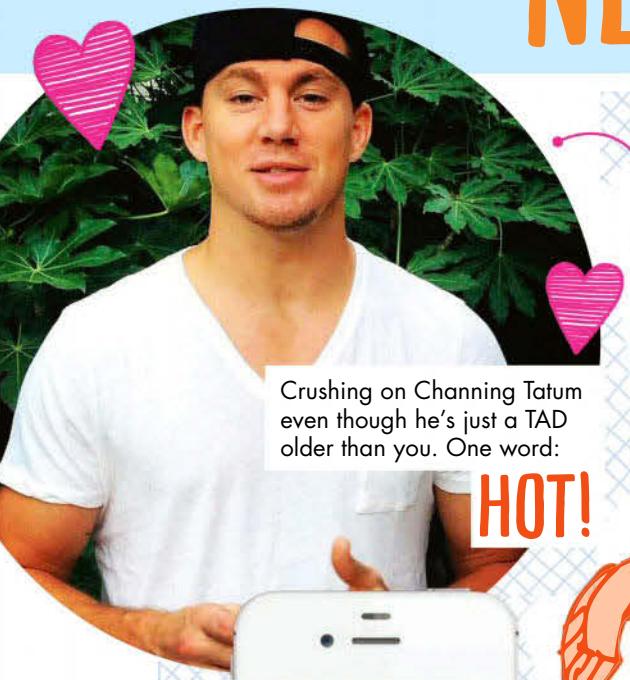
LOOKING MOODY AND DIFFICULT: "We look for images of girls having fun with friends and family, or images that show an insight into her interests, rather than unfriendly-looking selfies." ***Nicole***

WORDS OF WISDOM

A picture really can tell a thousand words. That's why potential employers have started using social media to screen candidates, like the one pictured here. "With limited information and without a résumé to accompany her personal profile, the pics show someone who seems adventurous, happy and friendly – qualities we look for," says Nicole. "Her Instagram includes snaps of her travels, moments with her girlfriends, as well as a genuine interest in fashion. I would definitely be interested in hearing more from her, pending the sighting of a CV, of course."

Most employers will be looking for a 'good fit' with their team and the company's values. "We look for individuals who reflect our six values: fun, entrepreneurial, keeping it real, engaged, ethical and family," says Jo. You never know what kinds of opportunities can come from your casual after-school job. Showing your best self on social media could be the first step in the right direction for your future career! "Some of our senior managers started with us as casual sales assistants," Jo says. "Through hard work, dedication and love for our values, they have thrived – and so have their careers." ☺

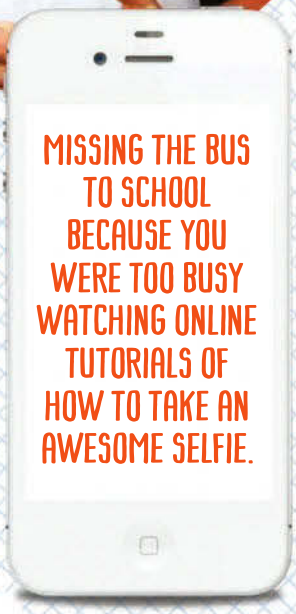
5 THINGS YOU SHOULD NEVER FEEL GUILTY ABOUT



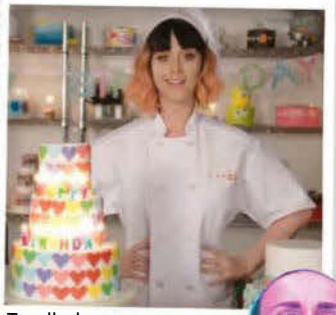
1 Crushing on Channing Tatum even though he's just a TAD older than you. One word: HOT!



2 GETTING DISTRACTED FROM YOUR MATHS HOMEWORK TO WATCH 5SOS' "SHE LOOKS SO PERFECT" FILM CLIP ON YOUTUBE. OVER AND OVER AGAIN.



3 MISSING THE BUS TO SCHOOL BECAUSE YOU WERE TOO BUSY WATCHING ONLINE TUTORIALS OF HOW TO TAKE AN AWESOME SELFIE.



4 Totally busting out to Katy Perry's song "Birthday" in public.





5 Having eleventy billion screenshots of baby goats on your phone. They will come in handy. Err, one day.

Tell us something a bit crazy you've done recently using @dollymag and #dollyfivethings. Don't hold back!

WORDS ELLIE MCDONALD. **PHOTOGRAPHY** GETTY IMAGES, INSTAGRAM, THINKSTOCK.

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IN THE DRIVER'S SEAT

Getting behind the wheel can be one of the most awesome and sometimes nerve-racking experiences. We give you the lowdown on everything you need to know before you hit the road.

Windows down, Katy Perry's new album blaring out of your speakers and your besties sitting in the backseat – hello, driver's licence and hello, freedom! As soon as you get your hands on a set of wheels, you'll be the ultimate independent woman. No more having to rely on your parents to drive you from A to B all the time, no more asking for lifts from your neighbours and no more being forced to listen to your big brother's terrible music when you're in his car. Yes, FINALLY you will be able to do your own thing pretty much whenever and wherever you want!

For most Aussies, you need to be 16 to sit your learner's test, unless you live in the ACT, where you must be 15 years and nine months, or in Tasmania, where the age limit is 15 years and 11 months. Be sure to check out your state's official car registration website for all the nitty-gritty details, but in the meantime, keep reading on to have all your burning questions about driving answered. Before you know it, you'll be cruising around your local neighbourhood... that's right, solo!



BEEP, BEEP – COMING THROUGH!

1 PREPARE FOR THE ONLINE Ls TEST

Before sitting your knowledge test, make sure you study up. "The best thing to do is practise online," says Larry Rowe, senior driving instructor and managing director at ABC Driving School (abcdrivingschool.com.au). "Usually, and it differs between states, you can reset the questions to bring up a fresh set of questions. Make sure you do it at least six times without failing and then you're ready to sit the actual exam."

2 DECIDE WHICH CAR YOU'LL LEARN ON

Auto? Manual? Which one is best to learn on? "You're better off starting with a manual first, if you have the option," says Larry. "You'll have no preconceptions about how to drive and therefore, it will become natural for you to use your left leg and hand to operate the clutch and gears. It's a lot harder for an automatic driver to switch to manual."

3 ASK THE PROFESSIONALS

Driving lessons are a really good way to clock up a whole heap of hours and to perfect your technique. "I'd suggest 10 hours of tuition at the very beginning," says Larry. "You can start learning the correct way of driving and then practise it with your supervising driver, such as your parents or older brother or sister."

4 FIND THE RIGHT DRIVING SCHOOL

There are hundreds of driving schools across the country so how do you know which one is the best for you? Larry suggests the following:

✳ When looking for a driving school, compare the different deals that they offer. Some schools offer a $60 lesson and it will go for 60 minutes, whereas others will be 45 minutes long and $50. It's all about finding the right deal that will suit you.
✳ Ring at least six driving schools to compare different deals on lessons and also talk to different instructors.
✳ Ask lots of questions and trust your gut instinct. If the driving school isn't very friendly, it's likely they won't be very friendly in the car. If someone is lovely and you get a good vibe from them, chances are, learning to drive with them will be more enjoyable.

5 PRACTISE MAKES (ALMOST) PERFECT

Before applying for your provisional licence, it's important to ensure you've practised driving in the day and at night. In some states, you must log a certain amount of night-time driving, like in NSW where it's a minimum of 20 hours. "Driving at night is very different to daytime driving," says Larry. "You need to experience the differences... Often, new drivers spend so much time practising in the daytime that they will go to drive at night without turning the headlights on."

6 NAIL THE DRIVING EXAM

"Always ensure your car lights are working," says Larry. This includes the break light in the middle of the rear windscreen. "If your instructor checks your lights and one isn't working, the test will then be terminated. Another common mistake is that people don't come to a complete stop at stop signs. Your body should sit back into the seat when you're at a complete halt. Stay still for three seconds before moving on." ☺

IT'S OK IF YOU DON'T PASS ON THE FIRST GO!

THESE POOR CELEBS DIDN'T HAVE TOO MUCH LUCK ON ROUND ONE.

EMMA ROBERTS: "I failed my driving test and then my permit expired."



KENDALL JENNER: "I failed it on TV; it's the most embarrassing thing. Some of my friends watch the show and they don't know that I sobbed. So embarrassing."



VICTORIA JUSTICE: "I failed because I didn't practise at all. When I took my driving test, I failed as soon as we were leaving the parking lot."



AUSTIN MAHONE: He tweeted, "Taking my driver's test today!! Wish me luck." Half an hour later, he tweeted, "I failed."



MARTY'S TOP DRIVING TIPS



He's been schooled in the car by Aussie stars such as Havana Brown and Megan Washington, so we thought we'd ask Learner Dri[V]er host, Marty Smiley, for his hard-earned wisdom.

✳ Make sure you have a driver's licence before you get in the car. I think that one is pretty important.
✳ Once you're in the car, make a habit of checking your mirrors as well as doing regular head checks.
✳ Guard your logbook with your life. I lost mine after racking up 100 hours. It was seriously the worst.
✳ If someone lets you into a lane or does you a favour when you're on the road, don't forget to give them a wave. Don't be one of those people who can't be bothered.

LEARNER DRI[V]ER IS ON CHANNEL [V], FORTNIGHTLY, ON SATURDAYS, AT 11AM.

WORDS NATALIE BABIC. **PHOTOGRAPHY** GETTY IMAGES.

DOLLY NEWS DESK

WHAT YOU NEED TO KNOW ABOUT TERRORISM







Above: Destruction in Kobane, Syria; anti-terrorism protests in France; military trucks in Baghdad, Iraq.

You may have read some pretty scary stuff in the news recently and want to know what the deal is. We're here to break it down for you.

There has been some heavy information on TV as well as the internet about what is going on with terrorism around the world lately. We've asked Lydia Shelly, a Muslim leader and lawyer, and professor Greg Barton, director at the Global Terrorism Research Centre, to explain what it's all about.

What is ISIS?

You might have heard the acronym, but what does it mean? Also referred to as IS or ISIL, it's the abbreviation used for a terrorist group known as Islamic State that has taken control of Northern Iraq and Northern Syria. "The group formed back in 2004 in the wake of the US and Australia sending troops into Iraq in 2003," says Greg. "This presence gave rise to many insurgent groups running wild." At the end of 2011, international troops were withdrawn from Iraq and a new leader, Abu Bakr al-Baghdadi, came to be in charge of the new terrorist branch called IS. "Al-Baghdadi seized the opportunity of unrest from the 2011 civil war in Syria and built his forces with foreign fighters," says Greg. "The IS brand is strong and draws in hundreds of foreign fighters each month."

Are all Muslims involved?

It's important to remember that being a Muslim and a supporter of terrorism aren't the same thing. ISIS and other terrorist organisations are small extremist groups who don't represent the views of the 1.6 billion Muslim people all over the world. It's a myth that all Muslim teenagers are waiting in line to fight overseas. "Muslim teens are like everyone else. They go to school, play sport and have dreams of their future," says Lydia. The name 'Islamic State' (IS) is being used widely right now but many Muslims have asked the media and the government to start using the term 'Daesh' – an insult to IS. Lydia says this is to show that the violent crimes they're committing don't reflect Islamic values. So contrary to some of the media reports which have been circulating recently, there's not a big line of Muslim Aussies waiting to fight overseas. Let's never forget how lucky we are to live in such a diverse and multicultural country!

What is Australia doing about ISIS?

The federal government works hard to ensure that Australia doesn't become a safe haven for terrorists. Like many other countries, we have a counter-terrorism plan in action. The Australian Security Intellgience Organisation (ASIO), the Australian Secret Intelligent Service (ASIS) and the federal police have highly-trained teams who monitor any suspicious people or activity, 24-7.

Have Australian teens become involved?

At this point, it's a small number, but continues to grow. "IS focuses on recruiting people in their teens and early twenties and make clever use of social media, video and digital communications to do so," says Greg. "However, the process of recruitment happens when young people are approached by new 'friends of friends'. It's falsely presented as a fulfilment of religious teaching, yet most who join know little about religion." If you suspect one of your mates is taking steps to go to these areas, tell your parents, a trusted adult or a teacher.

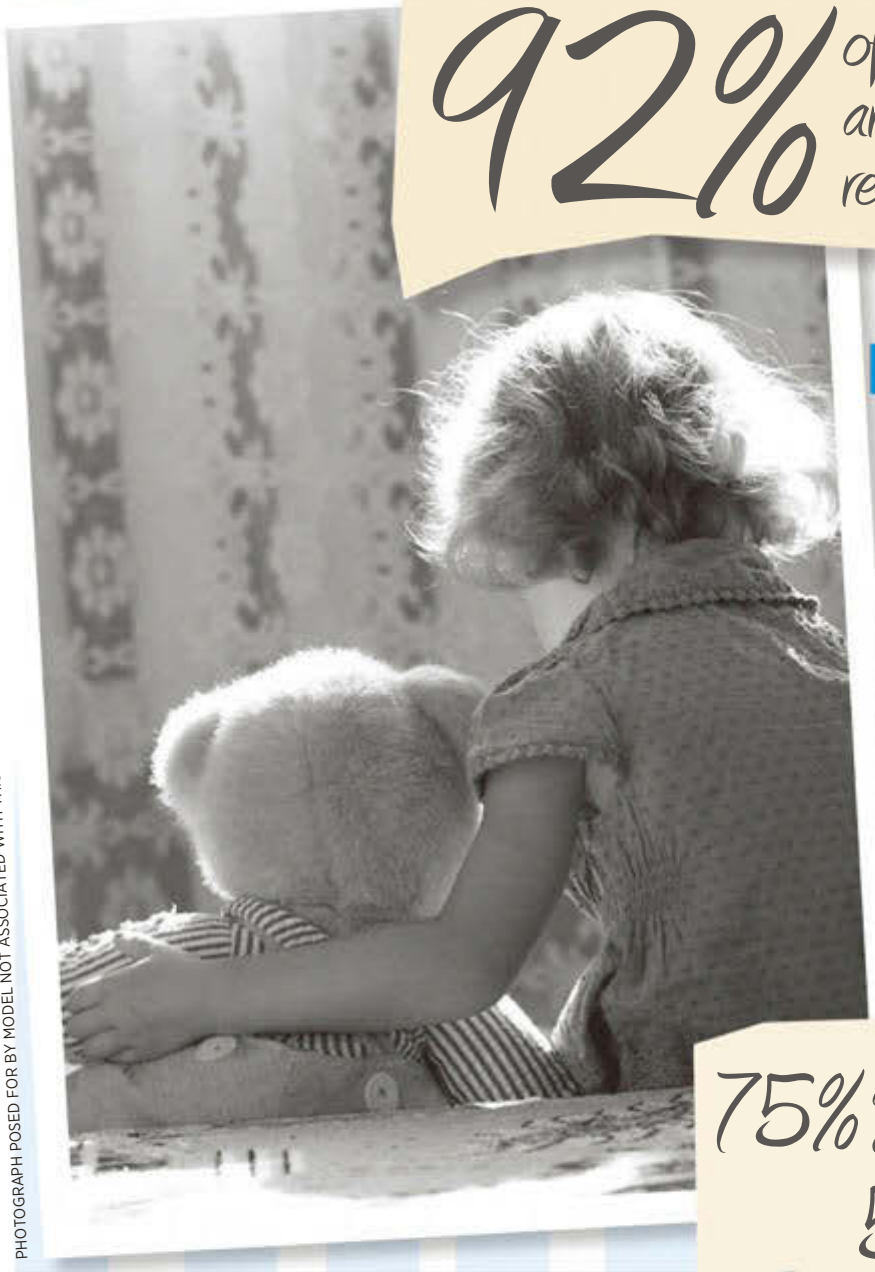
Where can I get more information?
You can call the National Security Hotline on **1800 123 400** or visit **livingsafetogether.gov.au** or **nationalsecurity.gov.au** for assistance.

PHOTOGRAPHY CORBIS, GETTY IMAGES, THINKSTOCK.

NEXT MONTH:

Each issue, we'll be visiting a topic in the news, breaking it down for you and explaining everything you need to know. Do you have anything you would like us to cover specifically? Tell us by emailing dollymail@bauer-media.com.au.

92% of children in foster care are below the average reading level at age 7



PHOTOGRAPH POSED FOR BY MODEL NOT ASSOCIATED WITH THIS PROMOTION.

TRUE CASE STORIES OF CHILDREN NOW IN CARE

- A boy, aged three, who didn't know his own name, had never slept in a bed, but under a chair where it was safe, and was only fed occasionally.
- A four-year-old who was the sole carer for her one-year-old brother.
- Four young siblings locked out and forced to sleep under the house, who ate dog food when they were hungry.
- Two sisters who had to drink from the gutter when they were thirsty.



HELP THE PYJAMA ANGELS MAKE A DIFFERENCE

Scan this page with the ***viewa*** app to hear about one child's journey and to donate to The Pyjama Foundation.

75% of children in care do not complete schooling

50% of the homeless come from a care background

Help us change these children's lives

The Pyjama Foundation need vital funds to continue to transform children's lives, a donation of $50 can give a child an Angel. There are many ways you can become involved through fundraising and direct donations. Visit thepyjamafoundation.com to see how you can help.

Who is the Pyjama Foundation?

Alarmed at the poor literacy and numeracy levels of children in care – they have the lowest educational outcomes nationally – and how this leads to a lifetime of disadvantage, Bronwyn Sheehan founded The Pyjama Foundation in 2004, to make a positive impact on the lives of our community's most vulnerable children.

Through the Love Of Learning program, volunteers called Pyjama Angels are matched with a child in care and spend time with them once a week, every week, focusing on learning-based activities. The Angels read books aloud with their child, play educational games and help with the child's homework.

By improving the child's learning skills, The Pyjama Foundation is making a positive, life-long impact on their futures.

HOW WE HELP

- Over 1000 Pyjama Angels volunteer each week
- Over 1300 children each week are supported throughout Queensland, parts of Sydney and Melbourne
- 90% of foster carers with children in the Love Of Learning program have seen the child's literacy skills improve



the pyjama foundation

IN YOUR WORDS

DOLLY readers share their incredible stories, from starting a successful charity to dreaming of being the next Beyoncé. They prove to us once and for all that anything is achievable when you put your mind to it!

"WE SELL SKATEBOARDS TO HELP PEOPLE WHO LIVE IN POVERTY"



HARMONY, 15, AND HER LITTLE BROTHER ELI, 13, STARTED THEIR OWN CHARITY, HARMONY SKATEBOARDS, TO HELP RAISE MONEY FOR PEOPLE LIVING IN DEVELOPING COUNTRIES.

My mum and dad are pastors, so we travel around the world to help people in developing countries. The idea [for Harmony Skateboards] came to me when I was in Indonesia last year and saw a lot of people living in total poverty. I could see how hard it was for them to try and survive, and that really stuck with me. I have always had a heart for people living below the poverty line and wanted to raise money for charity, so Dad and I came up with the idea of selling skateboards. Originally, I didn't want to call the brand Harmony 'cos I didn't want it to be about me, I wanted it to be about helping other people. But Dad and his friends said that I should make it personal because it's about me trying to help people. The main causes we want to give to are Aid 21, which helps girls who are in the sex slavery industry, and then there's Vision Rescue, which helps homeless teens get an education. And people have actually been buying the skateboards. We really didn't think anyone would! Sometimes we will ship the skateboards and then other times we deliver them directly so we can meet people and hear their stories. I find it really cool meeting different people and hearing what everyone else is going through. Our friends are surprised that we're doing all of this and then giving the money away, but we really want to give to people in need and use what's in our own hands to help others. Even if we only help one person out there, we've achieved something.



"MY FOOD ALLERGIES ARE SO BAD THEY COULD KILL ME"

MIKAYLA, 19, IS A NORMAL TEENAGER – EXCEPT SHE HAS TO CONSTANTLY KEEP WATCH OF EVERYTHING SHE EATS.

I was only a few months old when my parents were told that I had life-threatening food allergies. And the diagnosis was the answer to a puzzle they had been struggling to figure out. When I was growing up, food allergies weren't nearly as common as they are now. School was a challenge as another kid's lunch could have potentially put me in hospital. Now I'm 19, and I've never tasted a cheeseburger or a rainbow Paddle Pop. And I never will, because if I eat dairy, egg, tree nuts, peanuts or sesame, I could go into anaphylactic shock and, in the worst case scenario, stop breathing. My friends always go out for lunch or dinner at places I simply can't go to and this is often really hard to deal with, for them and for me. Unless you've lived this way it's hard to know what it's like.

It would be untrue to say that having allergies hasn't helped to define who I am. Not everyone wakes up in the morning knowing someone else's brekkie of bacon and eggs could turn catastrophic. I guess the thing that has made this situation easier is to realise that yes, I'm different, but is that such a bad thing? Everyone is different in their own way. With caution and vigilance, I can lead a happy, normal life, just like everyone else.

"MY LIFE IS A HIGH-SCHOOL MUSICAL"

ALEXANDRA, 19, IS LIVING HER DREAM OF BECOMING A SINGER AND LEARNING THE SECRETS OF THE MUSIC BIZ AT THE AUSTRALIAN INSTITUTE OF MUSIC (AIM) – AKA THE COOLEST SCHOOL ON THE PLANET.

It's fair to say that I was totally over the moon when I was first accepted into AIM High School, the program for Year 11 and 12 students. The principal offered me a place then and there, and I got the same result when I auditioned for AIM's tertiary program. I just couldn't believe that I was finally going to be pursuing my dream!

A typical day at AIM is loud – very loud! You walk into the cafe and then pretty much everyone is having a jam or practising or just laughing and having a great time. It's so easy to make friends as we share the same passion, so we connect on a whole new level.

We are all there to learn all the ins and outs of the art that we produce. Apart from the creative side, we are also taught the skills to give our careers some longevity – think everything from creating a business proposal for funding to promoting yourself online.

I've had so many amazing experiences already, like going to the World Championship of Performing Arts (WCOPA) in LA, which is basically the Olympics of performing arts. I competed against people from more than 50 countries in five categories: rock, R&B/soul/jazz, pop, contemporary and Broadway. It was a tough week of competing, but worth every single moment. In total I won one gold medal, three silver medals, an industry award and the World Champion title for Female Vocal Rock.

Another recent highlight was performing with Guy Sebastian at Carols In The City in Sydney. Guy isn't just a great singer, but he's an amazing artist and an inspiration. He proves it really comes down to hard work and persistence to reach your goals and achieve anything, and everything you set your mind to.

I'm currently working on my graduating recital for my last trimester at AIM and I'm doing really well in all my subjects. I can't believe I finally graduate soon – it's my fourth year at AIM and I don't want to leave at all! I'm also working on a blues EP, which will hopefully be out by the end of this year. I just want to be able to inspire people through music the way I've been inspired – that really is my ultimate goal. ☺



For more information about AIM, check out their website at **aim.edu.au**.

AS TOLD TO MAITHEW GALEA.

CAKE IT 'TIL YOU MAKE IT

Channel [V]'s **Marty Smiley** teaches us a few lessons about life. Through cake.

Cakes are so damn delicious that I have decided they actually have the power to teach us a lot about life and ourselves in general. Seriously – I'm not kidding! There has got to be a reason why we celebrate nearly every single occasion with them, right? I've chosen five stand-out baked treats to concoct the perfect recipe for living life.



ICE-CREAM CAKE

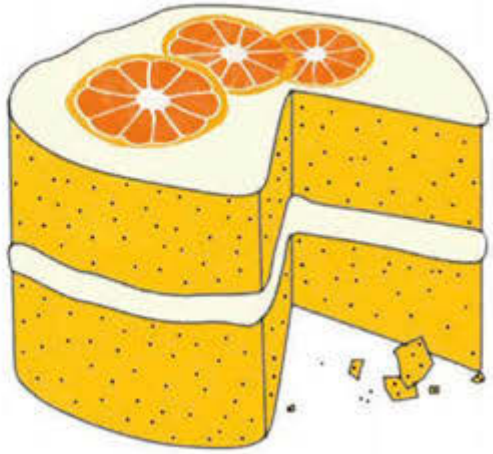
Let's start with the best treat of them all. For my birthday last year, Channel [V] gave me a Freddo Frog ice-cream cake. It ruled! I didn't want no fancy-shmance one! As I licked my plate clean, I started to realise that despite growing up and getting older, not everything has to change. Some things can stay the same. A big one is being able to laugh at yourself; that's something maturity should never alter. And nor should it affect our ability to be childish sometimes. Why should ice-cream cake be phased out the older you get? We should never be too old to wear party hats or build sandcastles! Whatever you do, don't act your age. It's so overrated.

ILLUSTRATIONS BY LISA MOSES. Check out her work by clicking lisamoses.net

ORANGE AND POPPY SEED

What a weird cake. Whoever came up with this one must've been one pretty kooky cook. Until you have a taste of it, you would never expect oranges and poppy seed to go together in a confectionery carb pile. But once this cake makes contact with your tongue, it sends your taste buds into a total frenzy.

It's fitting, then, that my parents, who are completely different in every way, introduced me to it. Opposites DO attract. My mum travelled all the way from Lebanon to live in Australia after she met my dad. Despite their opposing personalities and their major cultural and religious differences, they've managed to stay together for more than 25 years! I've certainly learnt that embracing the things that make us all unique is a much more exciting way to live life.





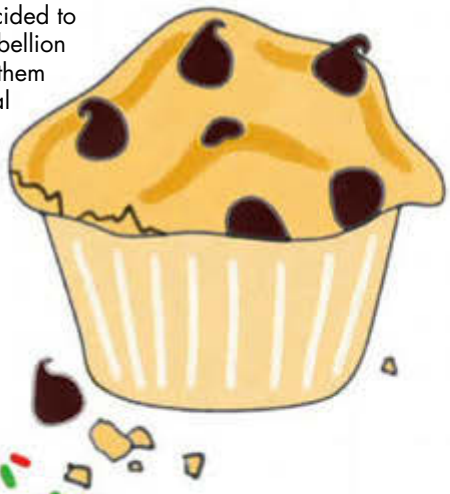
STICKY DATE PUDDING

There's nothing better than sticky date pudding. On the other hand, there's nothing worse than going on dates. They make me nervous as hell. No matter how full of confidence you are, it's always a little awkward and you spend the whole time overthinking things. I had a girl recently take me on one of the most unusual dates I've ever been on (there's been three in total). She took to me to a cemetery. I assure you she wasn't a zombie. We had dinner and then she walked me to a nearby graveyard and said, "If you listen closely, you can hear the tombstones talking." I was six-feet deep in fear. I didn't make out with her but I did make it out of there alive. Back to the sticky date pudding, though – don't forget to add some warm caramel sauce and prepare yourself for a mouth-watering, zombie-free journey to an empty plate. Deliciously awesome.

CHOC-CHIP MUFFIN

I know it's not a cake but I'd be a fool not to include this tasty classic. I'm a sucker for a fresh-out-of-the-oven chocolatey muffin. Most recesses at school, you'd catch me burying my face in one. So you'd understand why I was annoyed when the canteen made my beloved daily treat $1.50 more expensive. I suddenly had no money for lunch and had to resort to scabbing coin off whoever I could. After a day or two, I decided I'd had enough… so I organised a school-wide boycott of the canteen. Everyone agreed with me that it was an outrageous price hike, and committed to one day of zero canteen purchases.

Then things got way out of hand. *The Age* and *Herald Sun* decided to do a story on our canteen rebellion (I may or may not have sent them a press release). My principal then immediately brought my revolutionary friendship group into his office to negotiate new prices and we settled a deal with him a day out from the boycott. It's still the greatest victory of my youth. From that day forth, I was known as The Muffin Man. Not really, but POWER TO THE FLOUR!





FRUIT CAKE

Sometimes life can suck. Like fruit cake. It doesn't teach us anything about anything but I thought I'd include it in this cake/life review to make it more balanced. Fruit cake always seems to come out of its baking cave at Christmas or after dinner at your grandparents' house. No-one under 60 enjoys a piece of it and if anyone says, "Because it's got fruit in it, it's better for you" slap them in the face for me (don't slap the elderly or your parents, they won't like that). It's by far my least favourite cake. Which is why I've left it until last.

Fruit cake's main purpose on this earth is to remind us that when you take the sweet things out of it, it's boring and bland. So fill your life with the stuff you want, lick the bowl and forget the recipe. You may not get perfect results but you will have risen. 😉

THE HOT SPOT

Embrace what's left of the warm weather with these too-cool beauty and fashion prods!



NEXT BEST THING

Carry the 1D boys around with you with their latest creation, YOU & I. The world's biggest band, One Direction, have made a bright, floral and fresh scent. the bottle even has a detachable charm for fans to treasure. Prices start from $29 for the 30ml bottle (EDP). Available at Priceline, MyChemist and all other leading retailers. **onedirectionfragrance.com**

DON'T MISS

YOU & I is the latest creation by the world's biggest band, One Direction. A bright, floral scent with a bottle that even has a detachable charm for fans to treasure. We love! **onedirectionfragrance.com**



FUZZ FREE

Get gorgeous legs with Silkymit! Taking care of flaky, dry skin and buffing legs to velvety smoothness. The gentle and more natural alternative to hair removal – no pain, no mess, no nicks, just silky-smooth, sexy legs. RRP $7.95 for a 3 pack.

CLICK ON

Infused with exotic Papaya and Pearl extract to soothe and hydrate, Quattro For Women Disposables are the perfect razor for first-time shavers. To find out more, visit **schick.com.au**.



BANISH THE BURN

Keep the sunburn at bay with Neutrogena's Ultra Sheer Clear Face SPF30+ 88ml Sunscreen. This lotion is oil free and great for breakout-prone skin. It provides UVA/UVB protection and it feels so weightless, you won't even know you're wearing it! RRP $22.99.





LOVELY LIPS

A girl always needs a lip balm (or two!) handy, and believe us when we say Blistex Raspberry Lemonade Blast should be your next pick. It not only smells amazing but it moisturises too, so your lips will never be sore or chapped again. Head to **blistex.com.au** for more info.



FANCY FEET

Don't have heels to match your new dress? No probs! This new high-fashion shoe range from Conf3ss has a gorgeous rainbow of interchangeable strap-sets, complimenting every outfit possible! The cost $94.95, includes two strap-sets that create 12 different looks. See more at **conf3ss.com**.

Be the envy of all your friends with these hot heels that you can mix and match!



DOLLY SCENE

ONE TO STAY

Chloë Grace Moretz is having her moment right now. Here's why we're crushing on her big time.

1 She's 100 per cent grounded about her success. "I want to be the best in my category and want to be a true actress. A lot of people just want fame and there's a huge difference." You go, girl!

2 She kind of unofficially discovered Lorde way before the rest of the world did! Chloë posted a pic on Instagram back in August 2013 of her doing her thing in concert. Maybe Chloë will join one of Taylor and Lorde's slumber parties...

3 She has amazing taste in guys. When asked who in Hollywood she would most love to date, she gave the best answer: Ryan Gosling. "We could just drive around together." Sigh.

4 She loves her fam. "My mum always taught us that blood is thicker than water. We are the closest family ever. It may look weird to others but to us, it's life." Aww.

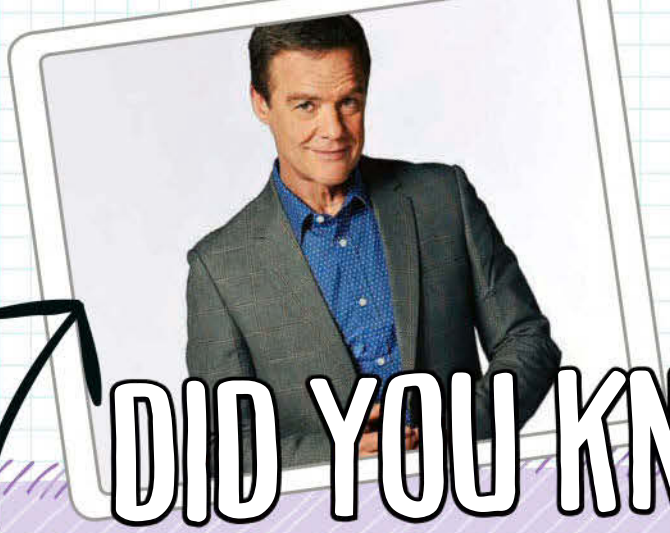


Catch Chloë in *If I Stay*, out on Blu-ray & DVD from February 11.

WORDS NATALIE BABIC. **PHOTOGRAPHY** GETTY IMAGES.

HAPPY 30TH BIRTHDAY, NEIGHBOURS

It's the show that launched the careers of loads of Aussie stars, and this year it turns 30. We take a trip down memory lane via Ramsay Street!





DID YOU KNOW?

- Stefan Dennis, who plays Paul Robinson, is the only original and longest-serving cast member on *Neighbours*. Stefan joined the show back in 1985.
- *Neighbours* first premiered on Australian TV in 1985. It originally screened on Channel 7, but was cancelled after eight months. Network Ten then bought the Aussie franchise, and is now Australia's longest-running TV drama.
- Erinsborough, the fictional town on the show, is an anagram of the word neighbours, just with the letters O and R added.
- The first words ever spoken on the series were by Danny Ramsay (played by David Clencie), when he said, "No, no, Shane, no, no" during a nightmare.
- Only six houses are ever seen in Ramsay Street – numbers 22, 24, 26, 28, 30 and 32.
- The real-life Ramsay Street is a cul-de-sac called Pin Oak Court in the Melbourne suburb of Vermont South.
- As of February 2015, 7040 episodes have been filmed.

WHERE ARE THEY NOW?

That's when good *Neighbours* become A-list superstars! Meet the small-screen team who've gone global.

1986





Kylie Minogue
Charlene Mitchell (1986 – 1988)
She may be one of Australia's most stylish stars, but Kylie used to rock super curly hair and overalls back in the '80s!

1987





Russell Crowe
Kenny Larkin (four episodes)
When it comes to A-listers, you don't get much bigger than Rusty.

1994



Jesse Spencer
Billy Kennedy (1994 – 2000)
Recognise this face? You might have loved Jesse in *House*, but long before landing that gig in the US, he played the son of Dr Karl and Susan Kennedy.

2002





Delta Goodrem
Nina Tucker (2002 – 2003)
Delta got her big break on *Neighbours* as girl-next-door Nina. The episode where we heard her sing for the very first time still brings a smile to our faces.

2002





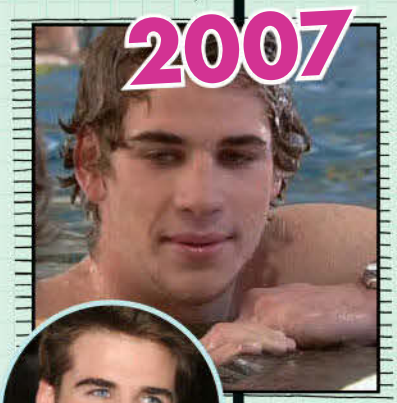
Chris Hemsworth
Jamie Kane (one episode)
The Hemsworths' really love Ramsay Street! Yep, Chris appeared five years before little bro Liam, but only in a guest role.

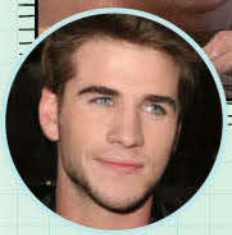
2003



Natalie Bassingthwaighte
Izzy Hoyland (2003 – 2007)
Nat played one of the best characters in *Neighbours* history – the evil Izzy who broke up Karl and Susan's marriage. It was quite the scandal back in the day.

2007





Liam Hemsworth
Josh Taylor (2007 – 2008)
It's all because of *Neighbours* we have *The Hunger Games* cutie in our lives. Hallelujah!

2008





Margot Robbie
Donna Freedman (2008 – 2011)
Margot's now starring alongside Hollywood heavyweights like Will Smith and Leonardo DiCaprio.

HIP HIP HOORAY!

The current cast reveal their fave moments from the past 30 years as they look forward to the future.



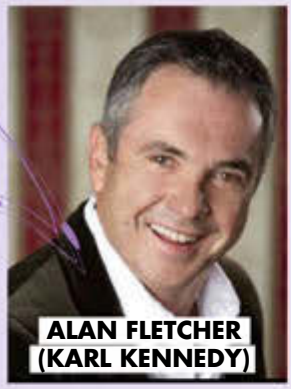
JACKIE WOODBURNE (SUSAN KENNEDY)

"*Neighbours* has been an ongoing success story because our show has a wicked sense of humour. There are often funny or silly storylines thrown into the mix to balance out all the drama. And we also try to stay current and tell stories that today's audience can connect with."



SCOTT MCGREGOR (MARK BRENNAN)

"In another 30 years I'll be 63, so hopefully there'll be some other guy playing Ramsay Street's local police officer, and Brennan will be sipping a cold beer with his feet up!"



ALAN FLETCHER (KARL KENNEDY)

"There have been some cracking storylines over the past 30 years. Izzy falling pregnant and convincing Karl he was the father was my favourite. She had to be pretty clever to fool a doctor!"



MORGANA O'REILLY (NAOMI CANNING)

"If I could pick any former *Neighbours* stars to rejoin the cast, it would be Guy Pearce and Kylie Minogue. I wouldn't mind having them as my mates!"



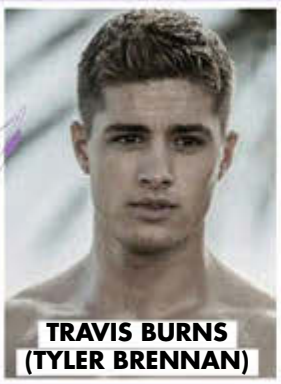
CHRIS MILLIGAN (KYLE CANNING)

"I've worked with some great actors on set, but that blond bombshell Jordan Smith – who played Andrew Robinson – is right up there."



OLYMPIA VALANCE (PAIGE SMITH)

"I really admire all of the *Neighbours* alumni, but of course, my sister Holly is one of my favourites! I think Margot Robbie is incredible, but Kylie Minogue, Jason Donovan, Guy Pearce and Jesse Spencer have also worked hard and are amazing."



TRAVIS BURNS (TYLER BRENNAN)

"Ramsay Street's most-loved couple would have to be Dr Karl and Susan Kennedy, right? Through bouts of amnesia, affairs, changes in wardrobe and haircuts, they always get back together in the end."



SASKIA HAMPELE (GEORGIA BROOKS)

"The greatest honour of my time on *Neighbours* has been working with Ian Smith. I always loved the character of Harold and getting to learn from him is such a privilege."

FAMOUS FRIENDS

Little old Erinsborough seems to attract a number of A-listers each year! Here are some of the stars that have visited Ramsay Street over three decades. ☺

THE VERONICAS



The Veronicas performed their song "This Love" in 2008.

THE WIGGLES



In 2001, The Wiggles performed on the show in front of a crowd of kids.

HAMISH AND ANDY



These funny guys played DJs at the Triple E radio station back in 2008.

EMMA BUNTON AKA BABY SPICE





Emma helped Karl find a ring he had lost while on a bus in London in 2007.

LILY ALLEN





Lily sung one of her hit songs on local radio station PirateNet in 2009.

PAULA ABDUL





In 2014, Paula rocked up to Ramsay Street to film a scene with Karl.

WORDS NATALIE BABIC. **PHOTOGRAPHY** BAUERSYNDICATION.COM.AU, GETTY IMAGES, NETWORK TEN, THINKSTOCK.

PERFECT HARMONY

DOLLY CHATTED TO NORMANI HAMILTON FROM GIRL BAND FIFTH HARMONY ABOUT THEIR NEW ALBUM, TOURING WITH DEMI LOVATO AND PERFORMING FOR BARACK OBAMA!



Fifth Harmony's album *Reflection* is out now.

Congrats on your new album *Reflection*. We love it at DOLLY HQ! "Thank you! We worked really hard on it and it reflects where we are now and how far we've come since *The X Factor*."

Simon Cowell loved you on the show. Did he help with the record? "He was very involved and so was LA Reid. They both put a lot of effort towards the album but let us have our say and were very open to anything we felt."

Since *The X Factor*, what has been the coolest thing to happen? "Performing for the President of the United States in Washington!"

You also toured with Demi Lovato. How was that? "She's such a sweet person and is very encouraging. She told us to make it as fun as possible because every day is the same show, same routine. We have to find inspiration and make it a great experience for everyone."

We LOVE your YouTube covers! Ed Sheeran praised your cover of *Lego House*. What was that like? "He's a very nice guy. The girls really look up to Ed so we were all really happy."

Can we expect to see you guys heading to Australia soon? "Sometime this year. We aren't sure when but it's happening. We're so excited!"

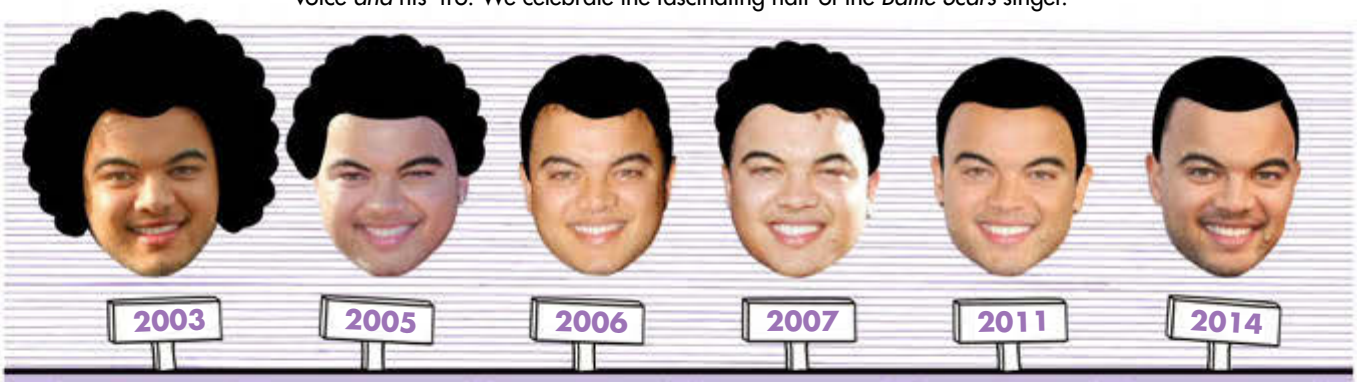
Most of you are teenagers, so what do you hope DOLLY readers can take away from the album? "To know that life doesn't have to be so serious; live in the moment."

THE FAST FIVE

Fave One Directioner? "Niall – he's my homeboy."
Open for Ed Sheeran or Justin Timberlake? "Justin Timberlake."
Ariana Grande's "Problem" or "Break Free"? "Problem."
Tour with Beyoncé or Lady Gaga? "Beyoncé. I was actually just tagging myself on her Instagram pics to see if she recognises me!"
Perform with Destiny's Child or Spice Girls? "Destiny's Child."

THE FRO-VOLUTION OF GUY SEBASTIAN

When Guy took out the *Australian Idol* trophy back in 2003, we fell for his voice *and* his 'fro. We celebrate the fascinating hair of the *Battle Scars* singer.



2003	2005	2006	2007	2011	2014
His impressive 'do has fans chanting, "Go the 'fro!"	Two years on and the 'fro is still there, but with more shape.	The 'fro is no more. Australia goes into mourning.	The 'fro pops up again. Well, a baby-sized version.	Gone. It's gone and it's never coming back.	Actually, Guy looks pretty good without it. RIP, 'fro. RIP.

Catch Guy's Madness Tour from February 12 to 28.

IT'S A SMALLZ WORLD



NOVA'S SMALLZY (AKA THE MASTER BEHIND MUSICAL TRENDS) HAS THE INSIDE WORD ON WHO YOU SHOULD BE LISTENING TO THIS YEAR.

Hey DOLLY readers,

Can you believe how quick this year has already gone? I think it may be a good time to give you my predictions of who I think will be the biggest music acts in 2015 so you can always be one step ahead of your friends in lunchtime chats.

JAMES BAY/HOZIER

These two dudes deserve a mention. James Bay is a guy from the UK who went on tour with Hozier last year and has a top 10 hit with "Hold Back The River". Hozier has smashed it around the world with "Take Me To Church". Ed Sheeran is a fan of his and told me about this guy when he was here in Oz last year! I'm excited for them to take over the radio with their soulful voices.



MASKETTA FALL

You must have heard of these guys! Their first single "Summertime Girls" was all over the radio (head to dolly.com.au to see DOLLY's entertainment writer, Nat, make pizzas with them). These guys hail from Melbourne and have been making music for years on YouTube. They've got a different sound from their early days and I think that will do well for them. They just need to have a follow-up single.



LITTLE SEA

Let me tell you about Little Sea... they are best friends with 5SOS! Need I say more? I can also tell you they were childhood friends with Calum, Luke, Ashton and Michael and grew up just around the corner from them. The guys were signed to a major record label last year and my sources tell me that they are busy writing and recording new music. Hopefully we will hear their first single pretty soon.



Until next time,
Smallzy xx

ALBUM REVIEWS



RIXTON
Let The Road
OUT: February 27
The UK boys broke on to the scene last year and their new album is set to confirm they aren't just one-hit wonders. I'm sure they will be around for a long time to come.



McBUSTED
McBusted
OUT: Now
French fries and tomato sauce, ice cream and topping, chocolate and milk. Things are better in pairs. Get around the bands McFly and Busted. Together. I'm loving this.



FIFTH HARMONY
Reflection
OUT: Now
Harmonisers everywhere have been waiting for this. Think Little Mix but with an American edge. It's their debut album and a must for anyone who loves pop music.

INTERVIEW AND WORDS NATALIE BABIC. **PHOTOGRAPHY** GETTY IMAGES.

D-OSCAR AWARDS

With the 87th Academy Awards taking place on February 22, we thought we'd make our own DOLLY Oscars and hand out the awards we want our faves to receive. It's Hollywood's night of nights, so grab your ball gown and let the ceremony begin!



BEST FEMALE PERFORMANCE: SHAILENE WOODLEY

Hands up if you cried in *The Fault In Our Stars*? Well, cry might be an understatement – bawled and wailed! Playing Hazel was a tough gig but she was a star alongside Ansel Elgort.

BEST MALE PERFORMANCE: JOSH HUTCHERSON

You know the final scene in *The Hunger Games: Mockingjay – Part 1* with Peeta strapped down to the bed and thrashing about? Freaky stuff. But man, can that boy act. His transformation from the squeaky-clean Peeta to scary Peeta is just amazing.



BEST 'HOTTIE' ACTOR: ZAC EFRON

Whatever role Zac plays, he nails it – and it's got nothing (or everything) to do with how good looking he is. Yep, we seriously heart Zac!

BEST 'HOTTIE' ACTRESS: JENNIFER LAWRENCE

You probably spotted J-Law on the big screen a whole lot last year from *THG* to *Serena* and *X-Men: Days of Future Past*. She's an Oscar winner IRL so of course she had to appear in the DOLLY Oscars as well!



BEST STAR POWER (FEMALE): TAYLOR SWIFT

Of course T-Swizzle was going to take out this gong! She's the queen of Hollywood right now with everyone from Lorde and Selena Gomez to Lena Dunham and Cara Delevingne as BFFs. Her album *1989* is on repeat all around the world.

BEST STAR POWER (MALE): HARRY STYLES

If anyone oozes celebrity coolness, it's Mr Styles. Taylor didn't compare him to James Dean in "Style" for no reason, after all! The boy with the "long hair, slicked back, white T-shirt" is Mr Celebrity himself.



BEST PERSONALITY (MALE): MICHAEL CLIFFORD

If there's one 5SOS member we want to hang with, it's Mikey. Any interview he does is filled with major LOL moments and if you follow his Twitter (of course you do) you know he is hilarious.

BEST PERSONALITY (FEMALE): EMMA STONE

We've been fangirling over Emma for years. She's both hilarious and cute – have you seen her hanging out with her boyfriend Andrew Garfield? The two of them are beyond adorable. Now, how can we become friends with them?



BEST NEWCOMER: ARIANA GRANDE

OK, yes, you've known about her for a while but it's been the past 12 months that she's really made her mark. From "Bang Bang" to teaming up with Iggy Azalea for "Problem", this is one gal whose voice we can't get enough of.

BEST NEWCOMER: JAI COURTNEY

Before *Divergent*, Aussie Jai wasn't on our radar – but luckily he is now! With loads of movies lined up for 2015 like *Terminator Genisys*, this is one Aussie hottie we'll be seeing a lot more of. Bring on *Insurgent*!



A STAR IS BORN!
ANNA KENDRICK

1985: Anna is born in Portland, US, and releases a loud cry. Her parents recognise that she has a killer set of lungs. A star is (literally) born.

1998: At 12 years old, she receives a Tony Award nomination for her work in the Broadway musical *High Society*.

2003: Makes her film debut in *Camp*, which is about a songwriter who works at a summer musical theatre program. Hmm, we can see a trend forming…

2008: Lands a role in the biggest thing to hit the screens (well, since *Harry Potter* anyway): *Twilight*. The world learns her name and they're not going to forget it.



2012: Nabs the lead in *Pitch Perfect*. Girl can sing. Girl can act. Girl is hilarious. We're crushing. HARD.

2014: We discover that Anna is set to star (and sing her heart out) in *Into The Woods*. She's definitely the coolest version of Cinderella we ever did see.



2015: Totally nails the role of Cathy in the flick *The Last Five Years*. And naturally, she sings about the highs and lows of her relationship. Now, we'll wait for Anna's debut album (hopefully) and of course *Pitch Perfect 2* in May!

***The Last Five Years* and *Pitch Perfect 2* are out later this year.**



WORDS NATALIE BABIC. **PHOTOGRAPHY** GETTY IMAGES, THINKSTOCK.

WELCOME TO THE BAY, PIA!



She won the DOLLY Model Search in 1998, which led to a successful modelling career. Now, Pia Miller has joined the *Home And Away* family as city girl Katarina.

What can you tell us about the character you play, Katarina?
"She's got this real big-town girl thing about her but she quickly softens a lot as she really gets to know people in the Bay. She's got two sides to her; she sort of battles herself sometimes which makes her really fun to play."

Your career kicked off after you won DOLLY Model Search when you were 14. What memories do you have of this time?
"Well, I was a really shy and awkward teenager so when I got into the finals and won, it served me in a way where I had to come out of my shell and be more confident. It really helped me grow in a positive way."

What are some highlights from your many years as a model?
"There was a stage where I was a runway model and I remember the buzz and the butterflies before going out into that atmosphere and the adrenalin. Plus, working with amazing photographers. It's been a journey!"

What's something we'd be surprised to hear about you?
"I'm a tomboy. You'll usually find me in cut-off denim shorts with Converses and a slouchy T-shirt, my hair in a bun, no make-up. And I will probably be riding skateboards!"

***Home And Away* airs weeknights at 7pm on Channel Seven.**

AT THE MOVIES



KINGSMAN: THE SECRET SERVICE

Out: February 5

Directed by the man behind big flicks like *X-Men: First Class*, a super-secret spy organisation recruits a street kid into the agency's ultra-competitive training program. But, as luck would have it, he's recruited just as a global threat emerges from a tech genius.

SEE IT: If you loved *Spy Kids* back in the day. It's got action, style and LOLs.



IN THE HEART OF THE SEA

Out: March 19

Based on true events in 1820, a whaling ship is destroyed by a whale. This tale went on to inspire the classic novel *Moby-Dick*, which only told half the story. Starring Chris Hemsworth, this film reveals the scary aftermath where the crew are stranded at sea for 90 days, thousands of miles from home.

SEE IT: You love epic tales like *Titanic* and are a Hemsworth fan (who isn't?).

AND... PLAY!

DOLLY's gaming guru **Rosie Squires** gives us the lowdown on the games to try out this month.



CAPTAIN TOAD: TREASURE TRACKER Wii U, $59

THE GAME: Captain Toad sets off on his own adventure for the very first time, skipping through tricky, enemy-infested, maze-like stages to find hidden gems and gold stars, with plenty to discover along the way.

THE VERDICT: Poor Toad. Too often he is the unsung hero of Nintendo games – until now, that is. In Captain Toad: Treasure Tracker, this cute little mushroom is running the show. Guide him through a virtual storybook of puzzles and platform levels where you bounce, climb, jump and run to collect all the stars. The game is so cute you won't stop smiling.

TIP: Pick up the cherries to clone your character and collect coins and gems.



TETRIS ULTIMATE PS Vita, $29

THE GAME: Tetris is a classic video game where you flip falling blocks so they fit together. If you're wondering what more you can really do to Tetris the answer is apparently not much, but Tetris is addictive just as it is.

THE VERDICT: Look, I'll be honest, it's probably not the ULTIMATE Tetris as the name implies, however it looks so much better on the PS Vita than it did on Game Boy years ago. Few games are as universally recognised and understood as this Russian puzzle game. It's fun, the right dose of a challenge and a month on I am still dreaming about lining up those blocks.

TIP: The blocks fall faster as the tower grows so try to do those lines quickly.



JUST DANCE 2015 Wii U, $59

THE GAME: Want to get a taste of being Ariana's back-up dancer? This game is the perfect way to let loose with friends and family by dancing to more than 40 hits, such as Pharrell's "Happy" and K-Pez's "Dark Horse".

THE VERDICT: We played this in the office with the DOLLY team on Wii U, where you hold the controller while you mimic the moves, and it was hilarious. When the word nerds in the writing and subbing departments came together as 5SOS to do "She Looks So Perfect" it was almost like being at the concert. Almost. Push back the couch and laugh for hours.

TIP: Avoid "Bang Bang" if Nana is in the room; there's a lot of butt-shaking.

THREE GAMES WE CAN'T WAIT TO TRY IN 2015



Rise of the Tomb Raider, $98

Releasing on: PC, Xbox 360, Xbox One, PS3, PS4

The preview says Lara is in a weird mental state after her time on the island. Will she have nightmares about the horrific things she had to do to survive and, more importantly, will we get to play through those moments?! Just how that goes with raiding tombs I don't know, but I'm excited to find out!

Splatoon, $79 Releasing on: Wii U

It's kind of a year for Wii U to show us what it's got! So how does Nintendo tackle a first person shooter? By swapping bullets for colourful ink and squids! Splatoon pits two teams against each other, each side aiming to cover the arena in its team's colour. You don't need to spray your opponents, even though it does daze them. Happy painting!





Yoshi's Woolly World, $75

Releasing on: Wii U

Sooooo cute! Seriously, guys, this is the most adorable thing Nintendo has done. Yoshi is still gobbling down baddies, throwing eggs and flutter-jumping around platforms, but this time, everything is covered in a cuddly crocheted art style. Great news – you can play with a pal as the game sports multiple Yoshis.

FAN-TASY FICTION

CHANNEL [V]'S **MARTY SMILEY** DREAMS UP A SCANDALOUS LOVE TRIANGLE.



Miley Cyrus' time in Australia had come to an end. She'd passed out in Lady Gaga's dressing room, chucked a major tanty on stage during one of her performances and then kissed 1D's Liam Payne in front of thousands of fans to get back at her ex-boyfriend. While she tongue-wagged her way out of the country, Liam woke up in his hotel room a little confused about his rendezvous with Miley. One Direction's On The Road Again tour was certainly off to an unbelievably crazy start…

Liam's face was now on the cover of every major tabloid and gossip magazine in the country. Uh-oh.

"Cyrus Gets The Liam Love Virus."

"Miley's Liam Love Triangle."

"No Payne, No Gain For Miley."

The headlines were everywhere and Harry Styles wasn't about to let Liam miss all the press he was getting. He'd taken the first opportunity he got to rub it in Liam's face, reveling in the fact that for once it actually wasn't him on the front page of the papers.

"Wakey, wakey, Lord Payne! Your morning paper has arrived," Harry said cheekily, dropping an assortment of magazines onto Liam's bed.

Liam sat up and cleared his eyes.

"WHAT IS DIS?" Payne exclaimed. "Oh, you've gotta be kidding me…"

"Daddy Direction! It would seem you're quite the Casanova out here, old chap!" Harry taunted him.

But Harry was the least of Liam's worries as the rest of the boys loudly barged into his hotel room.

"DADDY D AND MILEY SITTIN' IN A TREE! K.I.S.S.I.N.G," Niall sang, jumping on to Liam's bed.

"I came in like a soccer ball!" Louis sang, dribbling a football in.

Then Zayn moped in and propped himself on the desk as if he were about to watch a spectator sport.

"You know nothing happened. It was just a peck on the lips," Liam said.

Louis, Zayn, Harry and Niall all looked at each other before breaking into laughter. "Just a peck!" they all imitated in perfect, annoying unison.

The boys were set to kick off their tour in Oz that night and already one of them was caught up in drama. But there was an even bigger scandal in that room that was yet to break. Taylor Swift was in town to promote her 1989 tour and old flame Harry was the first person she texted upon arrival.

The text simply read: "Dirty Harry... I hear Liam's been cleaning up... What are you boys up to tonight? Tay xx."

SWIFTY LEANED IN TO LIAM'S EAR WHILE SNEAKING A GLANCE AT HARRY.

Harry looked at the text, puzzled. He'd had enough songs written about him to know that he shouldn't reply.

Later that night, the boys performed to a record crowd at Rod Laver Arena so they decided to have a night out to celebrate. Their manager escorted them to a fun after-party, packed with rock 'n' rollers and Melbourne peeps.

After a few selfies, the boys scored a table, surrounded by bodyguards.

"THIS PLACE IS ALRIGH'," Louis tried to yell over the blaring music.

"WHAT?!" Niall screamed back.

"I SAID, THIS PLACE IS ALRIGHT! GOOD MUSIC!" he repeated.

"YEAH, I'M ALRIGHT, THANKS! WHAT ABOUT YOU?!" Niall replied.

Louis hadn't heard anything he said because his eyes became locked on the young lady slowly approaching their table. Yep, this meant trouble.

"Well, well. Look who just walked in," Zayn whispered to Harry.

"WHAT?!" Harry yelled back.

But it was too late. Taylor Swift was walking through the party and making a real beeline for Harry.

Zayn then quickly grabbed Harry's head and turned it towards her. Just as they locked eyes, she changed her direction and walked up to the empty seat at the table, right next to 1D's newest Casanova, Lord Liam Payne.

"Hey, Liam. So I hear you've had a big day in the tabloids, huh?"

Liam looked up, startled by her sudden presence. Why was she here?

"Um, well… yeah. Wait, what?! What you doin' here, Taylor?"

Swifty smiled and leaned in to Liam's ear, sneaking a mischevious glance at an extremely embarrassed Harry. She knew he was watching them.

"You wanna come shake it off with me on the d-floor?"

TO BE CONTINUED… 😮

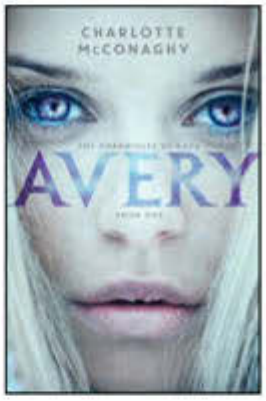


GET UP TO SPEED
If you've missed any of Marty's Fan-tasy Fiction stories, just download the free *viewa* app from the App Store or Google Play and hold your phone here to read them all right now.

PHOTOGRAPHY GETTY IMAGES, SPLASH, THINKSTOCK.

ON THE SHELF

Just finished your last book and don't know what to read next? DOLLY's bookworm **Jacqui King** has got you covered.



AVERY

Charlotte McConaghy
(RRP $29.99, Random House)

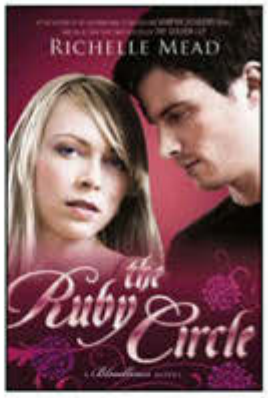
What it's about: In the world of Kaya, people are bonded in pairs, and if one person passes away, so does the other. But then there's Ava; her bondmate was killed but she's still breathing. Her soul was torn in two (ouch!) but she is the only person to have been strong enough to withstand it. Now she has been kidnapped by her enemies because she's deemed to be a threat.
You'll like it 'cos: Fantasy and romance all come to a head so if you love both genres, get onto this book ASAP.
It's a bit like: The movie *In Time*.



THE BANE CHRONICLES

Cassandra Clare, Sarah Rees Brennan, Maureen Johnson
(RRP $19.99, Walker Books)

What it's about: OK, if you thought you had seen the last of the glitter-eyeshadow-loving warlock Magnus Bane in *Mortal Instruments* and *The Infernal Devices*, you were wrong. Yep, this book is a collection of 11 stories of the crazy long life Magnus has led, well before he crosses paths with Clary and co.
You'll like it 'cos: Magnus is one of the best book characters we've ever known with his flamboyant style and quick wit. Plus, this warlock has lived around 800 years so he will have plenty of cool stories to tell.
It's a bit like: The *Iron Fey* series by Julie Kagawa.



THE RUBY CIRCLE

Richelle Mead
(RRP $19.99, Penguin)

What it's about: This is the last book in the six-part series *Bloodlines*, the spin-off from *Vampire Academy*. Sydney has finally escaped from the Alchemists and has returned to the open arms of Adrian. Although, the trouble isn't over yet. Jill (the girl Sydney was meant to be protecting) has been kidnapped, threatening to bring down the Moroi (the good vamps) world forever.
You'll like it 'cos: We NEED to know if Sydney and Adrian can be together drama-free once and for all.
It's a bit like: *My Love Lies Bleeding* by Alyxandra Harvey.



MY TRUE LOVE GAVE TO ME

Stephanie Perkins
(RRP $22.99, Macmillan)

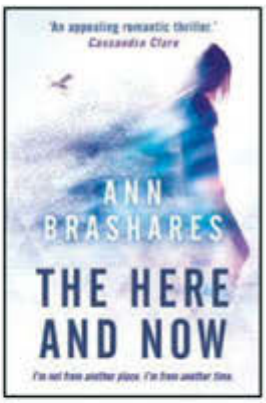
What it's about: The very best writers in the biz (think Holly Black, Rainbow Rowell and Laini Taylor) have each written up a short story about the one thing that makes us feel all fuzzy and warm inside: love. They've also linked up the tales of romance with Christmas, so while Santa may have come and gone a couple of months ago now, this awesome read still brings ultimate happiness.
You'll like it 'cos: This is the kind of book that will make you cancel your Friday night plans in a heartbeat. It's going to fill your soul with rays of sunshine – we're not kidding!
It's a bit like: *A Little Something Different* by Sandy Hall.



Q+A

WE SAT DOWN WITH AUTHOR OF THE *BLOODLINES* SERIES, RICHELLE MEAD, TO FIND OUT WHAT WE SHOULD PREPARE FOR IN *THE RUBY CIRCLE*.

This is the final book in the series, what can we expect? "Several plotlines get resolved, and we learn secrets that blow the *Vampire Academy* world open."
Do you have any stand-out moments from the *Bloodlines* series? "Sydney and Adrian's courtship in *The Golden Lily* and *The Indigo Spell* are favourites. So is the ending to *The Fiery Heart*, even though it's pretty brutal. Dark and emotional moments are the ones I love."
What advice would you give teens who want to write? "Just keep at it. Write what you're passionate about, and always keep reading other books yourself."
For the full interview with Richelle, go to **dolly.com.au**.



THE HERE AND NOW

Ann Brashares
(RRP $15.99, Hachette)

What it's about: Prenna is from the future, where a disease has wiped out nearly everyone on the planet. In her time, everyone follows a strict set of guidelines called 'The Rules'. But when Prenna goes back in time to New York City to stop the plague from happening, she finds herself having trouble sticking to Rule Number 12: don't fall in love.
You'll like it 'cos: If you are looking for a fast-paced dystopian/futuristic read like *Divergent*, you will want to sink your teeth firmly into this addictive book.
It's a bit like: A cross between the movies *I Am Legend* and *Back To The Future*.

THEY MADE THIEVES OF US. TIME TO STEAL WHAT IS OURS.

'Reminscent of Katniss Everdeen from 'The *Hunger Games*'
DAILY TELEGRAPH UK

'*The Bone Season* is a rapid-fire wonder of a book' MARIE CLAIRE

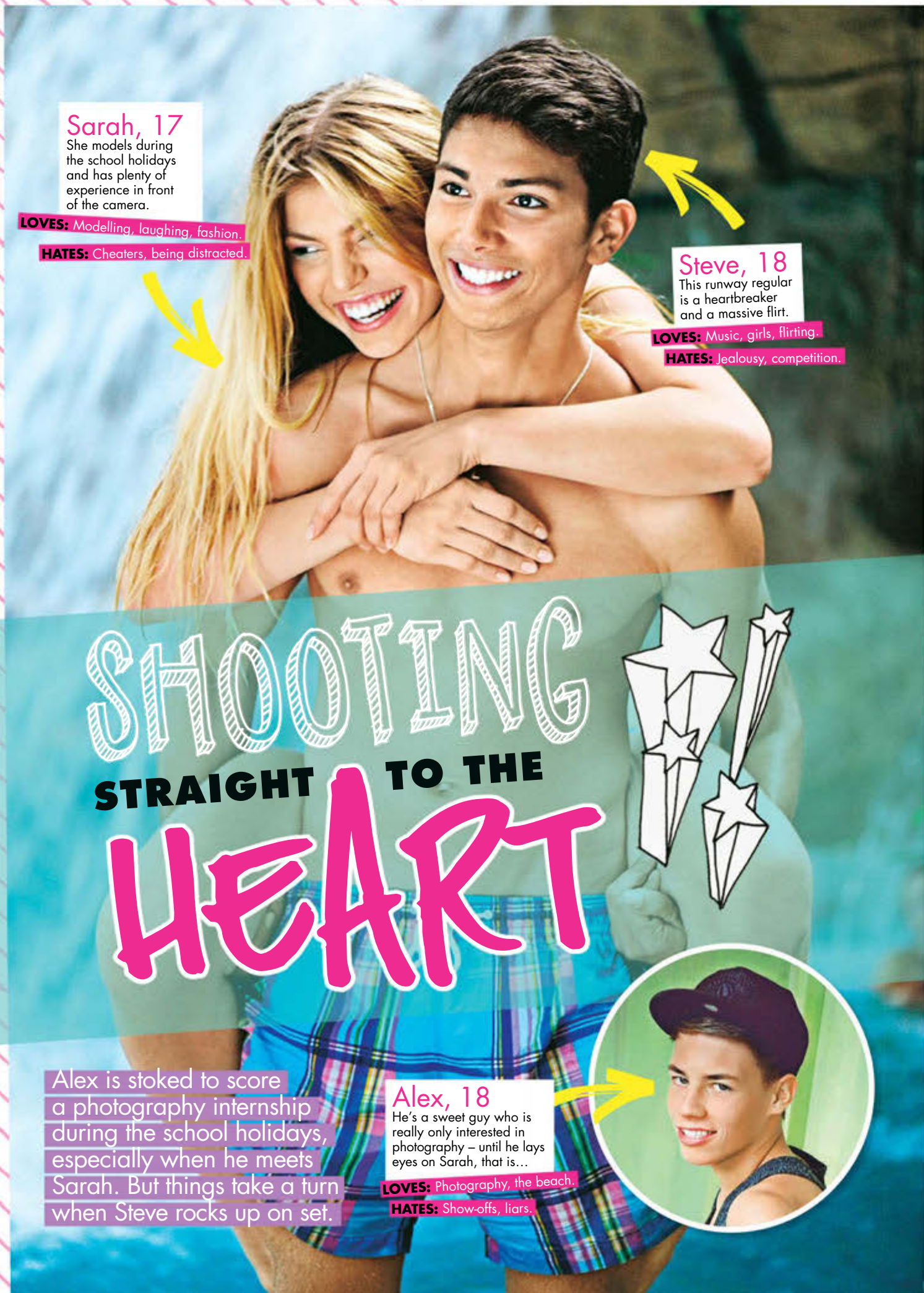


GET YOUR HANDS ON THE INTERNATIONALLY BESTSELLING *BONE SEASON* SERIES

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BLOOMSBURY



Sarah, 17

She models during the school holidays and has plenty of experience in front of the camera.

LOVES: Modelling, laughing, fashion.

HATES: Cheaters, being distracted.

Steve, 18

This runway regular is a heartbreaker and a massive flirt.

LOVES: Music, girls, flirting.

HATES: Jealousy, competition.

SHOOTING STRAIGHT TO THE HEART

Alex is stoked to score a photography internship during the school holidays, especially when he meets Sarah. But things take a turn when Steve rocks up on set.

Alex, 18

He's a sweet guy who is really only interested in photography – until he lays eyes on Sarah, that is…

LOVES: Photography, the beach.

HATES: Show-offs, liars.

hell

1 As he carries the equipment to the shoot, Alex's mate calls.



2

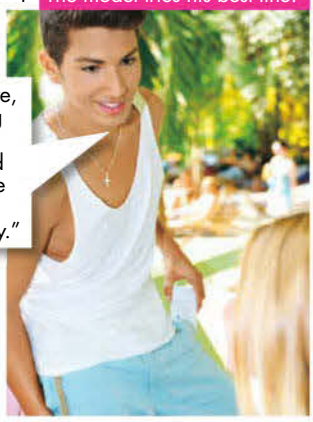




3 Alex rocks up on set and finds the models getting ready.



4 The model tries his best line.



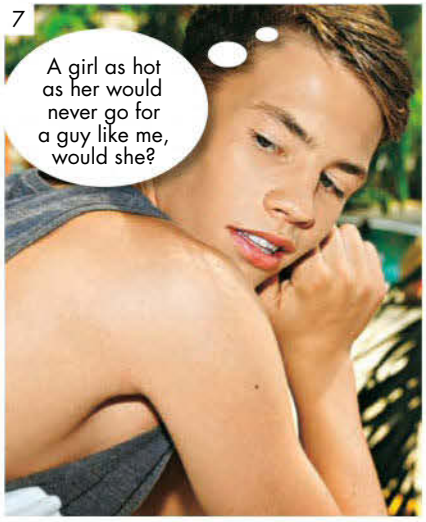
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6 Meanwhile, Alex has fallen for Sarah hard.



7



8 The photographer directs the shoot…

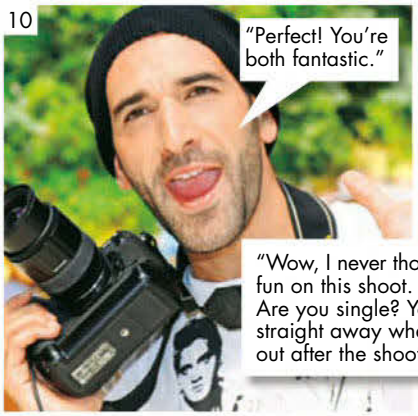


SNAPSHOT!

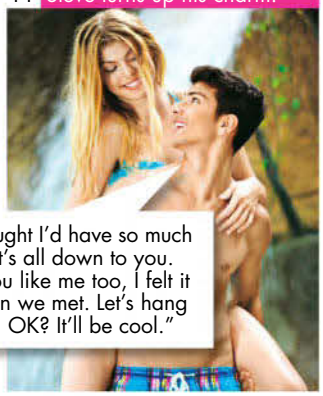
9 The two get close on set.



10



11 Steve turns up his charm.



12



THAT NIGHT

13 Dinner and a show.



14



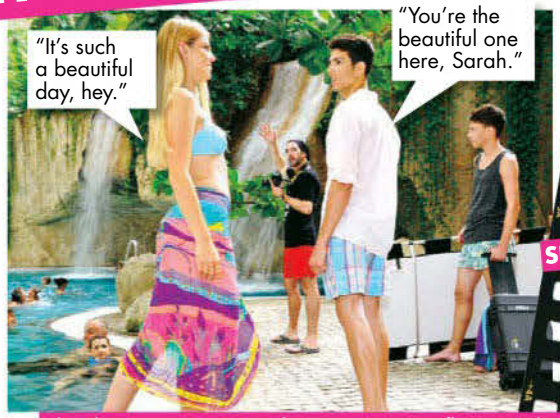
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16 Alex tosses and turns thinking of Sarah.



THE NEXT DAY



17 The shoot continues – and Steve can't stop flirting with Sarah.





18

19 Next, Sarah poses for some solo shots...



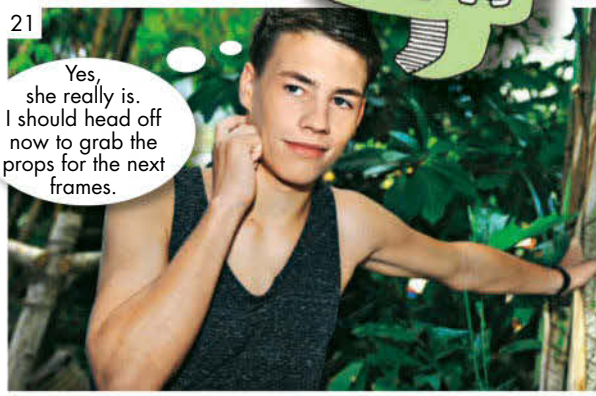
WOW



20 The shoot continues.



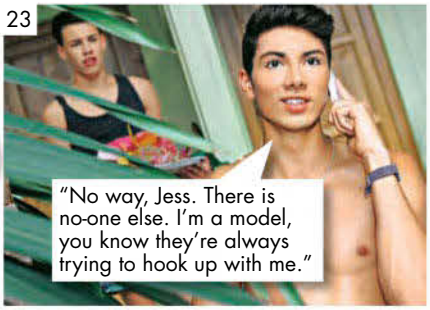
21



22 As Sarah's posing...



23



24



25





LATER THAT DAY

26 Alex takes some time out, frustrated. He can't get Sarah out his head.







ALEX'S CRAZY DAYDREAM...

27 Steve's phone:



28



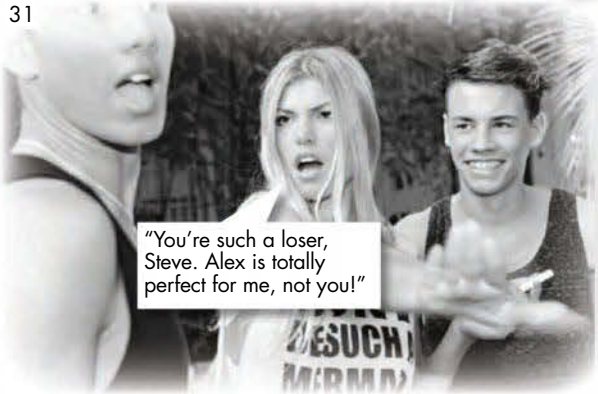
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30



31



THE FINAL DAY

32 Everyone meets up for brekkie.



33



34 The pair walk together through the rainforest.



34



FUN

35





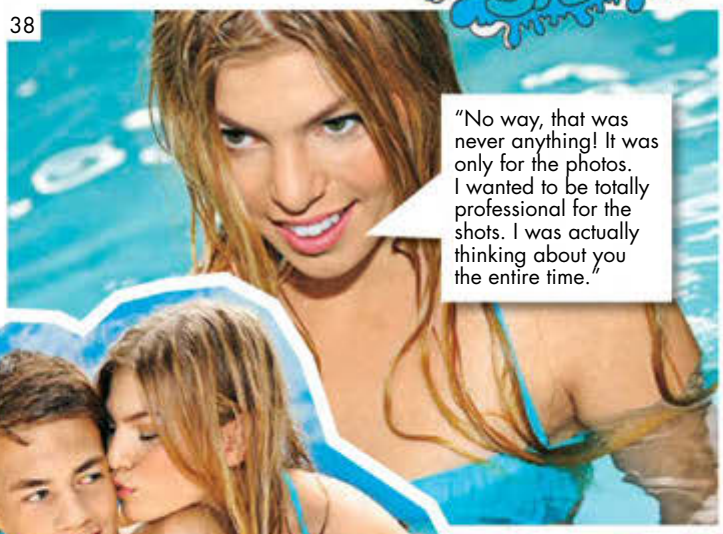
36 Alex enjoys every moment with his dream girl.

SPLASH!

37



38



39



THE END

TRANSLATION HUGH ABEY. PRODUCERS DANY ROHE, REDAKTIONSBÜRO TMK, B.OLSZEWSKI/B.MÜLLER.



HOROSCOPES

Get a glimpse of your future from the stars...

PISCES
FEBRUARY 20 – MARCH 20

Hey Pisces, it's your birthday! This is your month, literally, so get set to take a turn as the apple of everyone's eye. People will be stomping all over each other to get some hang time with you, so enjoy – just don't forget to give VIP treatment to those pals who are there for you all year round (not just when you're drawing up your b'day invite list).

ARIES
MARCH 21 – APRIL 20

With your ruler, Mars, hanging out in your sign all month, plus the sun making a cameo in the last week, March is set to be a cracker. Expect attention – and lots of it! Venus adds some lovin' vibes to the mix – so 'like' a couple of your crush's posts and give him the old nudge.

TAURUS
APRIL 21 – MAY 21

Your ruling planet, Venus, pays you a visit in the last two weeks of March, bringing good times and maybe even a few sweet lovey-dovey moments. Got something you need to say to a friend? Speak up now – the stars will back you.

GEMINI
MAY 22 – JUNE 21

The sun shines bright over your house of rep and public image this month, so you could find all eyes on you. Enjoy it, 'cos it's likely that a big achievement you've been hankering after for yonks is what's landed you centre of attention.

CANCER
JUNE 22 – JULY 23

You know your bestie's big brother who you kind of, sort of have a thing for? Or that guy pal whose hugs have started to feel a little too long lately? You can blame love planet Venus, who is planting magical seeds for a super-sweet situation to unfold between you and a 'friend' (or someone you know through a pal). Consider exiting the friend zone for reals, peeps.

LEO
JULY 24 – AUGUST 23

The planet of chat, Mercury, floats into your zone of relationships this month. Yep, this celestial environment is perfect for having one super-honest D&M that could bring the romantic feelings back to a relationship that's felt kind of wonky lately. Lay your cards on the table!

VIRGO
AUGUST 24 – SEPTEMBER 23

The stars are ready to usher in a flutter of magic on the romance front. Even if you haven't felt butterflies for anyone since Year Two (not counting watching Zayn and co on YouTube), you could get it BIG for someone this month.

LIBRA
SEPTEMBER 24 – OCTOBER 23

We bet you'd say the best things in life are parties, friends and flirting. But this month, you're set to take a different tack and focus on your wellbeing. Before you yawn, trust us; the results will pay off with a come-flirt-with-me glow come April.

SCORPIO
OCTOBER 24 – NOVEMBER 22

The sun visiting Pisces (AKA your most compatible sign) in your house of love spells the perfect setting for moments so sweet and romantical you might feel like you belong in a Sam Smith music vid! According to the stars, it's pretty likely that you'll score buckets of attention from your crush – just make sure you don't take it too seriously, or else things could morph into one of T-Swift's songs.

SAGITTARIUS
NOVEMBER 23 – DECEMBER 22

With Mars and Venus in your house of good times, this might prompt late-night text sessions with THAT guy. Luckily, things will stay light-hearted and cruisy. Also, this is a time when you can't forget about your family, because someone at home may be in need of some extra TLC.

CAPRICORN
DECEMBER 23 – JANUARY 20

Hang time with your siblings could be your biggest highlight this month. We're serious! Your thoughts could also take a heavy turn when you start pondering what's most important to you, or what (or who) you might need to demote.

AQUARIUS
JANUARY 21 – FEBRUARY 1

Are you keen to save up for an ASOS splurge, or maybe even a mega buy on something like a puppy (with permission, of course)? The stars are converging to make it all the more easy for money to land in your hands this month. Get the ball rolling by asking your parents if you can do more chores for extra cash – and buy a supersized piggy bank.

The illustration on this page is by Becca Aiken (beccaaiken.prosite.com). Are you an illustrator and want your work featured in DOLLY? Email us at dollymail@bauer-media.com.au

WORDS REBECCA HANLEY.

OMG CONFESSIONS

DOLLY readers spill their most hilarious moments EVER. Cue the LOLs.

"I was on the bus on my way to school, sitting directly across from my crush. My friend was next to me and we were talking about something when the bus stopped really suddenly and I flew forwards, landing right on top of him and hitting him in the face. I couldn't get off the bus fast enough!"
Alicia, 15, NSW

"I have a big crush on this guy, so I decided to do a little bit of Instagram stalking of him. The next day we were in science class and I opened up the app again to take a look at something. Then, my friend who was sitting right next to me, saw my recent searches and accidentally blurted it out to everyone, including the guy. It was so embarrassing."
Hannah, 17, Vic

"On the last day of term, my whole year decided to put on a fun run. I was running alongside my friends and talking at the same time, so I wasn't really paying much attention to where I was actually going. Unfortunately, I ran straight into a thick cement pole and landed on my butt in front of my whole year and my crush! Luckily the only major wound was to my pride."
Katie, 14, Vic

"I was walking to the station in the morning, listening to some music on my phone. It was a really embarrassing kiddy song and when I hopped on the train, there were people on there staring at me in a really weird way. They then all got up and moved carriages. I later realised that my headphones were not in my phone properly. They could hear what I was listening to the whole time! Oops."
Victoria, 15, NSW



Congrats Bailey! You've won a jewellery pack by Haute-To-Have valued at $150!

"When I was camping with my friend and her boyfriend, my friend and I were in the tent trying to get some sleep. He came in to kiss her goodnight but instead kissed me, thinking I was her! It was the weirdest thing ever. I didn't know what to do so I pretended I was asleep."
Bailey, 14, Vic

THE BEST CAMPING SCENES

Eclipse

Remember when Bella, Edward AND Jacob shared a cosy tent while there was a blizzard and blood-thirsty vampires outside? #awkward





This Is Us

That time the boys failed to gather firewood and couldn't construct their tent so they had a bonding session over a campfire? Quite possibly the cutest camping scene. EVER.



The Parent Trap

While camping in the wilderness, Annie and Hallie prank their dad's nasty girlfriend by putting a lizard on her water bottle and pushing her bed into the river. Eek!



NOW IT'S YOUR TURN!

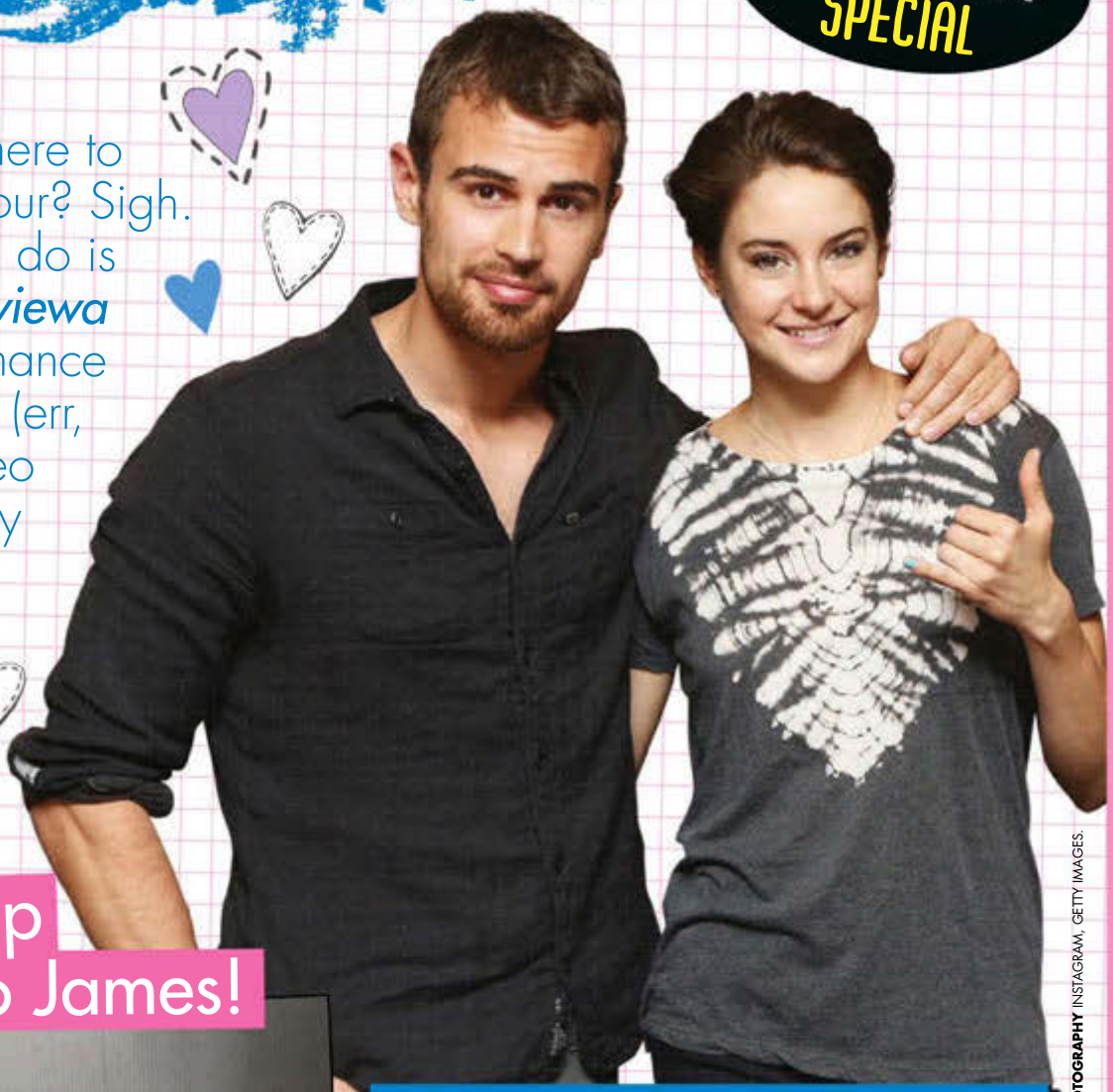
Send your most awkward, funny story to dollymail@bauer-media.com.au or hit us up on Facebook. The best confession will win a prize!

COMPILED BY MATTHEW GALEA, SAMANTHA STEWART. PHOTOGRAPHY GETTY IMAGES.

PHOTOCRUSH

DOLLY INSURGENT SPECIAL

So what isn't there to adore about Four? Sigh. All you have to do is download the ***viewa*** app for your chance to strike a pose (err, or 10) with Theo James. Saturday night with your BFFs, sorted.



PHOTOGRAPHY INSTAGRAM, GETTY IMAGES.

Take a snap with Theo James!



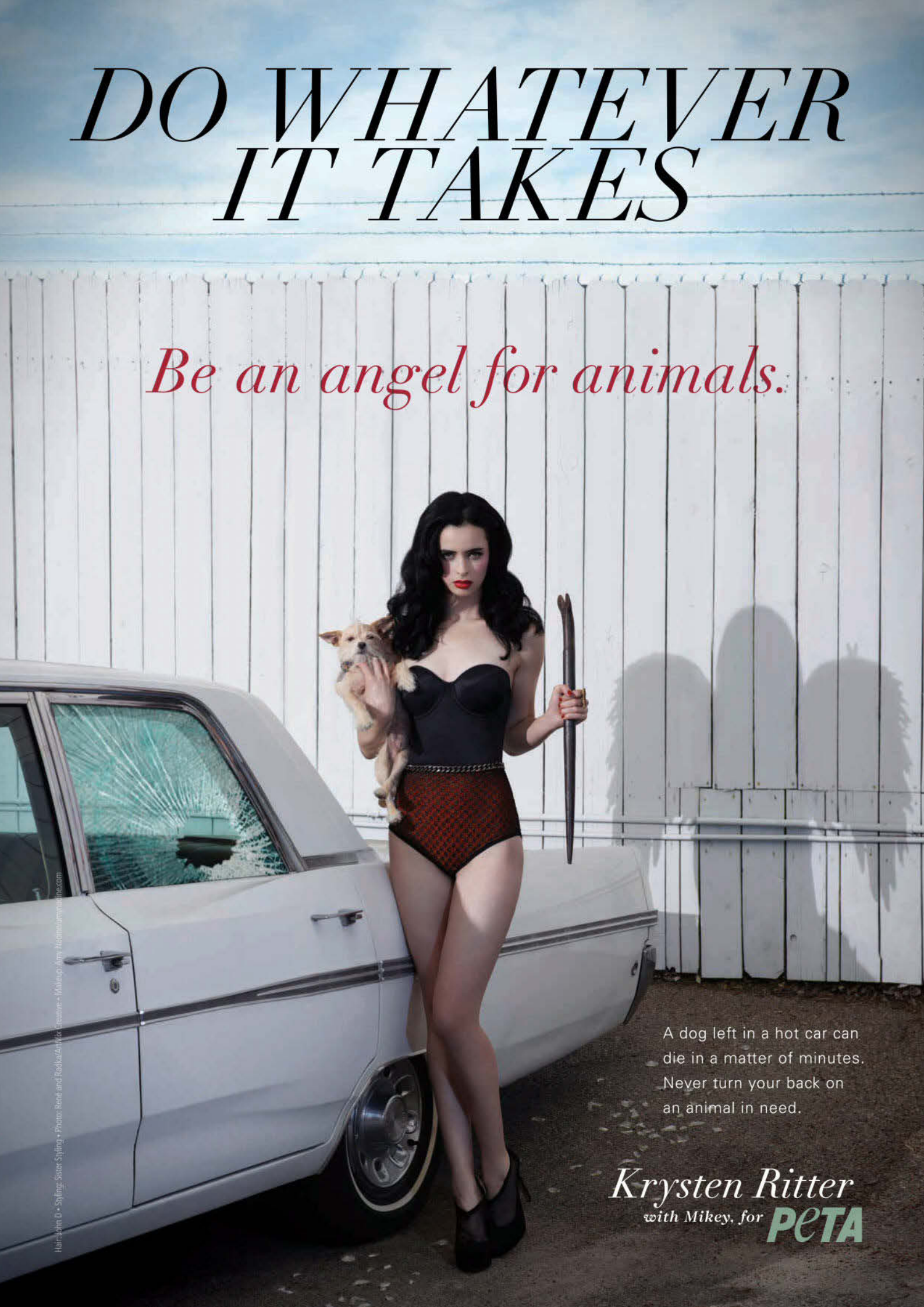
GET IN THE PICTURE WITH FOUR
Score a selfie with this hottie – just download the free *viewa* app from the App Store or Google Play and scan your phone or tablet here.

WHAT DID DOLLY DO ON V-DAY? WE HAD A LOVE-FILLED SELFIE SESH!

Have fun posing, snapping and tagging your pic using #dollyphotocrush. Then, keep an eye out in case your snap shows up in DOLLY!






DO WHATEVER IT TAKES
Be an angel for animals.
A dog left in a hot car can die in a matter of minutes. Never turn your back on an animal in need.
Krysten Ritter
with Mikey, for PETA
Hair: John D. • Styling: Sister Styling • Photo: René and RadkaArtWorx Creative • Makeup: Amy Nesmith amynesmithme.com

NAPOLEON
PERDIS



THE PROFESSIONAL TOUCH

Choosing the right makeup that works for you is essential, but it's only half the battle. To make the most of your products you need to apply them with finesse, so it's vital you use the correct tool for the job. With Napoleon Perdis' extensive range of professional brushes, you can select the perfect partner to shape, sculpt and define your eyes like an expert. You'll feel the difference; you'll look the part.

IF YOU'RE PERFECTING A PROFESSIONAL LOOK, YOU'LL NEED A PROFESSIONAL BRUSH.

NAPOLEON PERDIS

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